

OFFICER/ROCKET SCRIPT

FINDING SAFE PEOPLE AND SAFE PLACES

ACTIVITY BOOK:

Sense of Safety & Beyond! Volume 2

Rocket:

Hi Kids! I'm Rocket and It's so WONDERFUL to be here today!
A special hello to your teacher Ms/Mr _!!



And I can't forget about my FRIEND Officer _!

Officer:

It's great to be here Rocket!

Rocket:

Now, I want you to know that I care about your safety and I care about you too!
Today let's talk about Safe People and Safe Places and how important it is to use your SIX senses to stay safe.
Let's talk about those 6 senses before we get started.

6 Senses Review:

Let's start with SIGHT -Blink your eyes 3X – your eyes help keep you safe by looking for crosswalks, traffic signals and any cars coming.

Next is HEARING - Point to your ears – great – your ears hear sirens and cars coming too!

Third, SMELL - Point to your nose your nose helps you smell things like a burning fire!
So, if you smell smoke, remember to stay away!

Point to your mouth for me? GREAT!

What TWO things do we do with our mouth? (Taste and Talk/Speak)

Right! You have your sense of taste and it lets you know how good ice cream is..but also if something is not safe, or if it's poisonous AND Your VOICE lets you shout for help when you need it!

Ok let's wiggle our fingers. Fantastic! Remember, that's your sense of touch! your fingers will let you know if things are too hot or dangerous to touch.

Now, we do have a 6th sense. Let's rub our bellies together. GREAT! Our 6th sense is that feeling in our tummy that something might feel unsafe or something isn't quite right. Our 6th sense is ALL of our senses working together to help keep us SAFE!

You know how Spiderman has a spidey sense superpower that tells him when something is wrong?? It's that tingly feeling he gets when something just isn't right! Remember, YOUR superpower IS your 6th sense!
Trust Your Feelings. If it doesn't feel right. Don't DO IT.
Give me a thumbs up if you agree. GREAT!
That's fantastic everyone! Great job reviewing your senses, especially that SIXTH SENSE.

Today, Officer _ and I are going to teach you about the difference between a safe and unsafe person - and a safe and unsafe place.

Lesson begins:

When you are exploring the BIG world around you, it's important to know what places are safe to go to, and which people are safe to talk to. If you get lost or separated and need help, you can find the safest place or person to help you.

I have adults I can trust when I need help and they help to keep me safe.
I know YOU have adults you can trust too!
Let's talk about how to choose an adult we can trust.

What kinds of things does an adult you can trust do?

- An adult you can trust cares about you
 - (Now make a heart with your hands)
- An adult you can trust helps you
 - (Hold out your hands)
- An adult you can trust listens to you.
 - (Hold your hand up to ear)
- An adult you can trust makes you feel safe
 - (Hold hands over chest)

Fantastic!

OK Kids, give me a Thumbs up if you can think of an adult at school that you can trust and talk to?? Maybe your teacher, principal or counselors too?
Great! I'm glad you have an adult at school that you can trust and talk to like, your teacher, principal or counselors too

Officer:

Give me a thumbs if you Trust and can talk to your Doctor – yes, great, trust your doctor, or a school nurse, if you have one.

Rocket:

How about our friends, the police officers, like the ones you see here?? Give me a thumbs up if you TRUST and can talk to OFFICER _? Absolutely you can trust our FRIEND OFFICER _! And other police officers to help you when you need it.

Officer:

What about a crossing guard? 2 thumbs up if you can trust them to help you when you cross the street... YES! They are there to help us cross the street safely.

Rocket:

How about Parents and Guardians you KNOW... Give me thumbs up if they are there to help you. Great! They are there to help! It's important to talk to parents and guardians that you KNOW.

We need to be EXTRA careful when we see people we do not know...there are some people we should not talk to: We need to be extra careful when we see a STRANGER....a STRANGER is someone you don't know....and SINCE YOU DON'T KNOW THE STRANGER, IF YOU GET A FEELING THAT SOMETHING'S NOT RIGHT WHEN A STRANGER TRIES TO TALK TO YOU...YOU NEED TO WALK AWAY AND TELL AN ADULT... THAT'S your 6th sense working for you.

If any adult makes you feel unsafe, even if it's someone you KNOW, it's IMPORTANT to tell someone about it. THIS is your 6th sense working for you.

Officer:

If a STRANGER comes up to you when you are walking home from school, and offers you CANDY...

Don't talk to them, and don't take candy. Even if it LOOKS like candy, it may NOT be candy and could make you sick.

Does everyone agree? Show me 2 thumbs up.

If someone you don't know asks you to get into their car, or offers you a ride homeyou walk away quickly, don't get in, don't talk to them.....2 thumbs up if you agree

And if you see people fighting on the street, or even at school....it's a good idea to stay far away from them and tell an adult right away!!

Rocket:

That's right you stay away so you don't get hurt! And you tell an adult right away so they don't get hurt either!

If you ever see someone who has something dangerous, like a knife or a gun, whether you're at school or in your neighborhood, you need to make sure to find an adult RIGHT AWAY and tell them!

Sometimes people we know may want to hurt us or other people, it's IMPORTANT to tell an adult about this.

If you see something that doesn't make you feel right, go find an adult you trust and tell them RIGHT AWAY! That's your 6th sense telling you something is not right. You don't have to keep secrets, and you should share with an adult RIGHT AWAY. It's important to share if these things happen to you.

Now let's talk about some safe places. A safe place has lights on, and it has a person inside that can help you when you're lost, hurt, or just need help. It's a place where you are not afraid.

Give me 2 thumbs up if you think (School Name) is a safe place. Great! It IS a safe place to be! There are LOTS of people here that can help you, like your teacher or principal too.

If you're lost or you're all alone, and you're close to a restaurant, go INSIDE the RESTAURANT and talk to someone who works there. This IS a SAFE place because they have lights on, they have cameras on too, and there's somebody that works there that can help you. Remember to use your VOICE to speak clearly so they can understand you and help you. You can tell them "I need help...."

Let's practice that together! All together we'll say, "I need help!" on the count of 3 — 1 – 2 – 3 – "I NEED HELP!"
That was FANTASTIC!!

Officer:

2 thumbs up if a supermarket is a safe place?

Yes! This is a safe place. Remember it has its lights on, and they have cameras on too. If you're lost or need help, go INSIDE, talk to a person that works there, and tell them, "I NEED HELP!"

Rocket:

Remember: not all places are safe! If you see a big, stinky, Trash Area, with broken glass this area is NOT safe to play...Give me a thumbs up if you think this is an UNSAFE area to play! Fantastic!

It's unsafe because you could get cut from the broken glass!

How about playing near the back of a store, by old, empty buildings or in a dark alley? Do you think this is safe? NO! You don't go to dark places, or places that are filled with trash, because you can't see and you can get hurt by something or someone.

What about playing by RAILROAD TRACKS like you see here? Give me a thumbs up if you think this is an UNSAFE AREA. That's right! This is UNSAFE because your foot could get stuck and you could get seriously hurt!

So give me a thumbs up if you STAY AWAY from places like this! Great job!

Wow! We learned a lot today....well done everyone

Now it's time for ROCKET'S REVIEW

ROCKET'S REVIEW:

Remember there are safe people that you can TRUST....like teachers, police officers, doctors, and your parents or guardians.

- ALWAYS be careful when you see a STRANGER... do NOT accept food or go with them in a car....walk away quickly and tell a trusted adult, like your parents or an officer if this happens to you
- There are many safe places in your neighborhood, like your school, or well lit markets and restaurants.
- Stay AWAY from dangerous places like railroad tracks, dark alleys, places with broken windows and smelly trash. It is NOT SAFE and I don't want you to get hurt!

Thanks Officer __, Ms/Mr __ ,and especially you kids for letting me visit you in class today....

Officer __ can I meet a few of the kids who have questions for me on safe people and safe places?

Officer:

Sure Rocket!

****ALLOW TIME FOR 3-5 QUESTIONS****

Rocket:

Those were some great questions kids. Officer _ do we have time for me to dance with the kids too??

Officer:

That's my favorite part, Rocket! Kids let's show him your moves!

****DANCE FOR 25-40 SECONDS****

Rocket:

That was some great dancing. Give yourselves a BIG HAND for listening and learning about SAFE People and SAFE Places today. I know Officer _ has more to tell you about Safe People and Safe Places and when you have completed this lesson with your teacher you'll receive a special certificate just like the one you see behind me here!

That means you're one step closer to becoming a Rocket Safety Super Star!
Give yourselves a BIG round of applause for listening and learning about Safe People and Safe Places today.

REMEMBER: USING YOUR SENSES WILL HELP KEEP YOU SAFE!

So, Let's do the Rocket pledge, and repeat after me:

ROCKET PLEDGE:

I promise to remember(I promise to remember)

the safe people and safe places(the safe people and safe places)

I can go to in my neighborhood(I can go to in my neighborhood)

if I ever need help.(if I ever need help.)

Now I'm going to my next class ... until I see you again here's my ROCKET HOWL...

****HOWL****.... Now let's HOWL TOGETHER on the count of 3.....1, 2,3.... ****HOWL****

That was fantastic!

Officer – asks reflection questions to kids

ASSESSMENT/REFLECTION QUESTIONS:

- Who are safe people in your life? Are there any unsafe people you've seen or met? (*Be prepared if a child discloses an unsafe person in their home.*)
- What makes someone a safe person? (trusted adult) An unsafe person? (stranger)
- How do you feel when you're with a safe person? An unsafe person?
- Where in your body do you feel these sensations? (6th sense)
- What makes a place safe? What makes a place unsafe? What might you hear, see, smell or feel in an unsafe place?

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