



# OFFICER SCRIPT



Topic: Peer Pressure & Cyberbullying Grades 3-5

**Comic:** Peer Pressure & Cyberbullying

**Materials:**

- Peer Pressure & Cyberbullying Activity Sheets 1 and 2
- Pencils
- Colored pencils
- Student Certificates

## Script

Who uses a cell phone, tablet or computer? (Pause for responses) What do you use it for? (Call on students to respond and interact with them)

These devices and social media apps can be great for having fun, playing games, and being creative, but they can also be used to make people feel bad about themselves. When someone uses a device or app to share something negative, hurtful, or untrue about someone else in order to hurt the person, this is called Cyberbullying.

You might be a victim of Cyberbullying, or you might feel pressured to be a part of Cyberbullying someone else. Today, we're going to talk about how to recognize and deal with Cyberbullying.

First, we need to look for clues to recognize Cyberbullying. Cyberbullying happens online: usually in social media, apps or interactive games. It makes someone feel bad by excluding them from a group, calling someone names, spreading rumors or lies, or sending mean messages.

If you or a friend feel you are a victim of Cyberbullying, trust your feelings and tell a trusted adult so they can help you. If you feel you are being pressured into Cyberbullying someone else, stop and think, take a deep breath, and clearly state that you will not be a part of Cyberbullying. By being clear and calling it what it is, others may think about their actions as well. By saying "no" and walking away, others may think about their actions as well.

Let's read / watch a comic together about Cyberbullying. (*Read and/or watch the Peer Pressure & Cyberbullying Comic*)

*Discuss the Student Review Questions*

*Hand out the Peer Pressure & Cyberbullying Activity Sheets and guide students through completing them.*