

OFFICER/ROCKET SCRIPT

MEDICINE AND DRUG SAFETY

ACTIVITY BOOK: Sense of Safety & Beyond! Volume 2



Rocket:

Hi Kids. I'm Rocket. It's so FANTASTIC to be here today! A special hello to your teacher and my friend Officer _ !

Officer:

Great to be here Rocket!

Rocket:

Now kids I want you to know that I care about your safety, and I care about you too. Which is why today, I want to talk to you about something VERY important: medicine and drugs. I want to teach you how to stay safe around them. If you're ready to learn, give me a thumbs up! Great! Here we go.

Lesson begins:

When we feel SICK, we take medicine to make us feel better. Only your parents or trusted adults, like your Doctor, can give you medicine.

How do your parents or guardians know how much medicine to give you?

There is a label on the medicine that tells them how much to give you and how often to give it to you.

Remember, after you take the medicine, your parents or guardians need to put it back in a safe place.

Give me a thumbs up if you understand! That's right. We always want to put medicine back in a safe place.

Medicine should be kept in a cabinet that is UP and AWAY!

This is a safe place because only your parents or guardian can reach it and give you the medicine.

If you see medicine anywhere in your house, and they are NOT in a safe place, go tell an adult right away.

It's VERY important that you never touch or taste the medicine, no matter WHAT it looks like or smells like.

Give me a thumbs up if you agree! Great. We don't taste the medicine because we don't want it to make us sick.

When a doctor tells your parents to give medicine to you, it is ONLY for you and it should NEVER be shared with anyone, even your brother or sister, your cousins, or even your best friend.

No matter who asks you, just say, "**No!**" because the medicine wasn't meant for them. And if they take some, it can make them very sick!

Remember, never give your medicine to anyone And NEVER take medicine from anyone, other than your parents.

Give me a thumbs up if you agree! That's right. We do NOT share medicine. Great job!

Now let's talk about DANGEROUS DRUGS.

Sometimes strangers or even your friends, people you know, may try to give you drugs. This can be very DANGEROUS for you.

You can end up in the hospital – very very sick.

Sometimes these dangerous drugs look alot like candy...or they look like real medicine.....some have rainbow colors, or different shapesyou can't tell just by looking at them

If someone tries to give you candy, or something that looks like candy, at home, at school or in the neighborhood. Don't take it.

Even if it looks really good or looks like your vitamins. Don't take it.

IF SOMEONE OFFERS YOU DRUGS. WHAT DO YOU SAY?

NO! That's right! And make sure you tell an adult right away!

If a friend or someone you don't know comes up to you and tries to force you or pressures you to take DRUGS what do you say? **NO!**

They might say "Just try some...you'll like it..you'll feel good". What do you think? Do you try the DRUGS"? **No!** You don't try it.

Remember, It could make you very very sick.

Does everyone agree? Show me 2 thumbs up. Great!

What do we say and do? You say, "No. That's not for me..". Let's practice saying this out loud. (Have kids practice saying **NO!**) That's right, and then you walk away immediately and you tell a teacher or an adult your trust right away. You don't want that person to give dangerous DRUGS to other kids.

Here are some special situations....Decide what you would do....

Ok now you tell me if this is SAFE or NOT SAFE:

You find DRUGS OR MEDICINE on the counter. Is this safe or not safe?

What should you do?

Take the DRUGS or medicine OR don't touch the DRUGS or medicine and Tell your parents OR guardians?

You get a tummy ache at your friend's house. Your friend's mother offers to give you medicine. Is this safe or not safe?

What should you do?

Get your parent's or guardian's permission first or take the medicine.

MY FRIENDS - YOU NEED to have the adult call your parent or guardian for permission first before you take the medicine.

GREAT JOB!

You see your little brother or sister playing on the floor with MEDICINE or drugs. Is this safe or not safe?

What should you do? Let them play with the medicine or drugs? Or take it away from them and tell your parents, guardian or adult you trust.

WOW! We really learned a lot today. Let's do a little Rocket Review!

ROCKET'S REVIEW:

- ALWAYS keep medicine in a safe place.
- When you are sick, MEDICINE can make us feel better and can help us get better. The wrong medicine can make you very very sick.
- Only our parents or guardians can give medicine to us. Never share them

- SOME DRUGS ARE VERY DANGEROUS to our bodies and they even look like candy. They can make us very sick and put us in the hospital. If you SEE them, do NOT take them and tell an adult you trust right away.
- DON'T LET ANYONE, even a friend, FORCE or PRESSURE YOU TO TAKE any DRUGS at school, at home or in the neighborhood.
- Make sure you tell an adult you trust right away if this happens to you!

Wow! You were all such great listeners today! What do you think Officer _ , should we have a few friends come up if they have a question or want to share something with us today?

Officer:

Sure thing Rocket!

****Allow time for 3-5 questions****

Rocket:

Great questions everyone! Officer _ , do you think we have some time for a little dance party?

Officer:

That's my favorite part, Rocket! Ok everyone, let's stand up and make sure we have some room to show Rocket your best dance moves.

****Dance for 25-40 seconds****

Rocket:

What amazing dancers! Give yourselves a round of applause!

Before I go, we need to say my Rocket Promise so raise your hand and repeat after me.

ROCKET PLEDGE

I promise (I promise)

to only take medicine (to only take medicine)

from my parents or guardians (from my parents or guardians)

So I can stay safe! (So I can stay safe!)

That was fantastic everyone!!

Don't forget, I care about your safety - and I care about you too! Now I have to go on to my next class but until next time... ** ROCKET HOWL ** Can we howl together on the count of 3? OK! 1-2-3-HOWL!

WONDERFUL!

Stay safe and I'll see you soon. BYE!