



PEER PRESSURE & FITTING IN

ACTIVITY SHEET 1 GRADES 3-5

Name _____ Date _____

DON'T LET PEER PRESSURE AND TRYING TO FIT IN FORCE YOU TO DO THINGS YOU DON'T WANT TO DO OR THAT ARE MEAN.

WE ALL WANT TO FIT IN, BUT PEOPLE SHOULD LIKE US FOR WHO WE ARE, NOT FOR CHANGING TO BE EXACTLY LIKE THEM. FITTING IN SHOULD NOT MEAN CHANGING WHO YOU ARE, DOING SOMETHING YOU DO NOT WANT TO DO, OR BEING MEAN TO OR EXCLUDING SOMEONE ELSE. DON'T LET ANYONE PRESSURE YOU TO BE MEAN TO SOMEONE IN ORDER TO FIT IN.

SOPHIA MADE A LIST OF WHAT THE "COOL KIDS" LIKED. MAKE YOUR OWN LIST ABOUT WHAT YOU LIKE TO DO!

<p>Things I like to do for fun</p> <hr/> <hr/> <hr/> <hr/>	<p>What I enjoy at school</p> <hr/> <hr/> <hr/>	<p>What I like about my style</p> <hr/> <hr/> <hr/> <hr/>
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1. WHAT IS SOMETHING POSITIVE THAT COULD HAPPEN BY BEING OURSELVES AROUND OTHERS? _____

2. WHAT IS A NEGATIVE CONSEQUENCE OF ACTING LIKE SOMEONE ELSE IN ORDER TO FIT IN? _____