



Rocket's
SENSE OF SAFETY & BEYOND!
ACTIVITY BOOK



School Resource Officer & Teacher
Classroom Guide

On behalf of the Hero In You Foundation (Rocket Rules) and the National Association of School Resource Officers (NASRO) thank you for participating in this school safety program.

The *Rocket's Sense of Safety & Beyond!* Activity Book and this Classroom Presentation Guide have been developed to help teach children how to make smart split-second decisions in the event of an emergency or dangerous situation. Through the lessons provided, and with the help of Rocket, children will learn to be aware of their SENSES (sight, hearing, smell, taste, touch and their 6th sense-intuition) and how this will help them stay safe.

This Classroom Presentation Guide provides helpful information on how to present lessons and utilize the *Sense of Safety & Beyond!* Activity Book for children PreK to 3rd grade. You will find helpful discussion information and suggested activities.

The lessons do not have to be presented in the order listed in the Guide, and if time does not allow you to teach all of the lessons, discuss with the classroom teacher which lessons you will present and which lessons he or she will complete.

“At LASPD safety is always our priority. Helping students gain awareness of their surroundings allows them to stay safe, healthy and focused. Rocket’s Sense of Safety & Beyond! Activity Book teaches kids how to use all their senses to make smart decisions at home, at school and in their community.” Chief Leslie Ramirez, Los Angeles School Police Department

"There has never been a more important time to make certain that we are creating a safe and secure environment for children both at school and in the community. Rocket's *Sense of Safety & Beyond!* Activity Book provides a solid foundation for children to be able to use their senses to avoid dangerous situations. It is also a tremendous resource for school-based law enforcement officers to use in the classroom to engage with students in a way that helps to build positive relationships between law enforcement and the communities that they serve." Mo Canady, Executive Dir., NASRO

“As a Peace Officer for the Los Angeles School Police Department it is paramount to mentor, lead and protect our students and staff safely towards graduation. Rocket’s *Use Your Senses & Beyond!* Activity Book is a tool we use in our department that helps to create and highlight safety awareness at multiple age levels, including myself”.
Lt.Rudy Perez, LASPD, NASRO

ABOUT THE “SENSE OF SAFETY & BEYOND!” ACTIVITY BOOK:

This Guide was originally created by Rocket Rules in collaboration with LASPD. NASRO is proud to work with both organizations to provide this material to School Resource Officers and Teachers throughout the United States. This Guide will introduce children to the basics of situational awareness skills and action tools that can be applied in a variety of real-life public safety scenarios. The goal is to promote knowledge that leads to informed split-second decisions in a variety of surroundings. We aim to provide children with a sense of safety, no matter where they are.

The scripts provided in this Guide are only suggested scripts. Feel free to make adaptations, but remember to use age-appropriate language, stories, and examples with the students.

The *Sense of Safety & Beyond!* Activity Book is available for classroom visits, community outreach and education programs (online editions are available at rocketrules.org, click the “Sense of Safety & Beyond! Tool kit button on the home page).

ABOUT THIS GUIDE:

In this Guide you will find the following:

- An officer introduction
- Recommended script to help guide you with your classroom presentation.
- Rocket Rules “Use Your Senses” and “Your 6th Sense” illustrations
- Following each lesson, suggested reflection questions are included to deepen the learning experience for children.

Use the Guide when making classroom presentations. It is not necessary to complete the entire *Sense of Safety & Beyond!* Activity Book in one visit. Work with the classroom teacher on scheduling your presentations and determining which lessons the teacher will complete.

Thank you for the important work you are doing every single day to save lives and keep our schools and communities safe.

HOW TO BEGIN:

Please review the entire Guide before you lead children in these activities. Feel free to adapt and expand upon any of the instructions below.

Each lesson should take approximately 20 minutes, with only writing and coloring utensils needed. Teach as many lessons as possible over several visits to the classroom. While it is not necessary to present the lessons in the order listed, please begin with the Officer Introduction.

The lessons provided were developed for PreK-3rd grade to meet National Health and Common Core Academic Standards. The goal of the *Rocket's Sense of Safety & Beyond!* is to promote knowledge that leads to informed split-second decisions in a variety of surroundings to keep kids safe at all times.

Each lesson should begin with a review of the **6 Senses** which serves as the foundation for developing a child's awareness skills and safe decision making.

Lessons:

A. Officer Introduction

- 1. Your 6 Senses (inside front cover)**
- 2. Stay With Your Buddy (page 1)**
Know Your Landmarks (pages 6-7)
- 3. Crossing the Street Safely (pages 2-3)**
Left-Right-Left (pages 4-5)
- 4. Locate Your Exits (pages 8-9)**
- 5. Find Safe People and Places (page 10-11)**
Get Away From Danger (page 12)
- 6. Keep Your Hands to Yourself (pages 14-15)**
- 7. Do You Know When to Wash Your Hands (pages 16-17)**
- 8. Share Your Feelings (pages 18-19)**
- 9. No Bully Zone (page 20)**
Were You Kind Today? (page 21)
- 10. Dial 9-1-1 (page 22) & Keeping You Safe (page 13)**

OFFICER INTRODUCTION

HELPFUL HINTS:

Your tone:

- Be friendly and caring. Smile.
- Use simple concepts and words.
- These are serious subjects presented in a calm, engaging way.
- Instill knowledge and confidence.

Make sure you introduce yourself every time you visit a class. Write your name on the board. The following can assist with your introduction.

Hi everyone. I'm officer _____. It's great to be at _____ elementary school, with Ms./Mr. _____ class. I'm excited to see all of your smiling faces!" I have a family, kids, and dogs/pets" (share some personal information to help connect with the students).

A police officer is someone you can always trust when you need help or in any emergency.

Today I'm here to talk about how your 6 senses help you stay safe at all times. My friend Rocket will also help.

NEXT: INTRODUCE THE LESSON FOR YOUR VISIT

END EVERY LESSON WITH:

Thank the teacher and the class. Give high 5's, congratulations, etc. on a job well done! REMEMBER, I CARE ABOUT YOU... and so does ROCKET. Use your 6 senses: **eyes, nose, ears and other senses** to keep you safe. Practice these safety ideas every day with your teacher and family. If you see me around school, give me a big wave!

“YOUR 6 SENSES”

OFFICER SCRIPT (6/22)



ACTIVITY BOOK: Inside Front Cover

Hi Kids. Today we're going to learn about our 6 senses...they all help keep us safe every day.

First is our sense of sight, seeing. We use our eyes. Everyone blink your eyes 3 times.

Our eyes help us cross the street safely, look for exits and see our friends in the classroom, and find our teachers if we need help.

--Then, we have hearing. We use our ears. Point to your ears. We use our ears to hear our teacher talking, and friends laughing. It also helps us hear the sirens on a fire truck or a police car so we can stay out of danger.

--Next is your nose, our sense of smell. Wiggle your nose 3 times. We use our nose for many things like smelling flowers or a pizza. Our nose also protects us. It helps us smell smoke or a burning building. That can be very dangerous and we should stay away.

--Next is touch, we use our hands and fingers. Everyone wiggle your fingers with me. We use our hands and fingers to touch. Our hands are used to hug our family and friends, draw pictures, and pet our cats and dogs. Our sense of touch also tells us to stay away from hot things that can burn us, or broken glass, knives, guns and needles that can hurt us. Don't touch any of these things and tell an adult if you see these things.

--Then we have taste, we use our mouth. We use our sense of taste to know how good ice cream and cookies are. It also tells us if something is not safe or if something tastes really bad and can make us very sick. Never drink any cleaning products. These products are poisonous. If you drink them, you can end up in the emergency hospital. Never take any medicine or pills unless they're given to you by a doctor or your parents.

We use your mouth to taste and we also use it to SPEAK. We speak with our voice. When we need help, we use our voice to tell important information to our teacher, parents or police. We may have to call 9-1-1, or yell “I need help”.

--And we have a 6th sense, that feeling in our tummy when something is not quite right. Our 6th sense is All of our senses working together to keep us safe every day. You know how Spidyman has a “Spidey Sense Superpower” that tells him when something is wrong? Your SUPERPOWER is your 6th sense. If something doesn’t feel right, don’t do it.

The 6th sense is that feeling in our tummy that something is not quite right. Like when we are lost or when a stranger asks us to get into their car, or offers us candy. If you have this feeling, walk away quickly and tell an adult.

It is very important to use our senses wherever we are: at school, home, all-around town, or walking home.

Our 6 senses help keep us SAFE!

QUESTIONS FOR KIDS:

- 1. What sense do you use when someone yells for help.**
- 2. What sense do you use when something is on fire.**
- 3. What sense do you use to cross the street safely.**
- 4. How do you know ice cream tastes good and is cold?**
- 5. How do you know a puppy or kitten is soft**
- 6. If we meet a stranger offering candy, what sense tells you something is wrong?**

“LANDMARKS” and “STAY WITH YOUR BUDDY”

OFFICER SCRIPT (06/22)



ACTIVITY BOOK:

LANDMARKS – Pages 6-7; STAY WITH YOUR BUDDY – Page 1

Hi Kids,

Today we're going to talk about **LANDMARKS** and **STAYING WITH YOUR BUDDY...**

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes...but also if something is not safe, or poisonous **AND** Your **VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Today we are going to talk about something called LANDMARKS. This may be a new word for you...but we see LANDMARKS every day!

A LANDMARK is something that can be easily seen and found from far away. They never move. They always stay in the SAME PLACE!

Many different types of buildings can be LANDMARKS.....Gas stations, schools, Hospitals, and restaurants can all be LANDMARKS.....Statues and fountains are also LANDMARKS.

When you look for a McDonald's, what do you SEE to let you know you're there? Right, big golden arches.

When you look at a FIRE STATION what do you see to know you are there? It's REALLY different from McDonald's so you KNOW it's a different place.

There are NO golden arches, but there ARE red fire trucks and firefighters to help. Both of these places are LANDMARKS and when we see them it can help us find our way.

WHY IS IT IMPORTANT TO KNOW LANDMARKS?

It's important to know LANDMARKS so that if you get lost you can find your way home.

But also, LANDMARKS help you find your way to a store or your friend's house.

What LANDMARKS did you pass coming to the school today?

(Officer shares what landmarks they passed on the way to the school....first, 2nd, 3rd, next, finally I see your school).

I pass by those same landmarks every time I visit your school. It helps me find my way.

HOW MANY OF YOU passed a LANDMARK on their way to school today?

WHO CAN TELL ME WHAT LANDMARKS THEY PASSED?

We want to remember buildings or landmarks so that if we ever get lost or separated from our friends, we can find our way back to where we started or we can tell a police officer who can help us.

Remembering the order of Landmarks helps you. IT MAKES IT EASIER TO LET YOU KNOW WHERE YOU ARE AND HOW TO GET BACK.

(option: show 4-5 landmark pictures to class and have them remember/recall the sequence they are in...as if they passed them going home)

If you are lost or in trouble, you can also find an adult you trust like a police officer. If you tell them the LANDMARKS you pass on the way home, the officer can help you find your way.

It's important to know that LANDMARKS don't move from where you see them: McDonalds, Gas Stations, Police Stations and stores stay in the same place.

Open your Activity books to page 6....

Here's a picture of a FIRE STATION and some fire trucks

Which one do you think is a LANDMARK, the firetrucks, or the fire station? Which one never moves? (THE FIRE STATION!)

Right! The FIRE STATION is a LANDMARK. It doesn't move.

But....the fire trucks are NOT LANDMARKS. They move all over. They don't stay in the same place.

Is a car driving down the street a LANDMARK? (No)

That's right, it is NOT a landmark because it moves.

HERE IS A PICTURE OF A FOUNTAIN Show me 2 thumbs up if you think the FOUNTAIN is a LANDMARK? That's right. It is!

Now, let's look at the ducks in the pond near the FOUNTAIN. Are the ducks LANDMARKS? No. Ducks are not LANDMARKS because they can fly AWAY.

Is your school a LANDMARK? 2 thumbs up... Yes. it's a Landmark, it doesn't move.

LANDMARKS are also a great PLACE to meet your friends. When you are in the classroom you may tell your friend to meet you at the Flagpole after school so you can walk home together.

Now let's talk about your friends and how they can help you when you are walking around your neighborhood, or to and from school.... it's always best to walk with your BUDDY. Walking with a buddy keeps you both safe! Together you can watch out for LANDMARKS and watch out for each other.

A buddy can be a friend in class, or a cousin or brother/sister, or someone you play with at recess. Your buddy may look different than you just like LANDMARKS look different from each other.

Your buddy may look a little like you, or they may look very different from you. Your hair might be brown, and their hair might be black. You might be tall and your buddy might be a little short. Your eyes might be brown and your buddy may have green eyes. You may be wearing jeans and a white T shirt, and your buddy may be in shorts and tennis shoes.

I have a buddy and we look very different from each other, and we always look out for each other everywhere we go.

It's really important to know how to describe your buddy in case you get lost or separated. This way you can tell an adult you trust what your buddy looks like and it will be easier to find them.

It's really important to stay with your buddy wherever you go.

Let's discuss real situations where your buddy can help you and you can help them:

When you and your buddy are on a street corner you can both look left, right, and left again to watch out for traffic. You can tell each other when it's safe to cross. You're both watching out for each other.

If you walk near an alley with trash and broken bottles, you can tell your buddy to stay away and explain "we might get hurt". You might see something your buddy did not see, or they may see something dangerous that you did not see. If you get hurt, your buddy can go get help from an adult he trusts! That's why buddies are so important!

Show me a thumbs up if you know it's important to stay with your buddy.

Should buddies watch out for LANDMARKS to know where they are. If you agree, 2 thumbs up....

Give me 2 thumbs up if your buddy can help you cross the street safely. Great!

Together you and your buddy keep each other SAFE!

LET'S REVIEW.... A LANDMARK can be a building. Like your school or a gas station. LANDMARKS can also be a statue, or a fountain. LANDMARKS never move. Whether you are going to school or walking around the neighborhood, remember, you need to pay attention to the LANDMARKS and their order as you pass them. This will help you find your way back to where you started or get to where you are going.

And remember, when you are walking in the neighborhood, to and from school, you should always have a buddy with you.

Know what your buddy looks like in case you are separated. You and your buddy help keep each other safe.

Now I know your teacher has more that they want to tell you about LANDMARKS. They ALSO have a Rocket certificate for you when you are done.

Remember to tell your family and friends what you learned about LANDMARKS and STAYING WITH YOUR BUDDY so you can stay safe!

Now before I go, Let's say the Rocket Promise, and repeat after me:

I promise - I promise

To always use my 6 senses - to always use my 6 senses

To stay safe! - to stay safe!

THAT WAS FANTASTIC!

See you soon and stay safe!! Watch for Landmarks and always walk with a Buddy!

CROSSING THE STREET SAFELY

and LOOKING LEFT-RIGHT-LEFT

OFFICER SCRIPT 06/22



ACTIVITY BOOK: CROSSING THE STREET SAFELY – Pages 2-3

LEFT-RIGHT-LEFT – Pages 4-5

Hi Kids...Today we're going to talk about

“CROSSING THE STREET SAFELY”

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND Your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, today let's talk about how our eyes and ears can help us stay safe when crossing the street.

It's really important to pay attention and be aware of your surroundings when you cross the street so you don't get hurt... Serious accidents happen when kids do not pay attention or follow directions when crossing the street.

Pretend you and your buddy are walking to school. Both of you are watching out for each other. You need to remember important traffic safety rules, especially on busy streets.

Let's talk about how to stay safe...

Here are some of my important tips for CROSSING THE STREET SAFELY!

First, let's talk about CROSSWALKS. When you cross the street, remember to always use the Crosswalks. The crosswalks are special lines marked on the street where you walk safely.

Remember, even if there is a crosswalk, Only cross when the TRAFFIC LIGHT is GREEN, or if there is a WALK sign. NEVER cross on a RED LIGHT or a DON'T WALK sign.

When you are near school, there will be someone helping you cross the street safely. This person is a 'Crossing Guard'. They will make sure that cars have stopped before you start to cross the street in the 'Crosswalk'.

If there is a crossing guard, follow the crossing guards directions. The crossing guard is someone who helps you cross the street safely.

**Raise your hand if you've seen a crossing guard on your way to school today!
Great!**

If there's no crossing guard, make sure that the traffic light is green, and it says: WALK or shows a WALK SIGN.

Before you cross, even if the traffic light is green, there's something you need to do. Before you step into the street, look LEFT-THEN RIGHT-THEN LEFT again looking for cars.

If no cars are coming, it's ok to cross. If there's no light and no crosswalk...go to the corner and do the exact same thing, look LEFT then RIGHT then LEFT again looking for cars, before you step into the street to cross.

If you do see a car coming, even if the light is green, don't cross. Wait. Make sure you keep looking for cars as you cross the street. Pay attention. Sometimes cars don't see you.

It's also super important to never cross between parked cars. This is very dangerous. Cars can't see you or stop in time... and you can get hurt.

This means even if your best friend, or your parents are calling you to cross, DON'T do it! Tell them to wait for you, find the nearest crosswalk, and then cross when it's safe.

Remember, NEVER cross in the middle of the street, no matter who is calling you.

Don't forget to use your senses. Your eyes and ears will help you know when it's safe to cross. Also never use your phone when crossing the street. Always pay attention to traffic and cars.

GREAT! Now everyone stand up and we're all going to learn LEFT RIGHT LEFT....

Follow me and do what I do....

First, TURN YOUR HEAD and LOOK TO THE LEFT

NOW, TURN YOUR HEAD and LOOK TO THE RIGHT,

THEN TURN YOUR HEAD and LOOK TO THE LEFT again...

NOW, you are looking and listening for cars. if no cars are coming, and the light is GREEN, it's safe to cross the street.. GREAT JOB! Let's go ahead and sit back down.

It's time for ROCKET's REVIEW because we learned so much today... Remember when you are crossing the street

- **Follow the crossing guard's direction**
- **Always CROSS IN A CROSS WALK**
- **Never Cross Between Parked Cars**
- **Only cross the street on a GREEN LIGHT or WALK SIGN**
- **Always Pay Attention: STOP, LOOK LEFT, RIGHT and LEFT again...**

and LISTEN and LOOK for Cars

Now, be sure and show friends and family that you know the right way, THE SAFE WAY, to cross the street.....and when you have completed the lesson with your teacher, they will have a special certificate for each of you.

Now let's take the ROCKET PROMISE to be SAFE

Raise your hand and Repeat after me: I promise (I promise)

To always use my 6 senses (to always use my 6 senses)

To stay safe (to stay safe)

QUESTIONS for the Students:

- **What does a crossing guard do? Why should you always listen to him or her?**
- **What should you always do before crossing any street? ...even with a traffic light?**
- **Which senses did you use to cross the street safely?**
- **What do you do on a green light?**
- **What do you do on a red light?**

“LOCATE EXITS”

OFFICER SCRIPT 06/22



ACTIVITY BOOK: Pages 8-9

Hi Kids. Today we're going to talk about LOCATING EXITS

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous AND Your VOICE lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, Today we're going to talk about something we call an EXIT.

An EXIT is a way out of a classroom, a stadium, a theater, a restaurant or even your home.

EXITS are important. You may have to get out of a room or building quickly because of a fire, or any kind of emergency.

If you know where the EXITS are...you can leave quickly, calmly and safely. Knowing where the EXITS are can save a life, or serious injury.

At school your teachers will take you to a safe place...but when you are not in school....you may have to make some BIG DECISIONS to get out of an area using an EXIT.

One of the first things you should do when you go into a place is to look for your way out.

An EXIT can be a door, a window, an opening or even a gate. The EXIT might be in front of you, or behind you...It may have an EXIT sign over it...or it may not.

ONE way to EXIT a room is through a door...

Sometimes the door will have a sign over it that says: EXIT. And sometimes, the door will NOT have an EXIT SIGN...but it is still an EXIT...it is your way out:

YOU should always look for 2 EXITS. In any place that you are, Look for the 2 CLOSEST EXITS....You look for 2 because one of the EXITS might not be safe to use..

But what about a time when you can't use the door?? ---Maybe It's blocked, or it won't open...or, it may be dangerous to use that door because of a fire... that's why we look for 2 EXITS.

Remember, there are many types of EXITS. Another way to get out of a place is a WINDOW. A Window is also an EXIT.

You probably won't see an EXIT sign over a WINDOW, but in an emergency it's another way to get out!

Gates are also EXITSyou may see one at a playground or at a park., or in a backyard area.

How many EXITS should we look for? That's right 2.

NOW, Let's look around your Room and find all of the EXITS.....

We're going to look carefully around our room and look for every EXIT.

- **Does anyone see an EXIT sign over a door in the class?**
- **Where are the doors in this class?**
- **How many doors are there?**
- **How about windows in your room?**

Can you point to the windows? These can also be EXITS.

Remember, You need to look for the 2 closest EXITS to where you are sitting.

Can you find the 2 EXITS in your room? And point to them?

Who wants to help me show the class where the exits are for this room? (SELECT 1 child at a time. MAX of 2 kids) (walk to doors, let child point to it, and have class raise 2 thumbs up to agree)

The reason We look for 2 EXITS is in case one of the EXITS is blocked or is NOT SAFE.

REMEMBER, If there is an emergency at your school, and you need to EXIT quickly!

ALWAYS follow your teacher's directions.

STAY CALM. Use your eyes to find your exit.

Your teacher and school will always keep you safe!

WHEN YOU ARE AWAY FROM SCHOOL....you need to look for EXITS.....Every place you go has a way to go in, to ENTER, and has a way to get out, or EXIT.

Sometimes you can Enter and Exit through the same place

Your quick thinking and knowing where your EXITS are can get you safely out of any building, movie theater, restaurant, your local Church, or store.

That was great everyone! Now, at home, it's important that you know your EXITS and have an EXIT emergency plan.

You and your family can sit down and find the best way out of your apartment or home using EXITS.

You should know 2 EXITS for every room. In case of a FIRE...Get Out through an EXIT in your home....and STAY OUT until the Fire Department arrives to help.

Whew! I know we did a lot today. Let's Review what EXITS are and how to find them!

- **An exit can be a door, a window, or a gate We use EXITS to get out of a room or building**
- **As soon as you enter a building or room, it's important to look for an EXIT.**
- **Not all EXITS have EXIT Signs.**
- **ALWAYS find 2 EXITS. ...2 ways to get out safely...you look for 2 in case an EXIT is blocked**

REMEMBER....if you have an emergency where you need to get out quickly, STAY CALM. Knowing where your EXITS are will help you stay safe wherever you may go!and don't forget! When you complete this lesson with your teacher, there is a special certificate for each of you. Remember to tell your parents to help you come up with an emergency exit plan for where you live!

Now, Let's do the Rocket promise, and repeat after me: *I promise - (I promise)*

to always use my SIX senses - (to always use my SIX senses)

to stay safe! - (to stay safe!). Stay Safe Kids. See you Soon!

“SAFE PLACES SAFE PEOPLE”

“GET AWAY FROM DANGER”

OFFICER SCRIPT 06/22



Activity Book: Pages 10-12-13

Hi Kids...

Today we're going to talk about Safe Places and Safe People...

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND Your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Today, we are going to learn an important lesson from ROCKET... The difference between a safe and unsafe person and a safe and unsafe place.

When you are walking to and from school, in your neighborhood, or at a park, it's important to know what places are safe to go to, and what people are safe to talk to. If you get lost or separated and find yourself alone and need help, you can find a safe person to help you.

First, let's talk about a safe person...

A SAFE PERSON is someone you TRUST...someone who cares about you, that listens to you, that helps you when you need help and will not hurt you.

OK Kids, your teacher is a safe person you can trust and talk to.... give me 2 Thumbs up if you agree that your Teacher is someone you can Trust and Talk to....yes, great, you can trust your teacher as a safe person.

Give me 2 thumbs if your Doctor or school nurse are safe people... yes, great, your doctor, or nurse...care about you, listen to you and will help you if you are sick.

How about PARENTS AND GUARDIANS that you KNOW... Give me 2 thumbs up if they help you. Great! They are people that can help you! Remember, only talk to parents and guardians, that you KNOW.

What about a crossing guard? 2 thumbs up if you can trust them to help you when you cross the street...

We need to be very careful when we see people we do not know...there are some people we should not talk to: If some STRANGER comes up to you when you are walking home from school, and offers you CANDY...

Don't talk to them, and don't take the candy. Run away and tell

An adult that you trust (like a teacher).

Does everyone agree? Show me 2 thumbs up...

If someone you don't know asks you to get into their car, or offers you a ride homedon't get in, don't talk to them, run away and go tell an adult you trust.....2 thumbs up if you agree

If you see 2 people fighting on the street...always stay far away from them.

2 thumbs up if you agree

If any of these things happen to you or you see something that doesn't make you feel right, go find an adult that is safe and you trust and tell them.A police officer may be a stranger you don't know, but they are someone that you can talk to and that can help you.

Now let's talk about safe places: A safe place is like a supermarket or store that has its lights on and may also have security cameras. This is somewhere you can go to if you need help.

Give me 2 thumbs up if you think your school is a safe place. Great! It is a safe place to be!

OK, kids. Give me 2 thumbs up if a gas station or 7-11 is a safe place? Yes! Those are safe places because they are there to help people. It's not dangerous. They have their lights on, and they have cameras on too.

2 thumbs up if a supermarket is a safe place? But not all places are safe. If you see a big, stinky, Trash Area, with broken glass...2 thumbs up if you think this is UNSAFE to play? These are dangerous places and things. It's always important to GET AWAY FROM DANGER and tell an adult you trust.

How about playing near the back of a store, in a dark alley, by old, empty buildings, or by RAILROAD TRACKS, (2 thumbs up if you think these are UNSAFE AREAS)

Great! Wow! We learned a lot today....well done everyone...you're doing great....Now it's time for a quick REVIEW

– Remember, A safe person is someone you can trust, that cares about you, that listens to you, and will help you.

- There are safe people that you can TRUST....like teachers, police officers, doctors, and your parents or guardians.
- ALWAYS be careful when you see a STRANGER... do NOT accept food or go with them in a car....if this happens to you run away and tell an adult you trust, like your parents or an officer
- if you get lost or need help there are many safe places in your neighborhood to go - like your school, a hospital, police station, or a well-lit market or restaurant...
- Stay AWAY from dangerous places like railroad tracks, dark alleys, places with broken windows and smelly trash.

That was great kids! When you have completed this lesson with your teacher, they will have a special certificate for each of you.

Now let's take the ROCKET PROMISE to be SAFE. Raise your hand and Repeat after me: I promise (kids: I promise) To always use my 6 senses (to always use my 6 senses) To stay safe (to stay safe)

REMEMBER TO USE YOUR SENSES TO KEEP YOU SAFE!

QUESTIONS FOR KIDS:

- Who are safe and trusted people in your life?
- What makes someone a safe person? (trusted adult) An unsafe person? (stranger)
- How do you feel when you're with a safe person? An unsafe person?
- Where in your body do you feel something is not right...? (6th sense)
- What makes a place safe? What makes a place unsafe?
- Where are some safe places you can go in your town?
- Is it safer to walk near a well-lit market with cameras or a trash can? Is it safer to be near a hospital or a construction zone?

KEEP YOUR HANDS TO YOURSELF

OFFICER SCRIPT 06/22



Activity Book: Pages 14-15

Hi Kids...

Today we're going to talk about

"KEEPING YOUR HANDS TO YOURSELF"

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND Your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, let's talk about Keeping Our Hands to Yourself....

Our hands are really pretty special. Everyone, raise your hands and wiggle your fingers. Our hands allow us to pet our dogs, use our computer, draw a picture, and eat our food. There are many good things our hands do for us every day.

Ask students for other examples of how they use their hands.

Other good things that you use your hands for are giving hugs to your family or throwing a ball. But there are many things we should never do with our hands.

Has anyone ever been pushed while in line? Has anyone ever been hit by another person on the playground? We all know this is very wrong.

Kids who push do it for a reason...and it's always the wrong thing to do. Maybe they get frustrated and can't wait in line. Instead of waiting for their turn, they push you. Kids who get real upset should step back and take a deep breath to calm down. That's the right thing to do.

Never use your hands to push someone, poke someone or hit someone. If someone does this to you, you should tell your teacher, parent or adult you trust. Don't push back. Let this other person know that it's not ok to touch or push you.

Pushing and bad touching behavior is always wrong. It's disrespectful and breaks classroom and school rules.

If someone wants to use your crayon they must ask your permission first. They can't JUST TAKE it. If they want the toy you are playing with, they must ask permission from you first. What you can say is: "Can I use this crayon?" The other child can say: "Yes it's ok, you can use it".

It is never the right thing to just take things from others: at school, at home or in the neighborhood.

Let's all agree: We want to be kind, and always respect others...don't we?

Now, let's clap our hands when I say clap, to show that we all agree! Now Clap.

Remember, be nice to your classmates, take turns, ask permission, and share with each other. It's the right and safe thing to do!

Now let's take the ROCKET PROMISE to be SAFE

Raise your hand and Repeat after me:

I promise (I promise)

To always use my 6 senses (to always use my 6 senses)

To stay safe (to stay safe)

....and don't forget! When you complete this lesson with your teacher, you will receive a special certificate for each of you.

I enjoyed visiting with you...see you soon!

QUESTIONS FOR THE STUDENTS:

- **What are some good things you might do with your hands?** (eat, hug your friends, play ball, draw a picture)
- **What are some bad things you should never do with your hands?** (push, poke, or hit another person)
- **Why shouldn't you push or hit another person?** (Disrespect. It's always wrong. Breaks rules.)
- **If you or someone you know gets hit or pushed, what should you do?** (tell your teacher, parent or trusted adult, don't hit back)

WASH YOUR HANDS

OFFICER SCRIPT— 6/22



ACTIVITY BOOK: PAGES 16-17

Hi Kids...

Today we're going to talk about **Washing Your Hands...**

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND Your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, let's talk about "WASHING YOUR HANDS"

Today we are going to talk about two very important things you can do to protect yourself and others from germs that can make you sick.

I know you probably do a bunch of things to stay healthy already. Like eating fruits and vegetables, drinking lots of water, exercising, and going to the doctor when you need to!

Two other things to keep yourself healthy are washing your hands...and covering your mouth and nose when you cough or sneeze.

But first, let's talk about GERMS! Germs are tiny little organisms that are everywhere around us. We can't see them without a microscope because they are so tiny.

But even though they're tiny, they can be powerful! And if they get into our bodies, some germs can even make us sick.

But you can protect yourself from bad germs if you wash your hands often and if you cover your mouth and nose when you cough or sneeze.

You've probably been told to do both of these things before, but let's talk about WHY we do them and HOW to do them the right way.

Let's start with number one. Wash your hands. Why do we do it?

Washing your hands gets rid of germs that can make you sick. And there are lots of different times to wash them.

You should wash your hands after using the bathroom or when you touch something you know is dirty, after touching doorknobs, after

petting an animal, playing outside, or playing with your toys, and definitely before and after you eat! We don't want to get germs in our mouth or on our face.

In fact, remember not to touch your eyes, mouth, and nose when your hands are dirty so germs don't spread...especially if you are feeling sick.

Not only does washing your hands protect you from germs, but it protects the people around you.

You can protect yourself and others by not touching other people when we are sick, or, when they are sick.

Keep your hands to yourself on the playground and in the classroom.

And remember to keep a safe distance from others when you are sick or your friends are sick....about 6 feet.

And if you are feeling sick, it is important to tell a parent, stay home, and go see a doctor if you need to.

Here's how to wash your hands to get rid of germs: wash them with soap and water for 20 seconds.

Here are the 5 steps to getting your hands clean.

First wet your hands with water, put soap on your hands, then scrub them, then rinse them and get all the soap off, then dry them with a towel.

When I wash my hands, I sing happy birthday twice! It's a great trick to make sure you are washing your hands for long enough to get those germs out of there. Wash inside, outside, and in between. Squeaky clean!

The second thing you can do to stop the spread of germs, is cover your mouth and nose when you cough or sneeze.

Why do we do that? Well, because it helps keep germs away from other people. This is an important step to make sure the people you love stay healthy, like your parents or grandparents!

Any time you cough or sneeze, you should cover your mouth and nose with a tissue, or the inside of your elbow.

Make sure you throw away any tissues you use in the trash

Be careful to never cough or sneeze into your hands! You don't want the germs to live there.

But, if you *do* cough or sneeze into your hands, don't worry, wash your hands immediately,

Remember, together we can help keep ourselves and the people we love stay healthy and safe.

Now let's take the ROCKET PROMISE to be SAFE

Raise your hand and Repeat after me:

I promise (I promise)

To always use my 6 senses (to always use my 6 senses)

To stay safe (to stay safe)

....and don't forget! When you complete this lesson, your teacher will receive a special certificate for each of you.

Thanks kids for letting me visit you in class today....It was great seeing everyone again. I'll see you soon!

REMEMBER TO USE YOUR 6 SENSES TO KEEP YOU SAFE!

QUESTIONS FOR KIDS:

- 1. When should you wash your hands?**
- 2. Can you see germs?**
- 3. How long should you wash your hands?**
- 4. What song should you sing when you wash your hands?**
- 5. What are the 5 steps when you wash your hands (wet, soak, scrub, rinse and dry)**

“SHARE YOUR FEELINGS”

OFFICER SCRIPT - 6/22

ACTIVITY BOOK PAGES: 18-19



Hi Kids, Today we're going to talk about “SHARE YOUR FEELINGS”

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes...but also if something is not safe, or poisonous AND Your VOICE lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, we are going to talk about our feelings. Every day we all have different kinds of feelings about things.

Sometimes we are very happy or excited...sometimes we feel sad, nervous, scared, or angry. Maybe someone is very sick in your family and you may feel worried.

If you lost your pet or someone took your bicycle you may feel sad or mad.

When you get to eat an ice cream cone, how do you all feel? Happy!

What if your ice cream cone dropped on the floor, how do you feel? Sad/Mad

If you lost your favorite toy, how would you feel? Sad/Mad

In every situation we can have different feelings...

It's ok to have all these different feelings. Sometimes our emotions/feelings are really BIG...VERY BIG. Like we get VERY MAD, OR VERY SAD, OR VERY WORRIED...when the feelings just won't go away and you can't stop feeling that way it's a good idea to talk to someone about it.

Share your feelings with someone you trust and makes you feel safe, someone who cares about you, listens to you, and can help you...like mom, grandparents, guardians, teachers, and others. When you keep it all to yourself it only makes things worse. Don't be afraid to share your feelings. When you share, you will feel better.

Before you get VERY MAD or VERY SAD..... Here are some special tools that can help you feel better when things are not quite right....

You can help yourself by using these tools...

–you can blow bubbles and take deep breaths to keep me calm (*ask students to take 3 deep breaths slowly*)

–you can “squeeze” each of your fingers for 3 seconds each

–you can draw a picture of something that makes me happy

–you can use your senses and think about 1 thing: you can see, 1 thing you can taste, 1 thing you can smell, 1 thing you can touch, 1 thing you can hear.

Remember to use my tools to help you calm down.

Remember, other kids have feelings too. Sometimes we get so angry or mad that we might do something, or say something that hurts someone else. We don't want to ever do that.

If you see someone at school that is sad or upset, go over to them and ask them if they are ok. Be a friend and listen to them. That shows them that you care. Tell them that you care about them.

Remember, everyone has feelings. Don't be afraid to ask for help and talk to someone right away. Share your feelings. Use my tools for being happy and calm when you need themHave a great day.... and remember I care about you!

QUESTIONS for KIDS:

- **How are you feeling today?** (sad, happy, angry)
- **What are some different kinds of feelings?**
- **What happened today or yesterday that makes you happy** (or sad, scared, angry)?
- **If you are feeling a little sad, who can you talk to?** (friend, teacher, parent)
What's something you can do to help you feel better?

“NO BULLY ZONE” and “WERE YOU KIND TODAY?”

OFFICER SCRIPT – (6/22)



ACTIVITY BOOK PAGES:

No Bully Zone - Page 20

Were You Kind Today? - Page 21

Hi Kids, Today we're going to talk about “NO BULLY ZONE” and “WERE YOU KIND TODAY?”

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose -- your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes...but also if something is not safe, or poisonous AND Your VOICE lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now for today's lesson.... I'd like to talk to you about something very important: the problem of bullying at school and in the neighborhood. No one should pick on you...because of your hair color, skin color, or what you are wearing. We should always respect people for who they are. We want to be kind to everyone.

Unfortunately, some kids are not kind.

Sometimes kids can be really hurtful and mean. They tease you and make fun of you...and continue to do it over and over again and won't stop. This is called Bullying.

Bullies often pick on smaller kids and kids who look different from them...

Also, a bully might hit you for no reason, take your lunch money.... Tell lies about you.... or call you names like loser or stupid....

This is very mean...and very wrong. It's very sad.

If you are bullied, it can make you feel worried and anxious, and not sleep at night.

Bullies can be boys or girls, of any age and any race or color. Bullies make you feel bad and unsafe.

Maybe you wonder why bullies do these things? Bullies don't feel very good about themselves.

They often feel angry and want to control you. This makes them feel powerful. They do this on purpose.

They want you to feel BAD so they can feel GOOD.

Anyone, any age, can GET bullied and it can happen anywhere.

If you GET bullied..... here's what to do....

Tell the bully to "STOP" ...then WALK AWAY.... and TELL An ADULT YOU CAN TRUST.... like your teacher, an adult on the playground, your parents or guardians. The things a bully says or does may make you really mad...but, never fight with the bully. Always walk away.

Bullying can happen at school or in the neighborhood, but it can also happen on a computer or cell phone. This is called cyber-bullying.... The bully may say mean things or make up things about you on the internet. Don't email or message them back.

Remember, immediately TELL YOUR PARENTS or an adult you trust like your teacher.

And, if you SEE someone being bullied, what should you do?

... it's important for YOU to stand up for THEM.

You have to tell the bully to "STOP" not saying anything can make things worse AND they will keep doing it. Then, go tell an adult you trust right away!

Bullies need help too... They need to talk to adults and school counselors, so they learn how to treat others with kindness.

Now let's talk about how to be KIND:

What can we do to be KIND, and show kindness to others? One way is to say nice things to them and ask them to play with you.

–it makes the other person feel so nice...and you will too.

Here are some kind words you can say or ask someone

– Let's eat together

- You are special
- You are smart
- You are a good friend
- I like you
- Can I help you?
- Are you ok?
- You are nice

If you say something mean and hurtful, like:

- You are stupid
- You are not my friend

- You can't play with me
You must apologize immediately. And say I'm sorry.

Kind kids don't use these mean words or do mean things to other kids.

Remember, always treat people with kindness and respect. It brings people together and it's the right thing to do.

And apologize if you say something hurtful.

We are not all the same, but that's what makes us so special.

We should always Respect people for who they are.

HAVE A KIND HEART! Together we can put a STOP to Bullying!

QUESTIONS FOR KIDS:

- If someone is bullying you or treating you badly, what should you do?
- If you see someone being bullied, what should you do?
- Why do bullies do these things?
- What should you do if you are bullied on your computer or on the cell phone?
- Why should we say nice things to people?
- What are some kind things to say?

DIAL 9-1-1 AND KEEPING YOU SAFE

OFFICER SCRIPT (06/22)



Activity Book: Page 22: 9-1-1; Page 13: Keeping You Safe

Hi Kids...

Today we're going to talk about 9-1-1 and Keeping You Safe.

Before we start a new lesson, let's review our 6 senses and how our senses keep us safe every day.

Can everyone follow me?

SIGHT - Everyone blink your eyes 3x – your eyes watch for things around you to keep you safe

HEARING - Point to your ears – your ears hear sirens and cars coming too!

SMELL - Point to your nose your nose smells things like a hot pizza or maybe even a burning fire!

POINT TO YOUR MOUTH - Your sense of taste lets you know how good ice cream tastes..but also if something is not safe, or poisonous **AND Your VOICE** lets you shout for help when you need it!

WIGGLE YOUR FINGERS - That's your sense of touch! your fingers will let you know if things are too hot, or dangerous to touch.

AND THE 6TH SENSE -- is that feeling in our tummy that something might feel unsafe...if this happens to you immediately tell an adult you trust like a teacher, parent or guardian...

That's great! That's our 6 senses review.

Now, we're going to talk about 9-1-1. 9-1-1 are the numbers that you push on your phone when you need help in an emergency.

Raise your hands if you have heard about calling 9-1-1 and when we use it?
Great.

We use it in REAL emergencies. Real emergencies are things like a car accident, someone is seriously hurt, you see a crime, or if someone in your house is sick and needs an ambulance.

**2 thumbs up if you ever heard a police car siren and seen it with its lights flashing? the police are on their way to a REAL emergency to help someone.... because someone called 9-1-1.*

There are many times you DO NOT call 9-1-1.....It must be a REAL SERIOUS EMERGENCY....

If you lose your shoes or if your TV doesn't work..do not call 9-1-1

...I'm going to ask you some questions....Give me 2 thumbs up or 2 thumbs down if you should call 9-1-1...

—if you lose your toothbrush, should you call 9-1-1? Right. 2 thumbs down. It's NOT an emergency.

If your bicycle has a flat tire...should you call 9-1-1.Right, 2 thumbs down, this is NOT a REAL EMERGENCY

If your house is on fire, should you call 9-1-1? Right 2 thumbs UP. This is a REAL EMERGENCY!

If you see someone breaking into a house and stealing things, should you call 9-1-1? Right 2 thumbs up. If someone is breaking into your house, get out (if you can) or hide somewhere SAFE before you call 9-1-1.

In a REAL emergency, no matter where you are, no matter what time of the day or night, you can always call 9-1-1 from any phone a friendly operator will answer right away...and will send help.

Some of the questions the friendly 9-1-1 operator may ask you are:

- **What is your emergency?** (officer asks students to name some emergencies)
- **What is your address?** (officer asks how many know your address?)
- **Can you describe what you saw or what does the person look like?** (officer tells children examples, such as: "I saw a car accident, or my mother fell down and hurt her leg)

Make sure you answer their questions CLEARLY and CALMLY so the 9-1-1 operator can hear you, and send help to the right place!

The 9-1-1 operator will tell you to Stay on the phone and Don't hang up while they are sending someone to help you right away! Your heart may be beating fast...but STAY CALM because help is on the way! Remember the 9-1-1 operator is your friend.

There are many times you should not call 9-1-1..... if your brothers or sisters make you mad, or if your parents make you mad, if your TV doesn't work.....Don't call 9-1-1. It must be a REAL SERIOUS EMERGENCY....

Now, let's talk about the people that can help you with your emergency.

In an emergency, different people may help you.....

Sometimes it may be a fireman or paramedic, and many times it's a police officer... all police officers help keep you safe, and you can trust. They are brave and they all care and want to help you.

Now here's a little information about my job and what I do every day:

(OFFICER CAN SHARE A BIT ABOUT THEIR JOBS, AND THEIR FAMILY)...**You can find me around school, in your neighborhood, and on the streets. EXAMPLE:**You all may have seen my special police vehicle but some officers may be walking, on a motorcycle, riding a bicycle, or even on a horse! Both men and women can be police officers. We all wear special uniforms, badges, and carry special equipment for all situations.**I use walkie talkie/calls, go to emergencies...and make many quick decisions every day, helping people everywhere...including kids just like you!**

If you need help, tell a police officer. Use your voice- or walk up to them and tell them how you need them. If it's an emergency, yell to them for help. Tell them "I NEED HELP...." Remember, police officers are your friends.

Let's practice that together! "I NEED HELP"

1, 2, 3... kids: "I NEED HELP!!"

Time for a Review. Ready?

Give me 2 thumbs up or 2 thumbs down if you should call 9-1-1...

—if you lost your toothbrush, should you call 9-1-1? Right. 2 thumbs down. It's NOT an emergency.

If your bicycle has a flat tire...should you call 9-1-1.Right, 2 thumbs down, this is NOT a REAL EMERGENCY

If your house is on fire, should you call 9-1-1? Right 2 thumbs UP. This is a REAL EMERGENCY!

If you see someone breaking into a house and stealing things, should you call 9-1-1? Right 2 thumbs up.

Remember, the 9-1-1- operator is your friend and WANTS to help. The operator is there to gather all the information about the emergency so the right kind of help can get to you immediately.

Always STAY CALM. Do NOT be afraid to talk to the 9-1-1 operator.

If you can't call 9-1-1, there are many people that can help you...including police officers. Use your voice to yell: I need help! So the officer or an adult you trust can help you!

Before I go today, I want you all to answer together - What phone number do we call in an emergency? On the count of 3... (9-1-1) THAT'S RIGHT!

That was great kids. Give yourselves a BIG HAND for listening and learning about Dialing 9-1-1 in emergencies.

Now let's take the ROCKET PROMISE to be SAFE

Raise your hand and Repeat after me:

I promise (I promise)

To always use my 6 senses (to always use my 6 senses)

To stay safe (to stay safe)

....and don't forget! When you complete this lesson. Your teacher will have a special certificate for each of you

Thanks kids for letting me visit you in class today....It was great seeing everyone again. I'll see you soon!

REMEMBER TO USE YOUR 6 SENSES TO KEEP YOU SAFE!

