

OFFICER/ROCKET SCRIPT

LANDMARKS and STAYING WITH YOUR BUDDY

ACTIVITY BOOK:

Sense of Safety & Beyond! Volume 2



Rocket:

Hi kids, it's me ROCKET. It's so wonderful to be here at School Name today! A special thank you to your teachers for having me in your classroom today. And of course a special hello to my friend Officer _!

Officer:

Hey Rocket! Happy to be here today!

Rocket:

Well friends, I want you to know that, I care about your safety and I care about you too! Before we start a new lesson about landmarks and staying with our buddies, I think it's important that we review our 6 senses. Remember, our senses always help to keep us safe so show me a thumbs up if you're ready! GREAT! Here we go!

6 Senses Review:

Let's start with SIGHT - Blink your eyes 3x – your eyes help keep you safe by looking for crosswalks, traffic signals and any cars coming.

Next is HEARING - Point to your ears – great – your ears hear sirens and cars coming too!

Third, SMELL - Point to your nose your nose helps you smell things like a burning fire! So, if you smell smoke, remember to stay away!

Point to your mouth for me. GREAT! That's your sense of taste. It lets you know how good ice cream is..but also if something is not safe, or if it's poisonous AND Your VOICE lets you shout for help when you need it!

Ok let's wiggle our fingers. Fantastic! Remember, that's your sense of touch! your fingers will let you know if things are too hot or dangerous to touch.

Now, we do have a 6th sense. Let's rub our bellies together. GREAT! Our 6th sense is that feeling in our tummy that something might feel unsafe or something isn't quite right. Our 6th sense is ALL of our senses working together to help keep us SAFE! That's great! That is our 6 senses review.

Today, Officer _ and I are going to talk about something called LANDMARKS. This may be a new word for you...but we see LANDMARKS every day!

Lesson Begins: Landmarks

A landmark is something that can be easily seen and found from far away.. They never move. They always stay in the SAME PLACE!

Many different types of buildings can be LANDMARKS...Gas stations, schools, Hospitals, and restaurants can all be LANDMARKS...Statues and fountains are also LANDMARKS.

Let's take a look at some pictures of different LANDMARKS you might see in your neighborhood.

When you look for a McDonald's, what do you SEE to let you know you're there? Right, big golden arches.

Now let's look at a FIRE STATION. It's REALLY different from McDonald's so you KNOW it's a different place. There are NO golden arches, but there ARE red fire trucks and firefighters to help.

WHY IS IT IMPORTANT TO KNOW LANDMARKS?

It's important to know LANDMARKS so that if you get lost, you can find your way home.

But also, LANDMARKS help you find your way to a store or your friend's house.

Officer _, what LANDMARKS did you pass coming to the school today?

Officer:

****ALLOW TIME FOR HIS ANSWER – MUST SAY NEXT LINE****

I pass by those same landmarks every time I visit your school. It helps me find my way.

Rocket:

We want to remember buildings or landmarks so that if we ever get lost or separated from our friends, we can find our way back to where we started.

Remembering the order of landmarks helps you. It makes it easier to know where you are and how to get back!

Let's look at the landmark map from the picture a little closer.... I WENT to the baseball game on Saturday. This LANDMARK MAP shows Everything I passed on the way to the Baseball Stadium.

This LANDMARK map is in my Brain. I can remember every LANDMARK I passed... I started at the police station, then passed the market, a school, then a Fountain with a horse statue, a hospital and then the stadium. ON the way back I will pass the same Landmarks.

If you are lost or in trouble, you can also find a trusted Adult, like a police officer like Officer _. If you tell them the LANDMARKS you pass on the way home, the officer can help you find your way.

It's important to know that LANDMARKS don't move from where you see them: McDonalds, Gas Stations, Police Stations and stores stay in the same place.

Rocket Review: Landmarks

I'm going to show you a few pictures and I want you to help me decide if it's a landmark or not.

- Here's a picture of a BUS STOP AND a BUS. Which one do you think is a LANDMARK, the bus, or the bus STOP? Which one never moves? (THE BUS STOP!) Right! The bus stop is a LANDMARK. It doesn't move. But....the bus is NOT a LANDMARK. It moves all over. It doesn't stay in the same place.
- Is a car driving down the street a LANDMARK? (NO!) That's right, it is NOT a landmark because it moves.
- HERE IS A PICTURE OF A FOUNTAIN WITH A HORSE STATUE IN IT..... Show me A thumbs up if you think the FOUNTAIN with the horse is a LANDMARK? That's right. It is!
- Now, let's look at a horse that's running. Is the horse a landmark? No. A HORSE is not a landmark because it RUNS AROUND.

- Is your school a LANDMARK? thumbs up... Yes, it's a Landmark, it doesn't move, we see the flag and the name of your school.

LANDMARKS are also a great PLACE to meet your friends.

Lesson Begins: Stay with your Buddy

Let's talk about your friends and how they can help you...they are really important when you are walking around your neighborhood, or to and from school, it's always best to walk with your BUDDY. Walking with a buddy keeps you both safe! Together you can watch out for LANDMARKS and watch out for each other.

A buddy can be a friend in class, or a cousin or brother/sister, or someone you play with at recess. Your buddy may look different than you. Just like LANDMARKS look different from each other.

Your buddy may look a little like you, and maybe look very different from you.

Your hair might be brown, and their hair might be black.

You might be tall and your buddy might be a little short.

Your eyes might be brown and your buddy may have green eyes.

You may be wearing jeans and a white T shirt, and your buddy may be in shorts and tennis shoes.

Here's my BUDDY...SAFETY BOT. We look very different from each other. But we always look out for each other everywhere we go.

It's really important to know how to describe your buddy in case you get lost or separated. This way you can tell a trusted adult what your buddy looks like and it will be easier to find them. It's really important to stay with your buddy wherever you go.

Let's discuss real situations where your buddy can help you and you can help them.

When you and your buddy are waiting to cross the street you can both look left, right, and left again to watch out for traffic. You can tell each other when it's safe to cross.

You're both watching out for each other.

If you walk near an alley with trash and broken bottles, you can tell your buddy to stay away and explain "we might get hurt". You might see something your buddy did not see,

or they may see something dangerous that you did not see. If you get hurt, your buddy can go get help from a trusted adult! That's why buddies are so important! I'm going to ask you some questions to see how much you remember about staying with a buddy.

Rocket Review: Stay with your Buddy

- Show me a thumbs up if you know it's important to stay with your buddy.
- Should buddies watch out for LANDMARKS to know where they are. If you agree, 2 thumbs up....
- Give me 2 thumbs up if your buddy can help you cross the street safely. Great!

Together you and your buddy keep each other SAFE!

Lesson Review:

Ok, let's review everything we learned today!

- A LANDMARK can be a building. Like your school or a gas station,
- LANDMARKS can also be a statue, or a fountain. LANDMARKS never move. Whether you are going to school or walking around the neighborhood, remember, you need to pay attention to the landmarks and their order as you pass them. This will help you find your way back to where you started or to get to where you are going.
- And remember, when you are walking in the neighborhood, to and from school, you should always have a buddy with you.
- Know what your buddy looks like in case you are separated. You and your buddy help keep each other safe.

Officer _ do you think any of our friends have questions about LANDMARKS or anything they want to share?

Officer:

I'm sure they do Rocket!

****Room for 3-5 questions****

Rocket:

Those were some great questions everyone! Now, I'm ready to dance. What about you Officer _?

Officer:

That's my favorite part, Rocket! Everyone stand up and make sure you have enough room to show Rocket your best moves!

****DANCE FOR 15-20 SECONDS****

Rocket:

Those were some WONDERFUL dance moves, everyone!
Now I know your teacher might have more they want to tell you about LANDMARKS. When you're done with the lesson, you'll receive a certificate, just like the one you see here.

Remember to tell your family and friends what you learned about LANDMARKS and STAYING WITH YOUR BUDDY so you can stay safe when you explore the world around you! It was fantastic to be in your class today!

Now before I go, Let's say my Rocket Promise, and repeat after me:

ROCKET PLEDGE:

I promise - I promise
to always use my SIX senses - to always use my SIX senses
to stay safe! - to stay safe!

THAT WAS FANTASTIC! Don't forget that I care about your safety and I care about you too! Now I'm going to my next class/school ... until I see you next time here's my ROCKET HOWL... ****HOWL****WOW!! Now let's HOWL TOGETHER on the count of 3.....1, 2,3.... ****HOWL**** That was fantastic!

See you soon and don't forget to stay safe with your buddy!!