



# SENSE OF SAFETY & Beyond! Lesson Plan

Topic to teach: Keeping You Safe: grades: K-2

Length of lesson: 30 min

**Goal:** Children learn that many community members are ready to help if you need it.

## Objectives:

- Recognize community members by occupation
- Recognize the importance of “service” occupations to our community to keep us safe.
- Name teachers, police officers, firefighters, and doctors and nurses as trusted adults.

## Vocabulary:

*Discuss these terms prior to the lesson:*

Community	Trusted adult
Teacher	Firefighter
Police Officer	Doctor, Nurse

## Materials:

1. “I Can” statement printed and cut out
2. Sense of Safety & Beyond! Activity book
3. Crayons and pencils
4. (Optional) Projection of lesson

## “I Can” statement:

*Display and read the “I Can” statements before and after lesson delivery.*

I can stay safe!

## Attention Grabber

Tell the students to listen very carefully to the story about Rocket. You will be asking what SENSES he used in the story.

*Rocket and his friend Damon were playing tag at recess when suddenly, Damon tripped on a rock and fell on his leg! Rocket ran to help Damon but he was too hurt to get up! Rocket knew he needed help. He looked around. Rocket ran over to the teacher who he knew could help and explained that his friend was hurt. The teacher called the school nurse who came right over with a first aid kit. Rocket did the right thing by finding a trusted adult to help!*

Ask the students to put their thumbs up if Rocket used the sense to help his friend stay safe.

*Did Rocket use smell? (Thumbs down)*

*Did Rocket use hearing? (Thumbs up)*

*Did Rocket use touch? (Thumbs down)*

*Did Rocket use sight? (Thumbs up)*

*Did Rocket use taste? (Thumbs down, but he did use his mouth to call for help!)*

*Did Rocket use his 6th sense? (Thumbs down)*



# SENSE OF SAFETY & Beyond! Lesson Plan

Lesson: Activity Book  
Keeping You Safe

## Lesson

Your community is the place where you live and probably spend most of your time. Think about your home, where you play, where you go to school, and where you shop. That is your community!

There are many people who live and work in your community. Some of the people in your community have jobs that help serve others in your neighborhood. These people are trusted community members.

Trusted community members have special training to help you and the people in your neighborhoods. Teachers, police officers, firefighters, and healthcare workers are some trusted community members you may see and recognize because of what they are wearing or where they are working. For example, many community members wear badges and uniforms.

If you need help, go and find a trusted community member. You may need to yell “I need help,” so they can hear you. Let’s practice saying “I need help!” Turn to a buddy and practice!

Remember, trusted community members are always ready to help!

2nd grade: Discuss different ways you can find and identify trusted community members. (Calling, looking for certain vehicles and buildings, going to locations where you know they are like a school, police station, or fire department)

## Extended Thinking

- When you need help, who can you always trust? (police, firefighters, teachers, parents)
- Why are these people important?
- Do you know any community workers?
- How can we find community workers when we need them? (Look for badges, uniforms, certain vehicles, buildings, or even calling 9-1-1)

## Standards

5.2.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

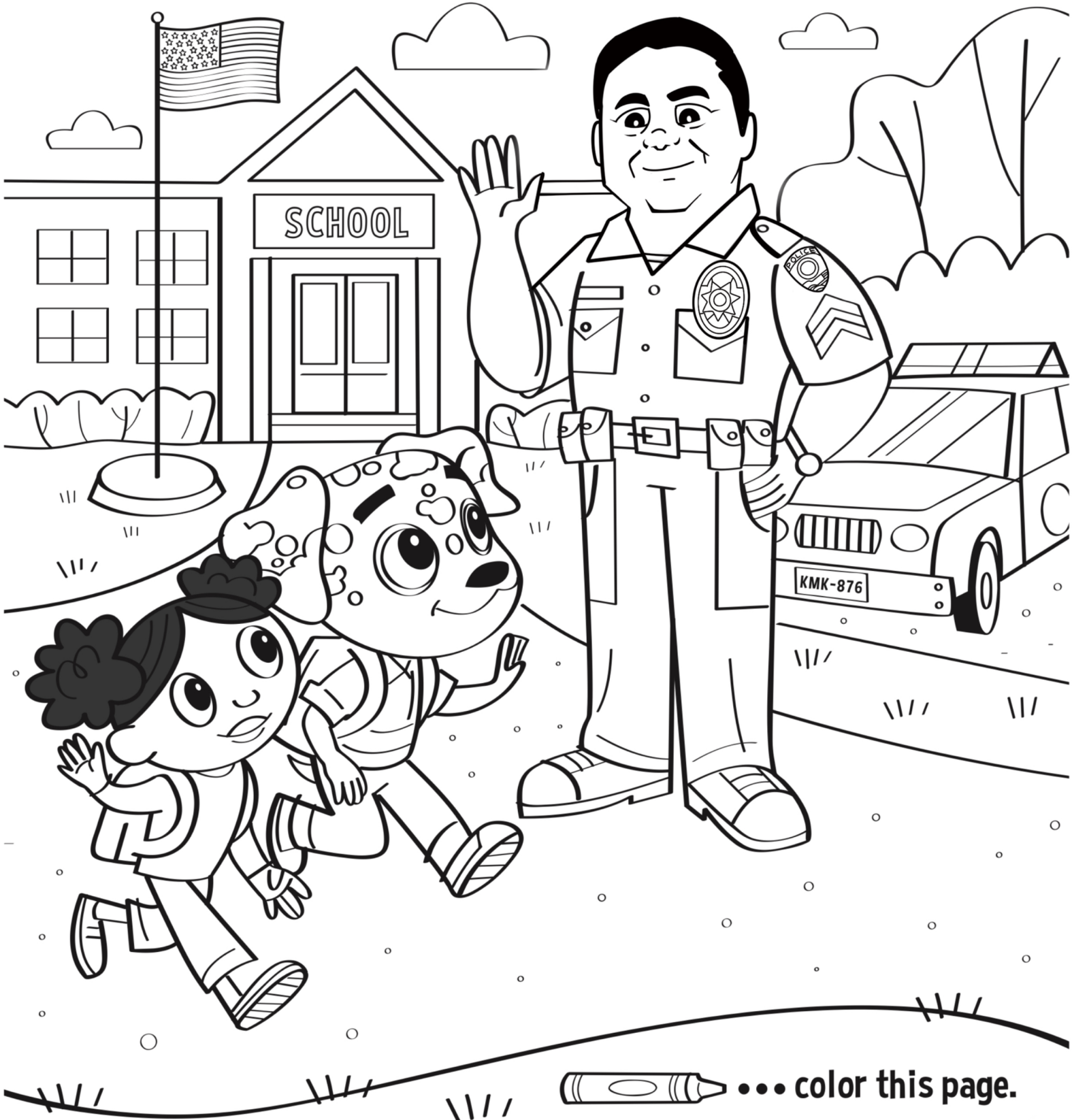
CCSS.ELA-LITERACY.SL.K.2 Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

CCSS.ELA-LITERACY.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.

# KEEPING YOU SAFE

Police officers are always ready to help if you need it.





I can stay safe!

## VOCABULARY

Community

Teacher

Police officer

Trusted adult

Firefighter

Doctor, Nurse

# Congratulations!

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For Completing the lesson  
Keeping You Safe

You're a Rocket Rules  
Safety Super Star!

Instructor signature \_\_\_\_\_

Signature Rocket  \_\_\_\_\_ Date \_\_\_\_\_

