

# Rocket's FLOOD SAFETY ACTIVITY BOOK



In Partnership with



**Hi! I'm Rocket and I'm a Flood Expert.**

**Finish all the activities in this book  
and you can be a Flood Expert too!**



**A flood happens when there's a lot of water with nowhere  
to go, and it ends up in places it's not supposed to be.  
Floods can be dangerous, so it's important to be prepared.**

# WHEN DO FLOODS HAPPEN?



**When ocean waves  
get really big!**



**When it rains and  
rivers overflow!**



**When too much  
snow melts!**



**When dams  
break!**

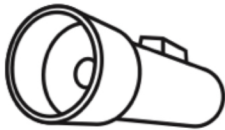
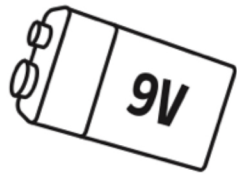


**Color in this page!**



# ARE YOU PREPARED?

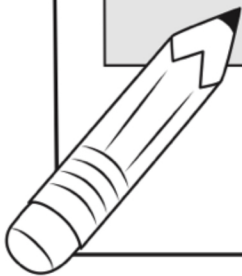
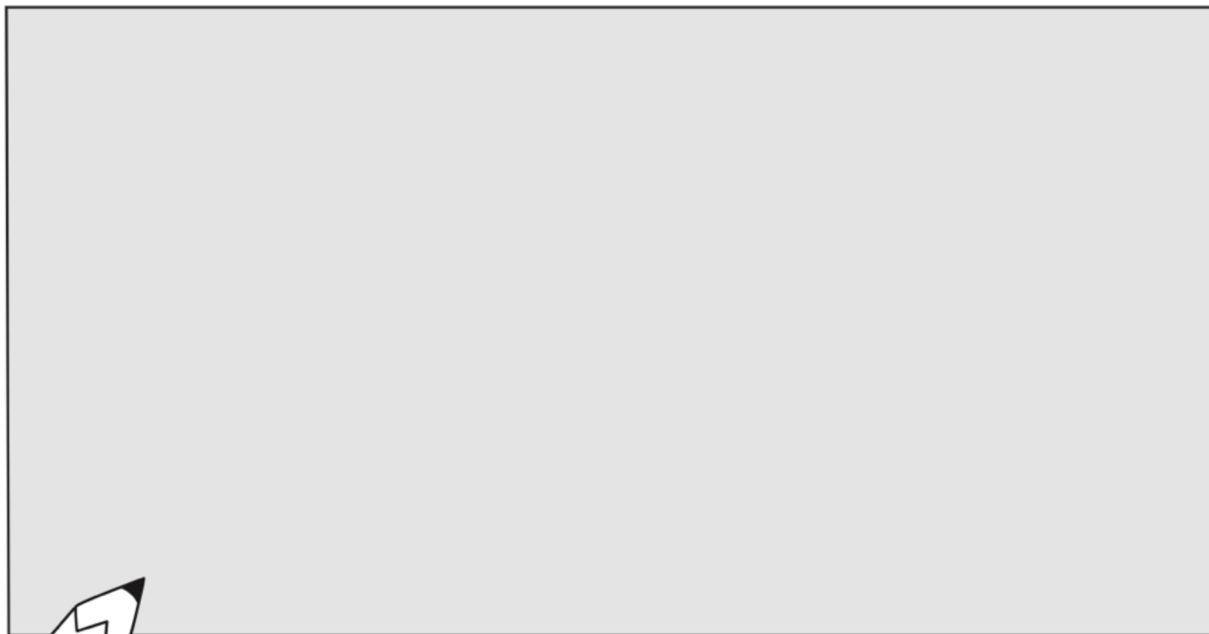
It's important to have a **FLOOD SAFETY KIT**  
in case you ever need to grab it and go.



**Circle the items that belong  
in your safety kit.**

# DO YOU HAVE ENOUGH WATER?

Make sure you have at least one gallon of bottled water for every person in your family for at least 3 days.



**Draw you and your family.**

Do you have any pets? Draw them too!

How many people live in your home? \_\_\_\_\_

How many pets live in your home? \_\_\_\_\_

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## WATER CALCULATOR (Ask your parents for help!)

\_\_\_\_\_ people x 3 days = \_\_\_\_\_ gallons of water

\_\_\_\_\_ pets x 3 days = \_\_\_\_\_ gallons of water



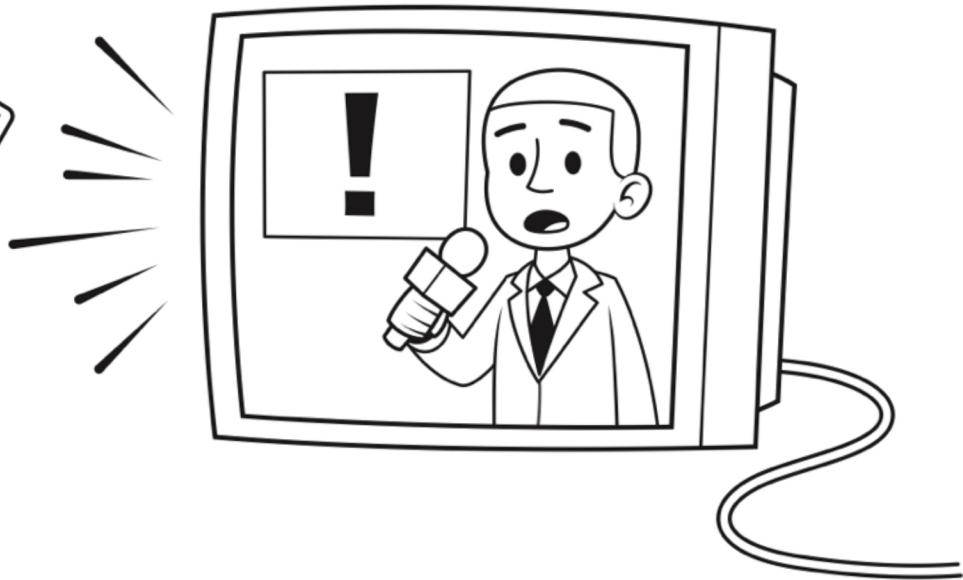
# LISTEN FOR FLOOD ALERTS

Pay attention to Flood Watches and Flood Warnings  
because they mean different things.

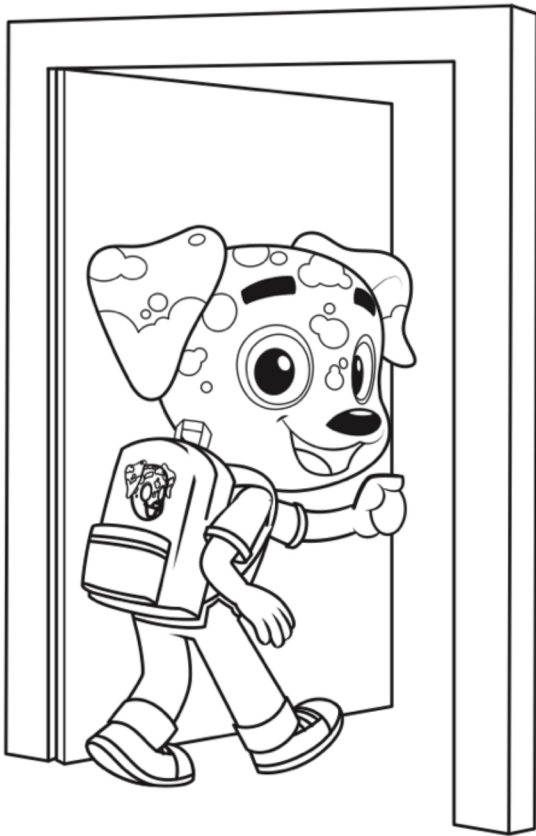


## FLOOD WATCH

means that flooding is possible  
and to listen to local radio,  
TV news or NOAA Weather Radio.



**Color this page!**



## **FLOOD WARNING**

means that a flood is happening.

If you and your family live in a flood-prone zone, you should follow your Family Flood Safety Plan immediately.

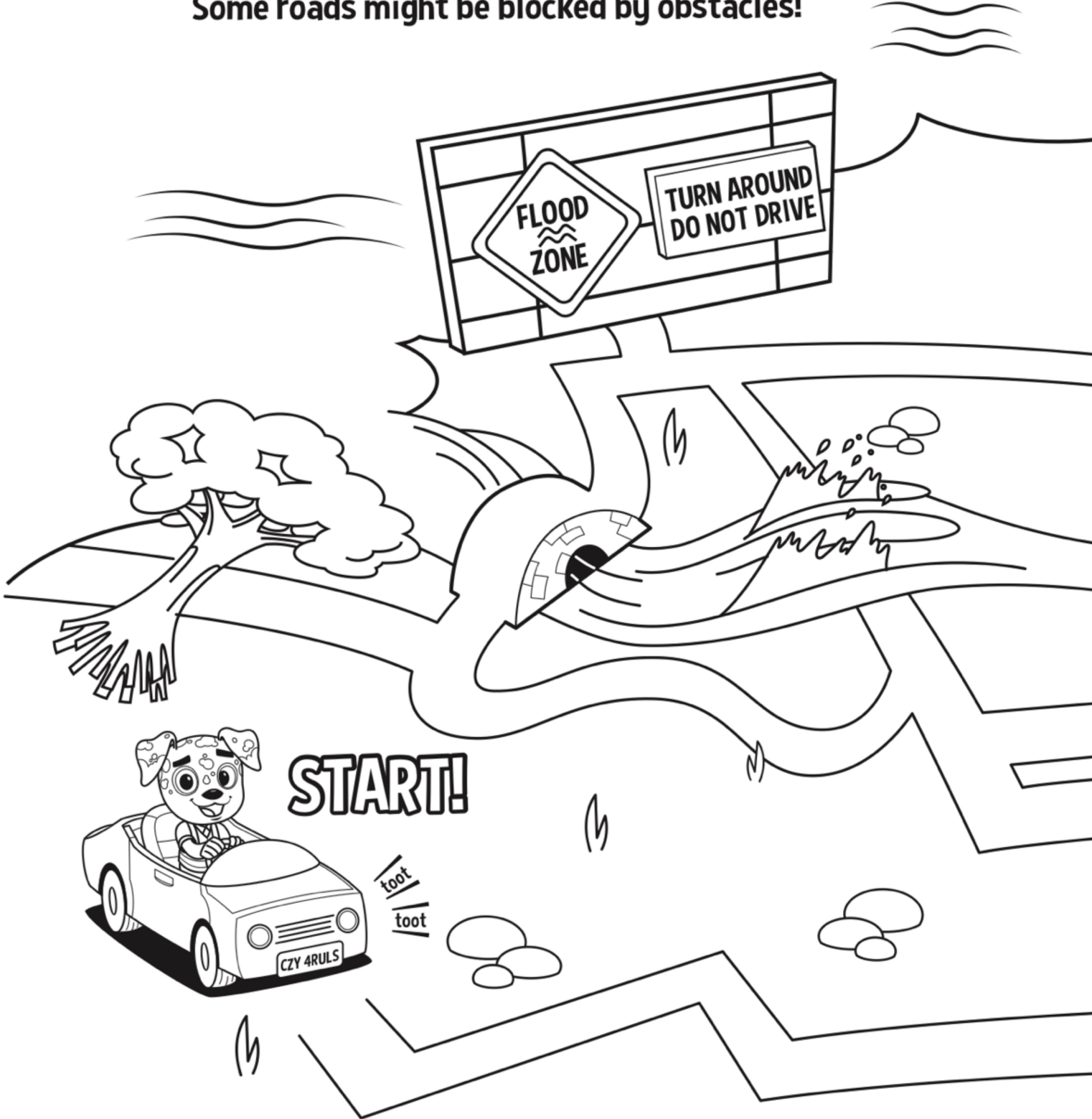


## **FLASH FLOOD WARNING**

means go to higher ground immediately.

# GETTING TO SAFETY

In a flood, you may have to evacuate.  
Help Rocket follow a safe route to higher ground.  
Some roads might be blocked by obstacles!





☆ Find the safe routes  
and color them in!



# KNOW YOUR SAFE ZONES

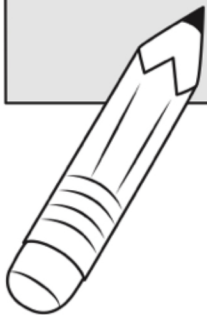
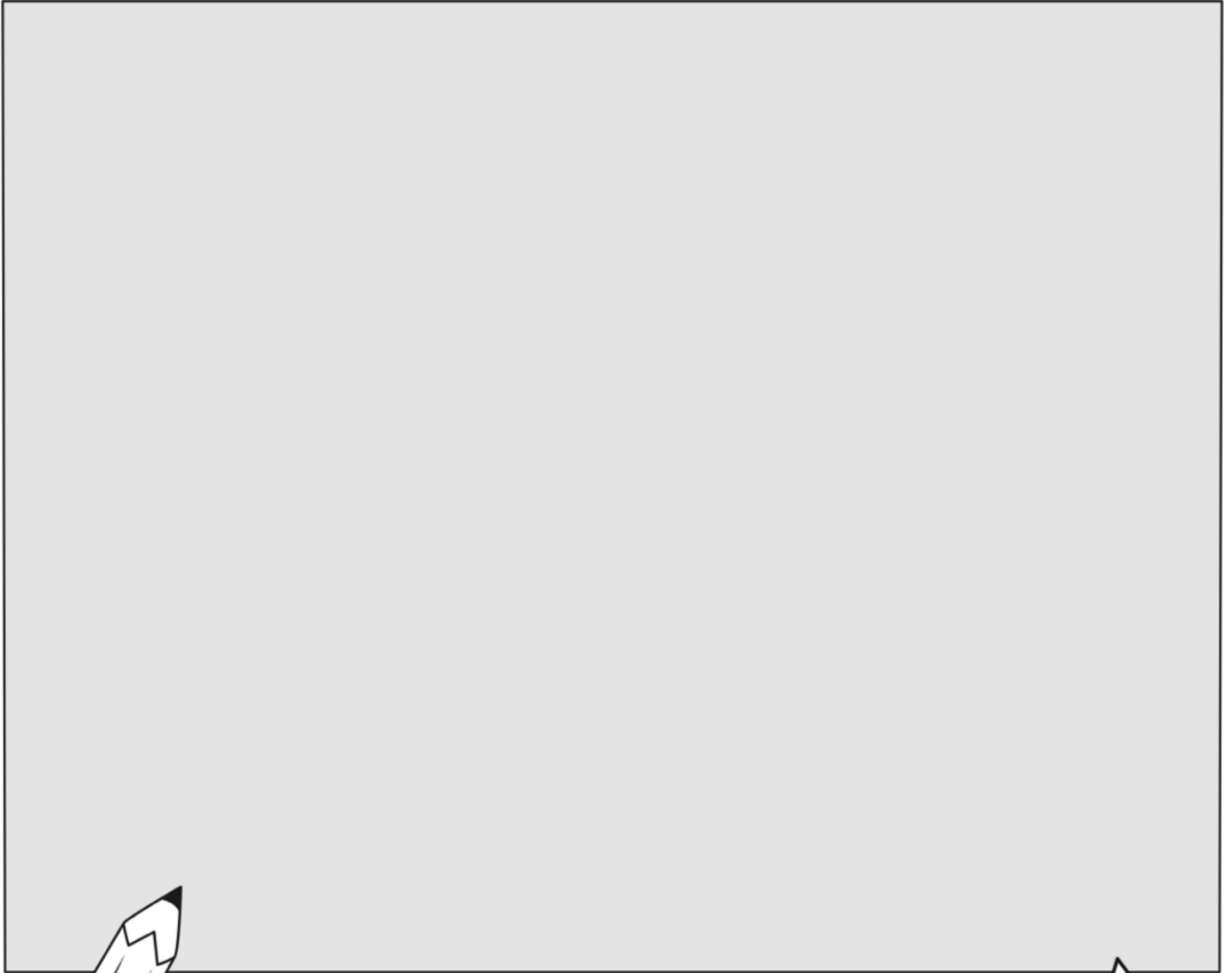
With a flood, even a few inches of fastmoving water can sweep you away. The higher up you are, the safer you'll be. In some of these images, Rocket is doing the right thing and has found his Safe Zone. In others, he's not.



★ Cross out the pictures where Rocket is NOT in his Flood Safe Zone.

# STAY CALM

Floods can be scary. But when you're calm,  
you can make better decisions.



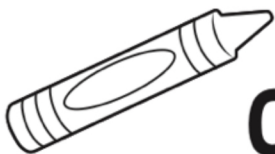
**Draw a picture of something  
that makes you happy.**



Thinking of happy things can help you stay calm.  
What makes you happy? It could be your family, friends,  
a fun memory, a favorite place or even your most special toy.

# CALL FOR HELP

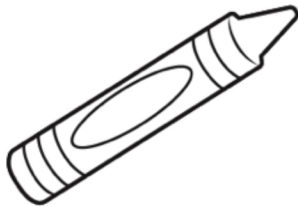
In a flood, sometimes phones don't work.  
But there are lots of ways to call for help.



**Color in this page!**

# AFTER THE FLOOD

Since floods make everything soggy, a lot of your belongings will be too wet to use again. Toys and clothes are replaceable but you're one of a kind. If you're feeling scared or confused about what to do next, or how to help others, have a conversation with your family so you can get through it together.



If you're feeling alone and scared...

**Color in this page!**

# GOOD JOB!

## Certificate of Achievement! Congratulations to

\_\_\_\_\_

**For Completing Rocket's Rules for Safety**

**Date**

\_\_\_\_\_

**Signature**

*Rocket*



**You're now a**  
**★ Rocket Rules Flood Expert! ★**

Cut out this certificate and put it on your wall.

# MY EMERGENCY CONTACT LIST



## MY INFORMATION:

**Name:** \_\_\_\_\_

**Birth Date:** \_\_\_\_\_

**My Address:** \_\_\_\_\_  
\_\_\_\_\_

**Meeting Spot:** \_\_\_\_\_

**My Phone #:** \_\_\_\_\_

**Medical Conditions:** \_\_\_\_\_

**Allergies:** \_\_\_\_\_

**Medications:** \_\_\_\_\_

## EMERGENCY NUMBERS:

**Police:** \_\_\_\_\_

**Parent/Guardian Phone:** \_\_\_\_\_

**Parent/Guardian Phone:** \_\_\_\_\_

**Relative Phone:** \_\_\_\_\_

**Neighbor Phone:** \_\_\_\_\_



# Floods can happen anywhere, at any time.

Rocket's Flood Safety Activity Book teaches kids the tools they need to be prepared and stay safe.

## FLOOD SAFETY CHECKLIST

Have a **FLOOD SAFETY KIT** packed and ready to go for your family and pets.

Know your **EMERGENCY CONTACTS'** phone numbers.

**LISTEN TO WEATHER ALERTS** on the local radio, TV, or NOAA Weather Station.

**FOLLOW DIRECTIONS** from the Weather Service and First Responders.

Have and practice an **EVACUATION PLAN** with routes to your Safe Zone.

**DON'T** drink or walk through flood water!

**STAY CALM.**

Floods are the most common disaster in the United States. *Rocket's Flood Safety Activity Book* is an outstanding resource to help educate and empower children to get ready for environmental extremes.

-Lori Peek, Ph.D.  
Director, Natural Hazards Center  
University of Colorado Boulder

Check out our library of videos, books and activities  
[RocketRules.org](https://RocketRules.org)



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