

**“LOCATE EXITS”  
OFFICER SCRIPT** 08/23



**ACTIVITY BOOK: EXITS**

Hi Kids. Today we're going to talk about **LOCATING EXITS**

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

**SIGHT** - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

**HEARING** - Point to your ears – your ears hear sirens and cars coming too!

**SMELL** - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

**POINT TO YOUR MOUTH** - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND** Your **VOICE** lets you shout for help when you need it!

**WIGGLE YOUR FINGERS** - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

**AND THE 6<sup>TH</sup> SENSE** -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, Today we're going to talk about something we call an **EXIT**.

An **EXIT** is a way out of a classroom, a stadium, a theater, a restaurant or even your home.

**EXITS** are important. You may have to get out of a room or building quickly because of a fire, or any kind of emergency.

If you know where the **EXITS** are...you can leave quickly, calmly and safely. Knowing where the **EXITS** are can save a life, or serious injury.

At school your teachers will take you to a safe place...but when you are not in school....you may have to make some **BIG DECISIONS** to get out of an area using an **EXIT**.

One of the first things you should do when you go into a place is to look for your way out.

An EXIT can be a door, a window, an opening or even a gate. The EXIT might be in front of you, or behind you...It may have an EXIT sign over it...or it may not.

ONE way to EXIT a room is through a door...

Sometimes the door will have a sign over it that says: EXIT

And sometimes, the door will NOT have an EXIT SIGN...but it is still an EXIT...it is your way out:

YOU should always look for 2 EXITS. In any place that you are, Look for the 2 CLOSEST EXITS....You look for 2 because one of the EXITS might not be safe to use..

But what about a time when you can't use the door?? —Maybe It's blocked, or it won't open...or, it may be dangerous to use that door because of a fire... that's why we look for 2 EXITS.

Remember, there are many types of EXITS. Another way to get out of a place is a WINDOW. A Window is also an EXIT.

You probably won't see an EXIT sign over a WINDOW, but in an emergency it's another way to get out!

Gates are also EXITS ....you may see one at a playground or at a park., or in a backyard area.

How many EXITS should we look for? That's right 2.

NOW, Let's look around your Room and find all of the EXITS.....

We're going to look carefully around our room and look for every EXIT.

- Does anyone see an EXIT sign over a door in the class?
- Where are the doors in this class?
- How many doors are there?
- How about windows in your room?

Can you point to the windows? These can also be EXITS.

Remember, You need to look for the 2 closest EXITS to where you are sitting.

Can you find the 2 EXITS in your room? And point to them?

Who wants to help me show the class where the exits are for this room? (SELECT 1 child at a time. MAX of 2 kids) (walk to doors, let child point to it, and have class raise 2 thumbs up to agree)

The reason We look for 2 EXITS is in case one of the EXITS is blocked or is NOT SAFE.

**REMEMBER, If there is an emergency at your school, and you need to EXIT quickly!  
ALWAYS follow your teacher's directions.  
STAY CALM. Use your eyes to find your exit.**

**Your teacher and school will always keep you safe!**

**WHEN YOU ARE AWAY FROM SCHOOL....you need to look for EXITS.....Every place you go has a way to go in, to ENTER, and has a way to get out, or EXIT. Sometimes you can Enter and Exit through the same place**

**Your quick thinking and knowing where your EXITS are can get you safely out of any building, movie theater, restaurant, your local Church, or store.**

**That was great everyone! Now, at home, it's important that you know your EXITS and have an EXIT emergency plan.**

**You and your family can sit down and find the best way out of your apartment or home using EXITS.**

**You should know 2 EXITS for every room. In case of a FIRE...Get Out through an EXIT in your home....and STAY OUT until the Fire Department arrives to help.**

**Whew! I know we did a lot today. Let's Review what EXITS are and how to find them!**

- **An exit can be a door, a window, or a gate We use EXITS to get out of a room or building**
- **As soon as you enter a building or room, it's important to look for an EXIT.**
- **Not all EXITS have EXIT Signs.**
- **ALWAYS find 2 EXITS. ...2 ways to get out safely...you look for 2 in case an EXIT is blocked**

**REMEMBER....if you have an emergency where you need to get out quickly, STAY CALM. Knowing where your EXITS are will help you stay safe wherever you may go! ....and don't forget! When you complete this lesson with your teacher, there is a special certificate for each of you**

**Remember to tell your parents to help you come up with an emergency exit plan for where you live!**

**Now, Let's do the Rocket promise, and repeat after me:**

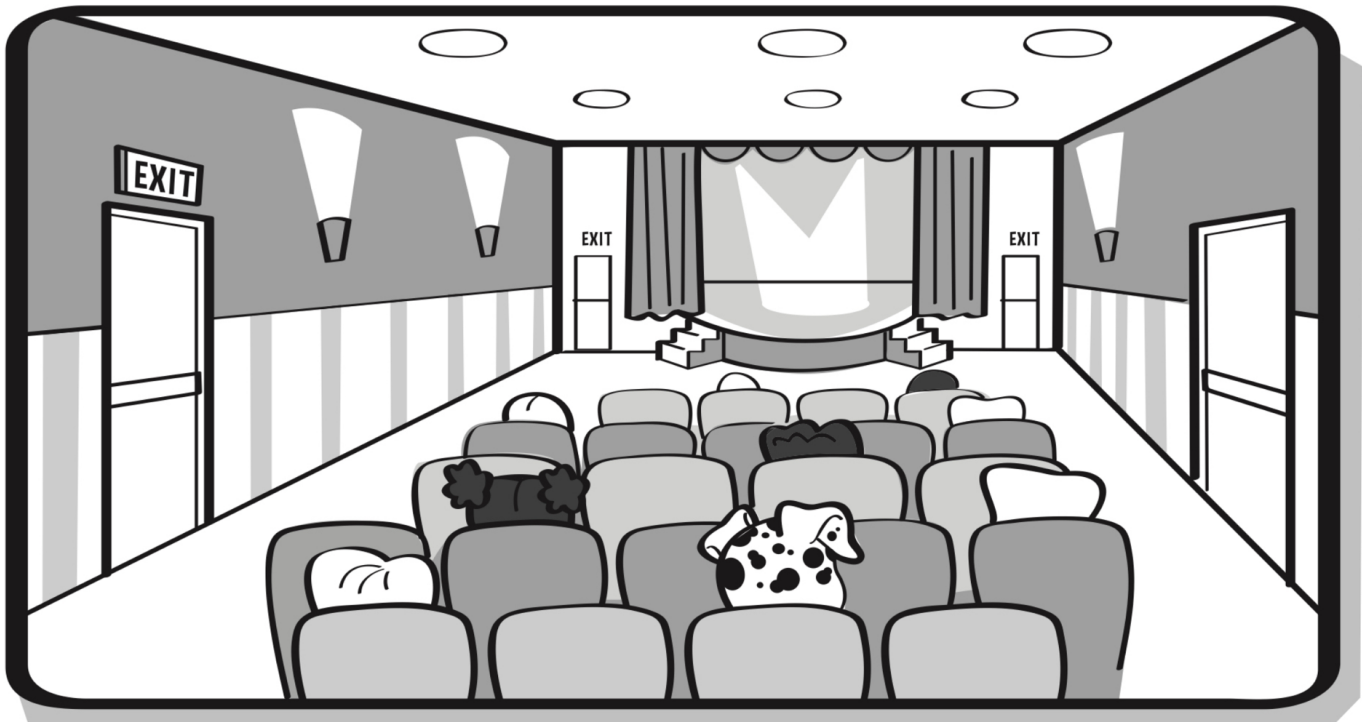
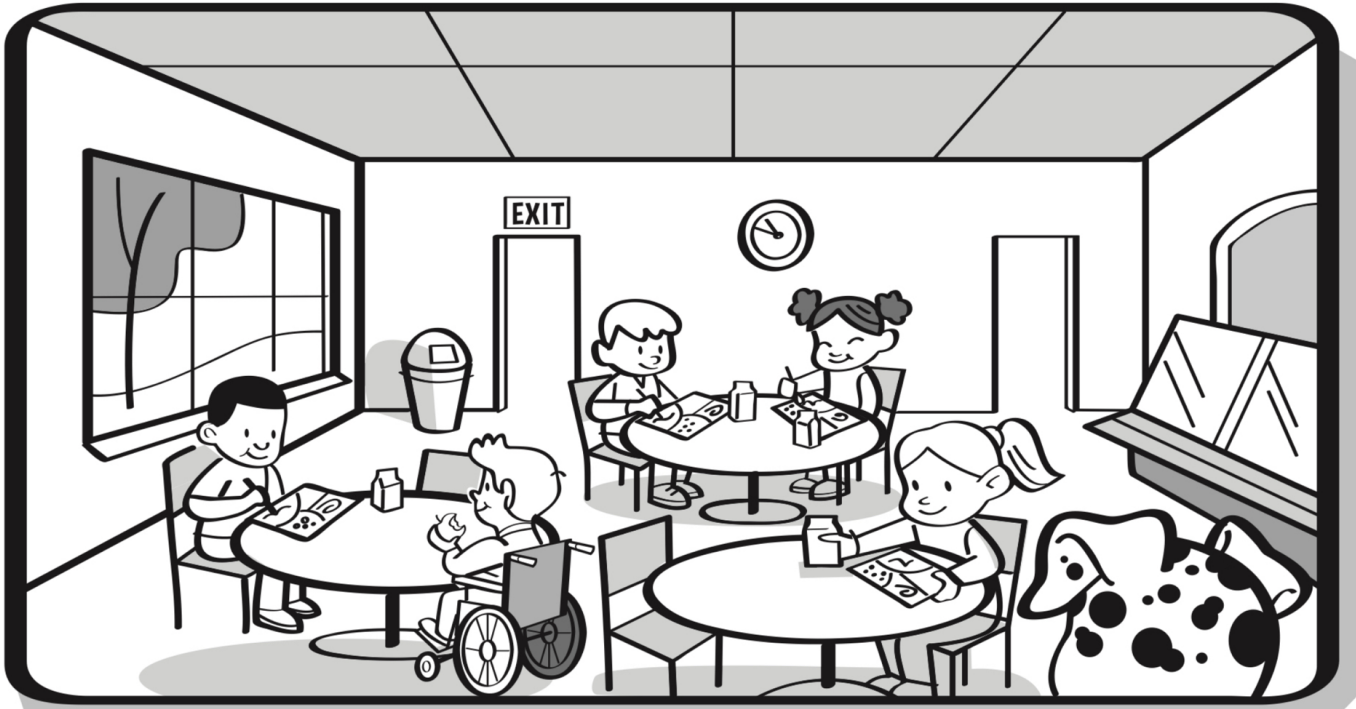
**I promise - (I promise)**

**to always use my SIX senses - (to always use my SIX senses)**

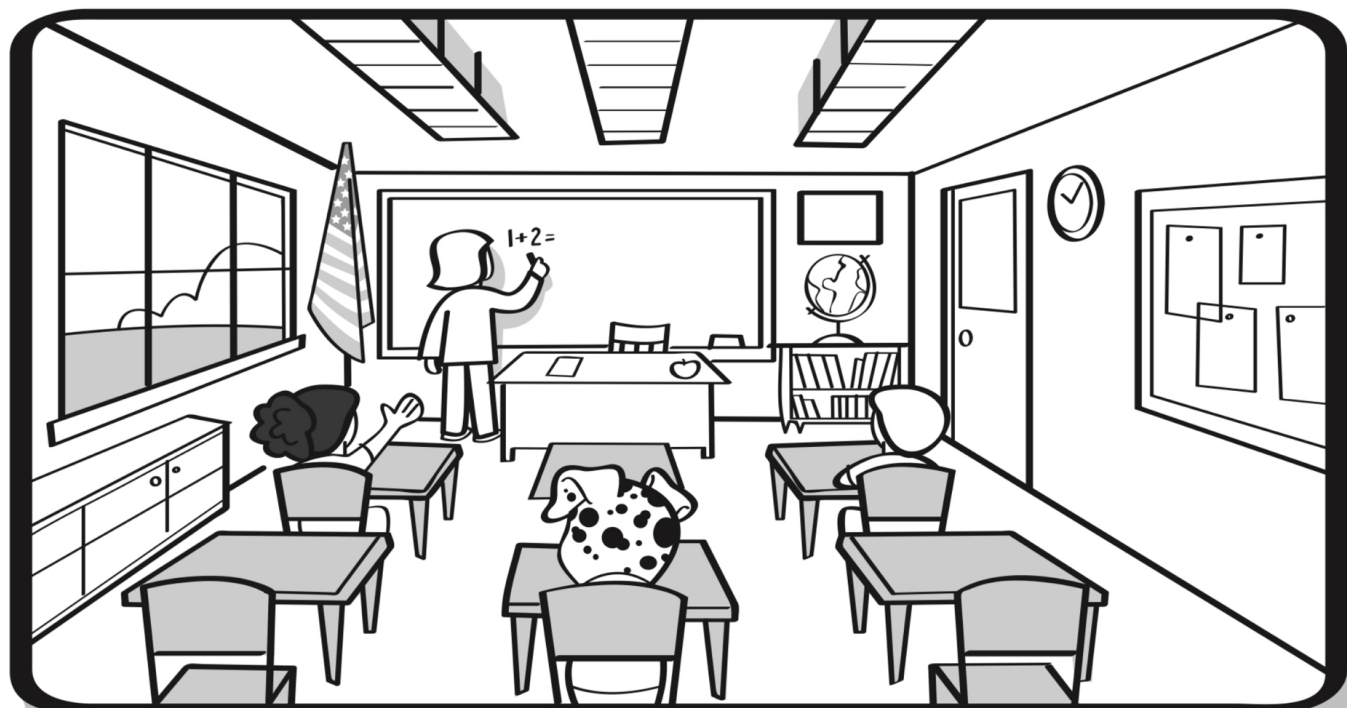
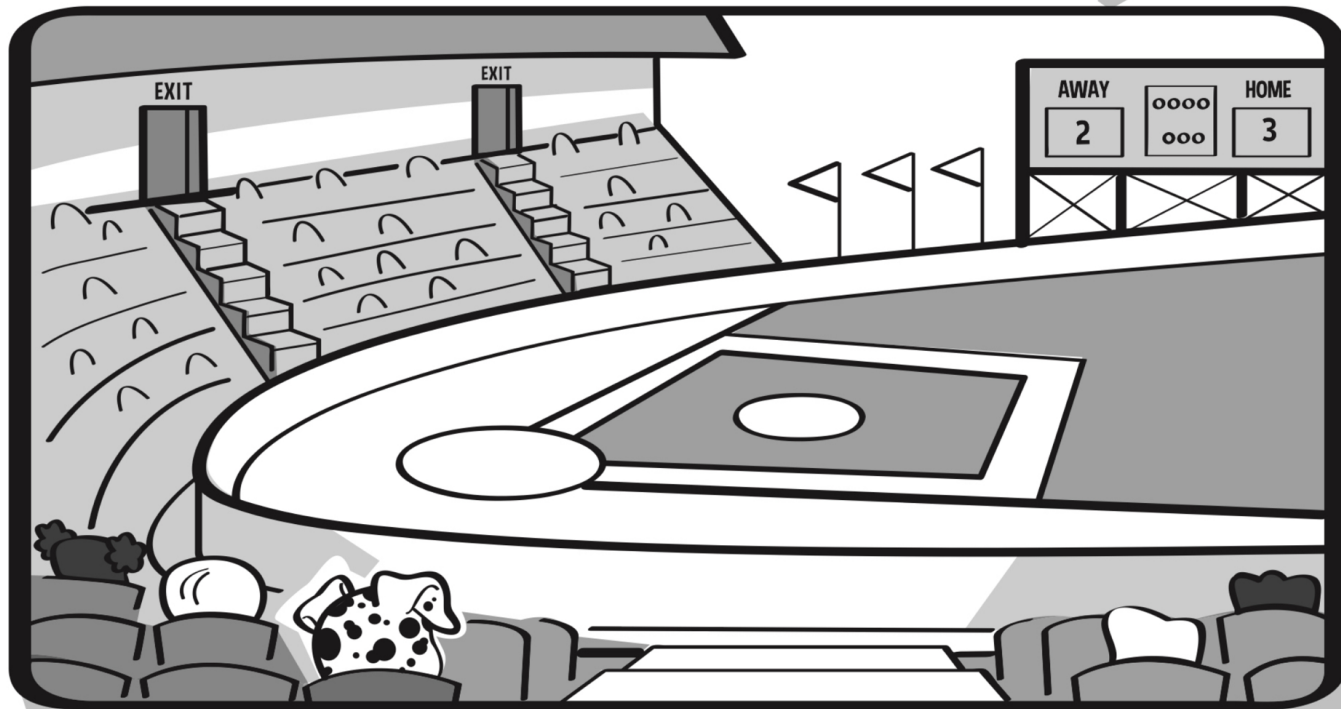
**to stay safe! - (to stay safe!)**

# LOCATE YOUR EXITS

Always look for more than one exit.  
Not all exits are doors.



Draw a line from Rocket to his two closest exits.  
Some exits don't have signs.





# Congratulations!

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For Completing the lesson

## Locate Your Exits

You're a Rocket Rules

Safety Super Star!



Instructor signature \_\_\_\_\_

Signature Rocket  \_\_\_\_\_ Date \_\_\_\_\_