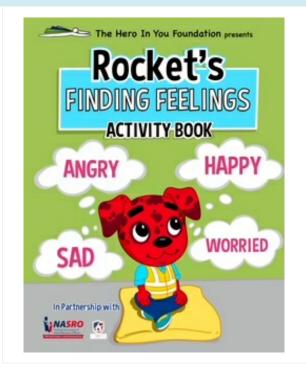
Rocket Rules Newsletter | July 2022





Rocket's "FINDING FEELINGS" Mental Health Program

At the July NASRO National Convention, Rocket announced his newest program, *Finding Feelings*, which helps children deal with every day social emotional and mental health issues.

The *Finding Feelings* Program teaches young children (preK to 2nd grade) how to recognize and manage their feelings, and stay mentally healthy and strong. Rocket offers easy to follow coping skills for feelings such as anger, sadness, fear, anxiety which help children get back to "calm and happy".

Mental Health experts have expressed their great concern that the Covid pandemic, during the past year plus, has had a devasting effect on the well-being of young children.

"Rocket's program is needed now more than ever, and it's a valuable program for School Officers to present in the classroom as part of their ongoing community engagement and commitment to safety in the schools", said NASRO President, Rudy Perez.



(L/R) Barry Stockhamer, Program Director, Rocket Rules; President of NASRO, Rudy Perez; Bunni Benaron, Founder, Rocket Rules

The *Finding Feelings* Activity Book, Rocket animated videos, officer scripts and teacher lessons will be available to all schools in October.

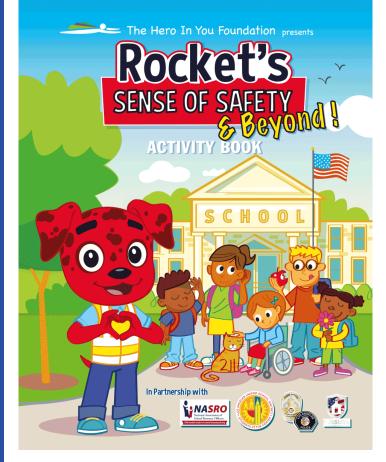
ROCKET IS A BIG HIT AT LAPD RAMPART FAMILY COMMUNITY EVENT

Rocket was excited to join the LAPD RAMPART station for it's Back to School Food Drive. More than 300 children and families gathered for this special event on July 23. We're happy to support LAPD in their community outreach programs and helping keep kids safe.



Sense of Safety & Beyond! Enters 2nd Year

The safety of our children



has always been an important priority for schools, parents, communities and NASRO. Unfortunately. tragic events in many communities have required everyone to redouble their safety efforts. Rocket's Sense of Safety & **Beyond!** program teaches children situational awareness to and from school, at home and in the community. It provides the tools to make guick smart decisions that can save lives and avoid serious injuries.

The popular program

enters its second year and it's complete Toolkit is available now at Rocketrules.org. Rocket makes it easy for SRO's and teachers to present the material through scripts, videos and the Activity Book.

> Let your school district know about Rocket's program for elementary schools.

Contact Rocket for more information: <u>Bunni@Rocketrules.org</u> 501(c)(3) Non-Profit



Rocket Rules for Safety / The Hero In You Foundation | 20720 Ventura Blvd, Ventura, CA 91364

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