# OFFICER/ROCKET SCRIPT YOUR 6 SENSES

#### **ACTIVITY BOOK:**

Sense of Safety & Beyond! Volume 2

## Rocket:

Hi Kids! I'm Rocket. It's great to be at <a href="School Name">School Name</a> today! Hi <a href="Teacher Name">Teacher Name</a>! It's so nice to meet you and it's FANTASTIC to be in your classroom today! <a href="Teacher Name">Teacher Name</a>, I know you have a WONDERFUL class because I can SEE everyone out there is LISTENING very carefully. That's how I know EVERYONE is ready to learn! And I can't forget my friend Officer \_\_, thanks so much for being here today.

## Officer:

Hey, Rocket! I'm happy to be here!

## **Rocket:**

Now kids, I want you to know that, I care about your safety and I care about YOU. That's why I'm so happy to be in your classroom to teach everyone about their 6 SENSES and how they help keep you SAFE!

Alright everyone, are we ready to learn about your SENSES? (YES!) Remember, there are 6 of them! Give me a thumbs up if you're ready to learn! GREAT!! Let's get started!

## **Lesson Begins:**

Our SENSES keep us safe and aware of EVERYTHING around us...When you learn how to use your 6 SENSES, you become a ROCKET SAFETY SUPER STAR!! Let's start naming our 6 SENSES. I want you to follow along with me. Are you ready? (YES!!) FANTASTIC! Let's go!

**1st** Our sense of **sight**, seeing. Let's all point to our eyes. GREAT! We use our EYES to see. Let's BLINK our eyes together 3 times - 1,2,3..GREAT! Our eyes help us look out for cars so we can cross the street safely...find our nearest exits... see our friends in the classroom..and find our teacher if we need help.

**2nd** We have our **hearing**. Everyone point to your EARS! FANTASTIC!! We use our ears to help us hear our teacher talk and our friends laughing too!

Our ears ALSO help us hear the sirens on a fire truck or on a police car so we can stay out of danger.(insert SIREN SOUND)

Does everyone hear that loud and clear?? Give me a thumbs up! GREAT! THAT'S what a police siren can sound like... And this is what a police car might look like too!

**3rd** Our sense of **smell** (sniff sniff). Everyone please point to your NOSE..WONDERFUL!!! We use our NOSE to smell flowers, or a pizza. YUM YUM ..! love the way THAT SMELLS! BUT, our nose also protects us. Our nose can smell SMOKE from a BURNING BUILDING and that can be DANGEROUS. So, if YOU smell smoke, STAY AWAY! Give me a thumbs up if you agree. GREAT JOB!

**4th** Our sense of **touch**. Everyone wiggle your fingers! Wiggle wiggle. FANTASTIC! We use our hands AND FINGERS to touch. We use our hands to hug our family and friends..draw pictures..and pet our cats and dogs too.

Our sense of touch ALSO reminds us to STAY AWAY from hot things that can burn you..and broken glass that can hurt you.

And if YOU see things like these, GUNS..NEEDLES..OR KNIVES, DON'T TOUCH! Go and tell an adult you trust, like your teacher or parents. Make sure to STAY AWAY! Give me a thumbs up if you agree, GREAT JOB!

**5th** Our sense of **taste**. Everyone point to your mouth for me, FANTASTIC! We use our sense of taste to know how good cookies and ice cream are, DELICIOUS! But our sense of taste will ALSO let us know if something is NOT SAFE or POISONOUS...like something that can make us REALLY SICK.

Remember, never take any medicine or pills unless given to you by your doctor, parents or guardians. Remember, NEVER EVER drink any cleaning products. They can make you REALLY sick AND it's dangerous. If you see these danger signs...be sure and stay away and tell an adult you trust, like your teacher or parents.

You use your mouth to taste but you ALSO use it to **speak!!** AND YOU SPEAK WITH YOUR VOICE!

You use your VOICE to tell safe people, like a teacher..or even a police officer, important information so they can help you when you need it. AND you may have to call 9-1-1 on your phone, or even yell "I Need Help!" so people can hear you and come help you.

Officer do you think we can practice saying that TOGETHER??

**Officer:** Of course, Rocket. OK! All together we'll say "I need help!" on the count of 3..1,2,3 "I NEED HELP!"

## **Rocket:**

That was AMAZING!!

Don't forget..we have a **6th SENSE**! The 6th sense is **ALL OF YOUR SENSES** working together to keep you SAFE!

YOUR SUPERPOWER IS YOUR 6TH SENSE!

Have you ever gotten that feeling in your tummy when something might not FEEL right or it FEELS unsafe? That's the feeling you get when you might be lost, or maybe something or someone doesn't make you feel safe.

Maybe, a friend says, "Let's go play in a STINKY trash area..in a DARK alley..by an OLD EMPTY building..or NEAR the train tracks" and you get the feeling that would be DANGEROUS, just STAY AWAY!!

That would be YOUR 6TH SENSE working for you to help keep you safe!!

Your 6th sense will also tell you to RUN AWAY if someone you DON'T KNOW asks you to get into a car...or offers you candy. If this happens to you, tell an adult you trust, like your teacher or grownups at home. But, DO NOT get into the car with these people. DO NOT take the candy. JUST STAY AWAY!! Give me a thumbs up if you agree. GREAT!

You know how Spiderman has his spidey sense superpower that tells him when something is wrong? It's that tingly feeling he gets when something just isn't right! Well, YOUR superpower IS YOUR 6TH SENSE!! Trust Your Feelings. If it doesn't feel right. DO NOT DO IT!!! Give me a thumbs up if you agree. GREAT! Now, let's review our 6 Senses.

## **ROCKET'S REVIEW:**

- Sight
- Hearing
- Smell
- Taste
- Touch... and your 6th Sense.

Remember to use your 6 senses wherever you are; at school, walking home and all around town.

Remember ALL of our 6 senses are POWERFUL and help keep you SAFE as you explore the world around you!

Wow Officer , I SEE all these great kids out there.

Is it OK if you help me bring a few of them up to ask me any questions they may have about SAFETY? Or maybe they can share with me something they remember from the lesson?

## Officer:

Absolutely rocket! Who's got a question for Rocket?

\*\*Room for 3-5 questions\*\*

## Rocket:

Those were some great questions everyone. I can't wait to meet more of you next time. But, for now, do you think we have some time to dance together before I leave? (YES)

Great! Let's stand up and make sure we have room so we don't bump into our neighbors. Now, I LOVE TO DANCE. It keeps me healthy and it's fun. You can follow me OR you can show me YOUR MOVES!

\*\*Dance for 15-20 seconds\*\*

Those were some great moves! Let's sit back down and listen carefully again.

Kids, I have a special book for each of you, with my picture on the front.

It's my safety book that will help you stay safe by using YOUR 6 senses we just talked about. Your teacher will work with you on some lessons..so next time you can show me everything you learned!

And when you learn your senses they are going to give you a Certificate to take home! Just like the one you see here!

WOW! It's been fun visiting with you and learning about our 6 Senses. I hope to see you next time so we can learn about other ways to help keep you safe!

Now, before I go, Let's say my Rocket Promise. Repeat after me.

## **ROCKET PLEDGE:**

I Promise - I Promise

To always use my 6 senses - To always use my 6 senses

To stay safe! - To stay safe!

GREAT JOB!! Remember to tell your family that you met me, Rocket, and today you learned a lot about your 6 Senses to help keep you safe.

Don't forget, I care about your safety and I care about you too!

Now I'm going to my next school, BUT, until I see you next time here's my ROCKET HOWL..\*\*HOWL\*\*...Now let's HOWL TOGETHER on the count of 3...1,2,3...\*\*HOWL\*\* That was fantastic!!

Remember to use your 6 Senses to stay safe because I care about you!!!

BYE NOW!

## **QUESTIONS FOR KIDS:**

- 1. What senses do you use when someone yells for help?
- 2. What senses do you use when something is on fire?
- 3. What sense do you use to cross the street safely?
- 4. How do you know ice cream tastes good and is cold?
- 5. How do you know a puppy or kitten is soft?
- 6. If you meet a stranger offering candy, what sense tells you something is wrong?