

ROCKET RULES PRESENTS:

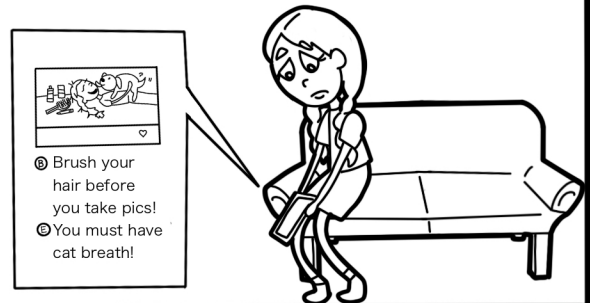
PEER PRESSURE

& CYBERBULLYING

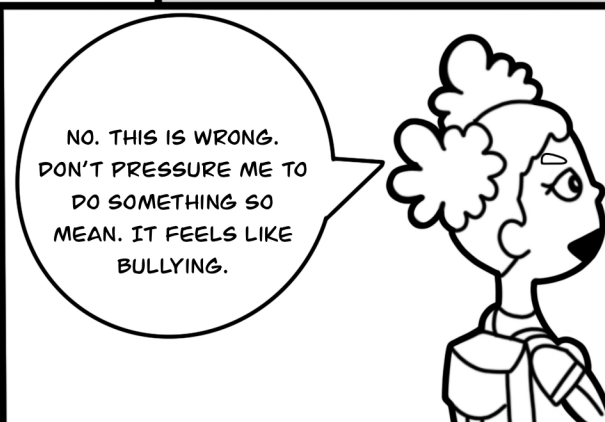
GRADES 3-5

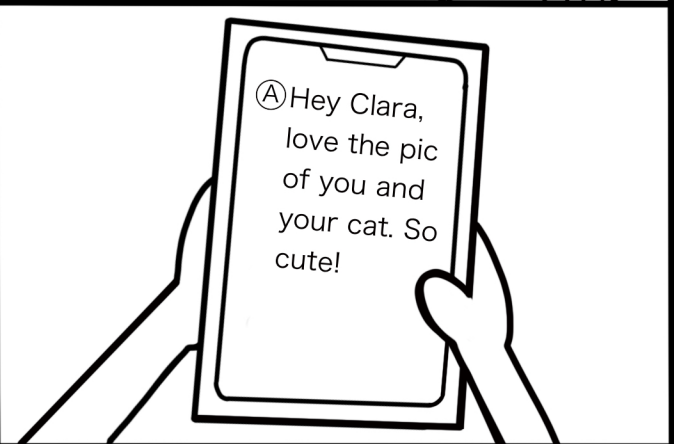
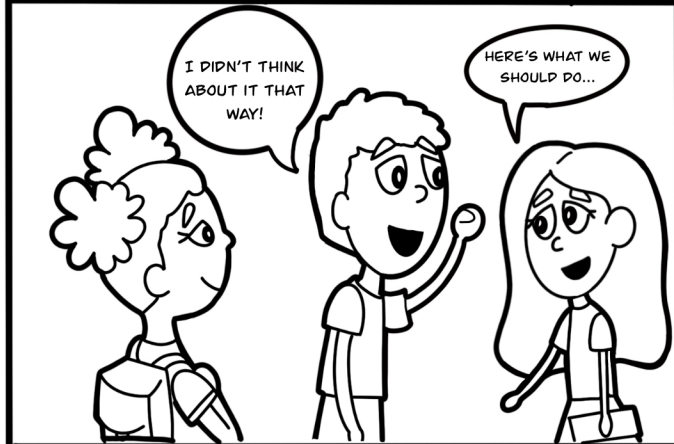


ALIYAH TOOK A DEEP BREATH TO THINK... AND SHE REMEMBERED THE MEAN WORDS EVERYONE SAID ON SOCIAL MEDIA TO HER...



AND SHE IMAGINED THAT CLARA MUST FEEL THE SAME WAY.





When you feel pressured to Cyberbully you can...

1. TAKE A DEEP BREATH TO HELP YOU THINK



2. EXPRESS YOUR THOUGHTS AND FEELINGS IN WORDS OR WRITING



3. SUGGEST A DIFFERENT ACTIVITY

