

OFFICER/ROCKET SCRIPT
CROSSING THE STREET SAFELY/LOOKING LEFT-RIGHT-LEFT
(PRE-K THROUGH 1ST GRADE)

ACTIVITY BOOK:

Sense of Safety & Beyond! Volume 2



Rocket:

Hi Kids...

Today we're going to talk about
"CROSSING THE STREET SAFELY"

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

6 Senses Review:

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes help keep you safe by looking for crosswalks, traffic signals and any cars coming.

HEARING - Point to your ears – great – your ears hear police sirens and traffic and cars coming too!

SMELL - Point to your nose your nose helps you smell things like smoke from a burning fire! So, if you smell smoke, remember to stay away!

POINT TO YOUR MOUTH - Your mouth does 2 things! First there's your sense of taste. It lets you know how good ice cream is..but also if something is not safe, or if it's poisonous **AND Second you have your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot or dangerous to touch.

Now, we do have a 6th sense. Let's rub our bellies together. GREAT! Our 6th sense is that feeling in our tummy that something might feel unsafe or something isn't quite right.

Our 6th sense is ALL of our senses working together to help keep us SAFE!

You know how Spiderman has a spidey sense superpower that tells him when something is wrong?? It's that tingly feeling he gets when something just isn't right!

When YOU get that feeling, THAT'S your 6th sense working for you to help keep you safe!

Remember, YOUR superpower IS your 6th sense!

Trust Your Feelings. If it doesn't feel right. DON'T do it.

Give me a thumbs up if you agree.

That's fantastic everyone! Great job learning more about your senses, especially that SIXTH SENSE

Now today, Officer _ and I are going to teach you how to stay safe when crossing the street!

It's very important to pay attention and be aware of your surroundings when you cross the street so you don't get hurt. So, let's talk about how to stay safe..

Here are some of my important tips for CROSSING THE STREET SAFELY!

Lesson begins:

If there is a crossing guard, **follow the crossing guards directions.** The crossing guard is someone who helps you cross the street safely.

Raise your hand if you've seen a crossing guard on your way to school! Great! We all know what they look like now.

When you cross the street, remember to always use the Crosswalks.

The crosswalks are special lines marked on the street where you walk safely.

Always make sure you cross a busy street with a trusted adult.

Remember even if there is a crosswalk,

Only cross when the TRAFFIC LIGHT IS GREEN or if there is a WALK SIGN. YOU SHOULD NEVER CROSS on a RED LIGHT or a DON'T WALK SIGN.

Give me a thumbs up if we GO on a GREEN light! That's right, GREEN means we GO. Give me a thumbs up if we STOP on a RED light! That's right, RED means we STOP.

That's right! We GO on green and STOP on red.

If there is a car or traffic coming, you need to look at the drivers. Just because you see them doesn't mean that they can see you. Give them a wave, and wait for them to wave back. That way, you KNOW they saw you!

Just like this - *WAVE TO THE KIDS*

You got it!

It's also super important to **NEVER CROSS BETWEEN PARKED CARS.** This is very dangerous.

Drivers can't see you and they may not be able to stop in time, you could get hurt.

This means even if your best friend or your parents are calling to you and telling you to cross, DON'T DO IT!

Tell them to wait for you, find the nearest crosswalk, and then cross when it's safe.

Remember, NEVER cross in the middle of the street, no matter who is calling you. Isn't that right Officer _?

Officer:

That's right, Rocket. We never cross in the middle of the street, always cross at a crosswalk.

Rocket:

That's why you need to **Pay Attention!**

Always Stop at the crosswalk, look to see if cars are coming and listen for any cars too before you cross.

We STOP at the crosswalk - we LOOK for the cars - and we LISTEN for cars coming too. GREAT!

Don't forget to use your senses. Your eyes and ears will help you know when it's safe to cross.

Remember, never use your phone OR HEADPHONES/EARBUDS when crossing the street. Always pay attention to traffic and cars. Give me a thumbs up if you agree! Great job!

Before you cross the street, there's something you need to do: **LOOK LEFT - RIGHT - LEFT AGAIN**

When we turn our heads to look, we are checking for traffic. What do you think Officer __, will you help us learn LEFT RIGHT LEFT together?

Officer:

OK kids, let's all do this together. Everyone stands up and we'll pretend we are walking home from school. We look for a crosswalk, and before you cross, you follow these **3 steps:**

Turn your head to the left

Turn your head to the right

And then turn your head to the left again, checking for traffic.

IF No cars are coming, and the traffic light is green, or if there is a WALK sign, then it's safe to cross the street.

Let's do it one more time.

1st TURN YOUR HEAD and LOOK TO THE LEFT, checking for traffic

NOW, TURN YOUR HEAD and LOOK TO THE RIGHT, checking for traffic

THEN TURN YOUR HEAD and LOOK TO THE LEFT AGAIN, again looking for cars and traffic.

NOW, if no cars are coming **AND** the light is green, it's safe to cross the street!

Great job, have a seat.

Rocket:

Fantastic everyone! Now remember, if there is a car coming, you need to make sure the driver sees you and stops before you enter the crosswalk. Always make sure you have the driver's attention before you cross.

Remember, just because you see them, that doesn't mean that they see you.

It's time for a Rocket Review because we learned so much today!.

ROCKET'S REVIEW:

Remember when crossing the street

- Follow the crossing guards directions
- Always CROSS IN A CROSSWALK
- Never Cross Between Parked Cars
- Always Pay Attention: STOP, LOOK AND LISTEN
- Only cross the street on a GREEN LIGHT or WALK SIGN
- Before crossing, always look LEFT, RIGHT AND LEFT AGAIN.
- If a car stops at the crosswalk, always give the driver a wave and wait for them to wave back.

Now, be sure and show friends and family that you know the right way, THE SAFE WAY, to cross the street.

When you have completed the lesson OFFICER _ and your teachers will have a special certificate for each of you. What do you think Officer _ , do we have time for a few friends to come up and ask me some questions about crossing the street safely?

Officer:

Sure thing Rocket!

****Rocket and Officer answer a few questions****

Rocket:

Those were some great questions, thanks! Before I go, Officer _ , do you think we have a little time to dance??

Officer:

Absolutely! Ok, everyone stand up and make sure you have room to show Rocket your best dance moves!

****Rocket plays music for approx 30 seconds and dances with the kids****

Rocket:

Wow! Those are some great moves! Ok, let's sit back down and before I go I'd like us all to say my Rocket promise. Everyone raise your hand and repeat after me:

ROCKET PROMISE:

I promise (I promise)

To always use my 6 senses (To always use my 6 senses)

And to look left-right-left (And to look left-right-left)

So I can cross the street safely! (So I can cross the street safely)

Don't forget that I care about your safety and I care about you too!

Now I have to go to my next class, but until I see you next time here's my Rocket howl... ****HOWL****

Let's howl together on the count of 3, 1..2..3.. ****HOWL** FANTASTIC!!!!**

See you soon and remember to use your senses when you cross the street, Bye!!

REVIEW QUESTIONS for the Students after Rocket leaves:

- **What does a crossing guard do? Why should you always listen to them?**
- **What should you always do before crossing any street?...even with a traffic light?**
- **Which senses did you use to cross the street safely?**
- **What do you do at a green light?**
- **What do you do at a red light?**