

OFFICER/ROCKET SCRIPT

LOCATE YOUR EXITS

ACTIVITY BOOK:

Sense of Safety & Beyond! Volume 2

Rocket:

Hi Kids it's me Rocket. It's great to see you all again. A special hello to your teacher out there too! It's great to be back at School Name and in your classroom today! And of course I can't forget my friend Officer _!



Officer:

It's great to be here, Rocket!

Rocket:

I want you to know that I care about your safety, and I care about you too!! That's why I'm so happy to be in your classroom to teach you about how to find your exits! Before we start this new lesson today, it's really important that we talk about our 6 senses and how they help to keep us safe! Our sense of sight will really come in handy today, and I want to see everything you remember!!

Let's do this together! Give me a thumbs up if you're ready to follow along with me.

WONDERFUL! Here we go!

6 Senses Review:

Let's start with SIGHT - Everyone blink your eyes 3x – your eyes help keep you safe by looking for crosswalks, traffic signals and any cars coming.

Next is HEARING - Point to your ears – great – your ears hear sirens and cars coming too!

Third, SMELL - Point to your nose your nose helps you smell things like a burning fire! So, if you smell smoke, remember to stay away!

Point to your mouth for me. GREAT! That's your sense of taste. It lets you know how good ice cream is..but also if something is not safe, or if it's poisonous AND Your VOICE lets you shout for help when you need it!

Ok let's wiggle fingers. Fantastic! Remember, that's your sense of touch! your fingers will let you know if things are too hot or dangerous to touch.

Now, we do have a 6th sense. Let's rub our bellies together. GREAT! Our 6th sense is that feeling in our tummy that something might feel unsafe or something isn't quite right. Our 6th sense is ALL of our senses working together to help keep us SAFE!

That's fantastic everyone! Great job learning more about your senses.

Now, today Officer _ and I are going to talk about EXITS and how to find them.

Lesson Begins:

An EXIT is a way out of a classroom, a theater, a restaurant or even your home.

Do you see the letters "E" "X" "I" "T"? Can everyone say "EXIT" with me on the count of 3? 1-2-3 EXIT. Great JOB!

EXITS are important. You may have to get out of a room or building quickly because of a fire, or any kind of emergency. If you know where the EXITS are...you can leave quickly, calmly and safely. Knowing where the EXITS are can save a life, or prevent a serious injury. At school your teachers will take you to a safe place...but when you are not in school....you may have to make some BIG DECISIONS to get out of an area using an EXIT.

One of the first things you should do when you go into a place like a restaurant, a theater, a shopping mall, or a store, is to look for your way out. An EXIT can be a door, a window, an opening or even a gate. The EXIT might be in front of you, or behind you... So make sure you look all around for an EXIT.

ONE way to EXIT a room is through a door. Sometimes the door will have a sign over it that says: EXIT. And sometimes, the door will NOT have an EXIT SIGN...but it is still an EXIT...it is your way out:

Let's look carefully at this picture of a cafeteria...show me a thumbs up if you see the word EXIT? Right.

Officer __, can you help me point to that sign to make sure all the kids see it.

Officer:

Of course Rocket. Does everyone see the sign? Great! Now, Do you see an opening without an EXIT SIGN ? Great! Do You think you could use this opening for an EXIT too? YES! That's right, we CAN! In an emergency, even windows can also be used for EXITS.

Rocket:

That's right Officer __.YOU should always look for 2 EXITS. In any place that you are, Look for the 2 CLOSEST EXITS...You look for 2 because one of the EXITS might not be safe to use. But what about a time when you can't use the door?? Maybe It's blocked, or it won't open or, it may be dangerous to use that door because of a fire. Remember, there are many types of EXITS. Another way to get out of a place is a WINDOW. A Window is also an EXIT. You probably won't see an EXIT sign over a WINDOW, but in an emergency it is another way to get out! Gates are also EXITS. You may see one at a playground or at a park, or in a backyard area.

How many EXITS should we look for? That's right 2!

(Rocket shows 2 fingers)

NOW, Let's look around your Room and find all of the EXITS.....

Maybe Officer __ and your teacher can help us.

Officer:

We're going to look carefully around our room and look for every EXIT.

- Does anyone see an EXIT sign over a door in the class?
- Where are the doors in this class?
- How many doors are there?

- How about the windows in your room?
- Can you point to the windows? These can also be EXITS.

Remember, You need to look for the 2 closest EXITS to where you are sitting.

Ok, the kids at this side of the room have an EXIT near them...right here. (point)

And, the kids in this part of the room have a different EXIT that is closest to them.

(point)

Can you find the 2 EXITS in your room?

Who can show Rocket where the exits are for this room? (SELECT 1 child at a time.

MAX of 2 kids) (walk to doors, let child point to it, and have class raise 2 thumbs up to agree)

Rocket:

Great job! Remember, the reason we look for 2 EXITS is in case one of the EXITS is blocked or is NOT SAFE. What does E-X-I-T spell?? (KIDS should all say 'EXIT)

Thanks Officer _

REMEMBER, If there is an emergency at your school, and you need to EXIT quickly:

- ALWAYS follow your teacher's directions.
- STAY CALM
- and use your sense of hearing to BE A GOOD LISTENER.

Your teacher and school will always work to keep you safe!

Remember, even when you are away from school you need to look for EXITS.....

Every place you go has a way to go in, to ENTER, and has a way to get out, or EXIT.

Sometimes you can enter and Exit through the same place.

Let's look at this picture of a movie theater...can you see all of the EXITS....? Some have EXIT signs, some do not. Do you see me in the back row? What are the 2 closest EXITS to me? Officer _, can you help us out?

Officer:

What do you all think? Which exits are closest to Rocket? This is important. Rocket knows that if the closest EXIT is blocked, he can quickly use the other door near him.

Rocket:

Your quick thinking, and knowing where your EXITS are can get you safely out of any building, movie theater, restaurant, your local Church, or store.

Does every building have an exit? If yes, show me 2 thumbs up. Yes! Every building has an EXIT.

That was great everyone! Now, At home, it's important that you know your EXITS and have an EXIT emergency plan. You and your family can sit down and find the best way out of your apartment or home using EXITS. You should know 2 EXITS for every room. In case of a FIRE...Get Out through an EXIT in your home....and STAY OUT until the Fire Department arrives to help.

Whew! I know we did a lot today. Let's Review what exits are and how to find them!

ROCKET'S REVIEW:

- An exit can be a door, a window, or a gate
- We use EXITS to get out of a room or building
- As soon as you enter a building or room, It's important to look for an EXIT.
- Not all EXITS have EXIT Signs.
- ALWAYS find 2 EXITS. ...2 ways to get out safely...you look for 2 in case an EXIT is blocked
- REMEMBER....if you have an emergency where you need to get out quickly, STAY CALM.

Knowing where your EXITS are will help you stay safe wherever you may go!

Officer _, Do some of my friends want to come up and ask me questions about finding exits safely??

Officer:

I'm sure they do Rocket.

****Room for 3-5 questions****

Rocket:

Those were some great questions, kids. Officer _ do we have time for me to dance with the kids too??

Officer:

Sure Rocket. Kids let's show him your moves!

****DANCE FOR 15-20 SECONDS****

Rocket:

That was some great dancing. Give yourselves a BIG HAND for listening and learning about Finding Exits. I know Officer _ has more he wants to tell you about Finding Exits and don't forget, when you complete this lesson with your teacher, you'll each receive a special certificate... just like the one you see here!

WOW! It's been fun visiting with you and finding those exits together. Remember to tell your parents to help you come up with an emergency exit plan for where you live! Remember to use your senses to keep you safe.

Now, I think we should do the Rocket pledge, so I want you to repeat after me:

ROCKET PLEDGE:

I promise - I promise

to always use my SIX senses - to always use my SIX senses

To stay safe - to stay safe.

That was FANTASTIC everyone! Now I'm going to my next school ... until I see you again here's my ROCKET HOWL... ****HOWL****Now let's HOWL TOGETHER on the count of 3.....1, 2,3..... ****HOWL**** That was fantastic! Don't forget that I care about your safety, and I care about you too. REMEMBER TO USE YOUR SENSES TO KEEP YOU SAFE! BYE NOW! (EXIT)