STAY WITH YOUR BUDDY

KEY SENSE: Eyes. Review all 6 senses with your students. **GOAL:** Students will learn that staying with a buddy keeps them safe.

OBJECTIVES:

Students will

- explain why staying with a buddy is important.
- list specific situations where buddies can be helpful.
- identify physical descriptions of themselves and their buddy.
- describe what people look like in the event they are lost, separated, or need to

report a crime or concerning activity.

MATERIALS NEEDED:

• Sense of Safety & Beyond! Activity Book - Page 1. Available online to print for each student: TOOL KIT: https://rocketrules.org/sense-of-safety-and-beyond-materials/

- Crayons and pencils. Review all Senses.
- Overhead projection of activity (optional)

SUGGESTED SCRIPT:

Today we're going to learn about how important it is to have a buddy to help stay safe AND how to describe them. A buddy is someone in your class, like a friend. Together you WATCH OUT for each other. You can have different buddies walking to and from school, in class or on the playground. At all times, you are watching out for each other and keeping each other safe.

It's really important to know how to describe your buddy in case you get lost or separated, so let's do a little experiment.

Bring two kids to the front of the class and discuss their differences and similarities (physical, hair color, eye color, height, and clothing). If you are unfamiliar with the students, please ask the teacher to recommend students that would be comfortable participating in this activity.



Knowing what your buddy looks like is very important. Now we're going to use our eyes to help us. Everyone "blink" your eyes three times.

You **use your eyes** to see what your buddy looks like. Your buddy could look very different from you. Now, close your eyes and see if you can remember what the 2 kids at the front of the class are wearing and look like.

Now that you know what your buddy looks like, let's discuss a real situation where your buddy can help you and you can help them.

If you and your buddy are on a street corner you can both look left, right, left and watch out for traffic. You are both watching out for each other. If you walk near an alley with trash and broken bottles, you can tell your buddy to stay away and explain "we might get hurt". You might see something your buddy did not see, or they may see something dangerous that you did not see.

ACTIVITY:

• Tell students to look for a buddy in the room. It COULD be the person next to them. Make certain that each student has a buddy and that no one is left out. If needed, you can be someone's buddy.

• **Use your eyes** to help you draw a picture of you and your buddy. Remember, be sure to draw what you see -- their hair, eyes, clothing, shoes, etc. *Walk around the classroom as students draw and provide positive feedback.*

ASSESSMENT/REFLECTION QUESTIONS:

After the children have finished the lesson ask these reflection questions below to help emphasize what they have learned: Emphasize senses used.

• Why is it important to always have a buddy? (safety, watching out for each other)

• Can you describe your buddy? What color hair and eyes do they have? What does their clothing look like? How tall are they? How old are they? Any other things do you see?

- Which sense did we learn about today?
- Can you name a situation where your buddy can be helpful? (crossing street)

REMEMBER: Please fill out the quick survey (1-2 min) following this presentation. Go to Tool Kit page: https://rocketrules.org/sense-of-safety-and-beyond-materials/

STAY WITH YOUR BUDDY Always have a buddy and be a buddy. Watch out for each other.



