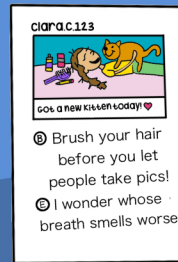




PEER PRESSURE & CYBER BULLYING



ALIYAH TOOK A DEEP BREATH TO THINK. SHE REMEMBERED A TIME EVERYONE WAS BEING MEAN TO HER ONLINE...



AND SHE IMAGINED THAT CLARA MUST FEEL THE SAME WAY.





ALIYA'S SOLUTION HELPS EVERYONE TO FEEL HAPPY. DON'T LET PEER PRESSURE MAKE YOU DO SOMETHING YOU WOULDN'T NORMALLY DO THAT WOULD HURT OTHERS. EVEN ONLINE OR ON YOUR PHONE, THINK ABOUT HOW OTHERS FEEL.

When you feel pressured you can...

1. TAKE A DEEP BREATH TO HELP YOU THINK
2. EXPRESS YOUR THOUGHTS AND FEELINGS IN WORDS OR WRITING.
3. SUGGEST A DIFFERENT ACTIVITY.



PEER PRESSURE & CYBER BULLYING

