

# FIND SAFE PLACES AND PEOPLE

**KEY SENSE:** Eyes, Ears, Nose, 6th sense

(Review all 6 senses with your class).

**GOAL:** Students will learn how to identify and distinguish between people and places that are safe versus unsafe.

## OBJECTIVES:

Students will

- identify people who are unsafe and understand the importance of avoiding them.
- recognize “trusted adults” who can help when needed.
- distinguish unsafe places in order to avoid them.
- recognize what places are safe and then make the safe choice.
- activate their situational and sensory awareness skills.

## MATERIALS NEEDED:

- ***Sense of Safety & Beyond!* Activity Book - Pages 10 and 11.** Available online to print for each student: **TOOL KIT:** <https://rocketrules.org/sense-of-safety-and-beyond-materials/>
- Crayons and pencils. Review all 6 senses with class.
- Overhead projection of activity (optional)
- Write the words FIND SAFE PLACES AND PEOPLE on the board

## SUGGESTED SCRIPT:

Let's take a few minutes to pretend. Pretend you are walking to school or to the park and you see a “stranger” who offers you candy or wants to speak to you away from other kids. What do you do? Right. You always stay away from a stranger. If you do not know the person, stay away from them. You might even have a funny feeling in your stomach. That funny feeling is your **6th sense** telling you that this person is not safe.



Today we are going to learn about the difference between a safe and unsafe person and a safe and unsafe place. This will help you when you are walking to and from school, in your neighborhood, or at a park. If you get lost or separated and find yourself alone and need help, you can find the safest place or person to help you.

We are going to use our **eyes, ears and nose** to help us. Everyone “blink” your eyes three times. Now “wiggle” your nose like a rabbit three times. Now “pull on” your ears three times. Very good! If you ever need help, look for a trusted adult like a police officer, a teacher, a doctor, or a nurse. Who else can be a trusted adult? (a crossing guard, or a parent)

**Look at page 11.** Let’s help Rocket find the way home from school. On your way home you have a choice -- you can walk on railroad tracks used by trains or walk on the sidewalk? Which is the safer way to go? Yes, that’s right, the sidewalk is the safer way.

Next, with your **eyes** you can see a market and you see and smell a trash can. Would you and Rocket go towards the market where there are lights and cameras, or would you go towards the smelly trash can? Which way is the safest? (Market is well lit. The trash can may have broken glass or sharp objects that could hurt you.)

Now, as you are walking home, your **ears hear** the noise from the construction area and you **see** a hospital. Which is the safest place to go? You should go to the hospital. The construction area has lots of heavy and dangerous equipment.

Congratulations! You helped Rocket find the safest way to get home. You had choices, and you always made the safe choice avoiding dangerous places and dangerous people (strangers).

#### **ACTIVITY:**

- **On page 10**, there are pictures of safe people and unsafe people. In each box, color the smiley face if people are safe. Color the sad face if the people are not safe.
- **On page 11**, there are pictures of safe places and unsafe places. In each box, color the smiley face if places are safe. Color the sad face if the places are not safe.

#### **ASSESSMENT/REFLECTION QUESTIONS:**



















- Who are safe people in your life? Are there any unsafe people you’ve seen or met? (*Be prepared if a child discloses an unsafe person in their home.*)
- What makes someone a safe person? (trusted adult) An unsafe person? (stranger)

- How do you feel when you're with a safe person? An unsafe person? Where in your body do you feel these sensations? (6<sup>th</sup> sense)  
What makes a place safe? What makes a place unsafe? What might you hear, see, smell or feel in an unsafe place?
- Where are some safe places you can go in your town?
- Is it safer to walk near a well-lit market with cameras or a trash can? Is it safer to be near a hospital or a construction zone?

**REMEMBER: Please fill out the quick survey (1-2 min) following this presentation. Go to Tool Kit page: <https://rocketrules.org/sense-of-safety-and-beyond-materials/>**

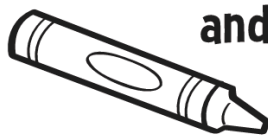
# FIND SAFE PEOPLE AND PLACES

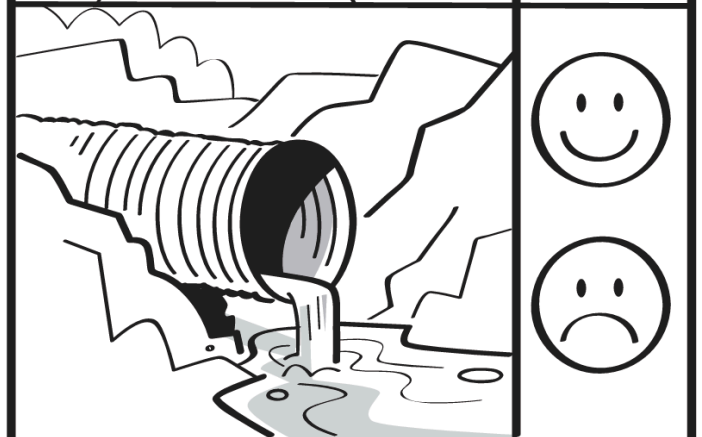
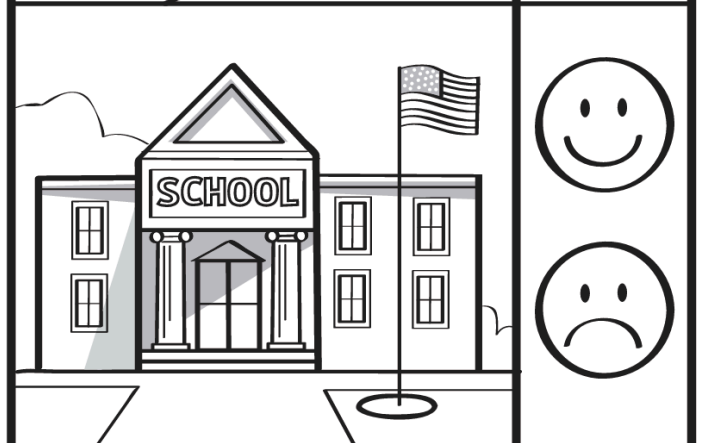
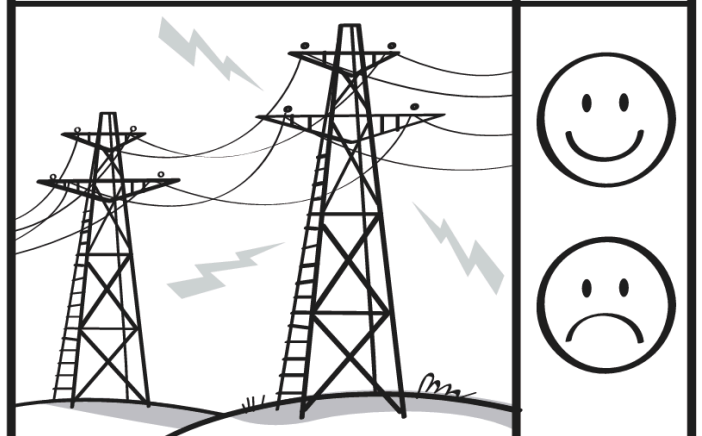
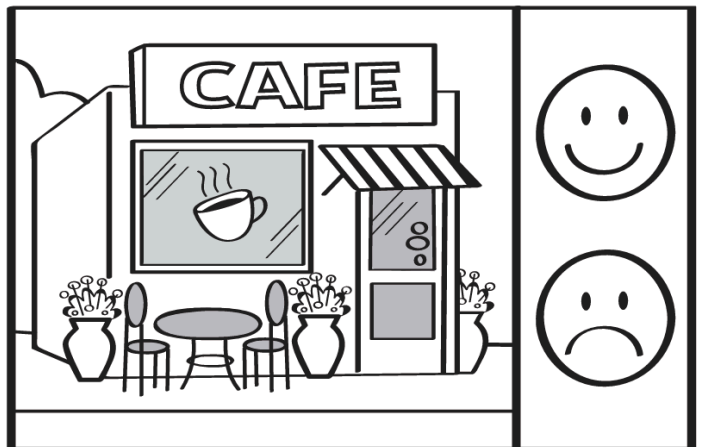
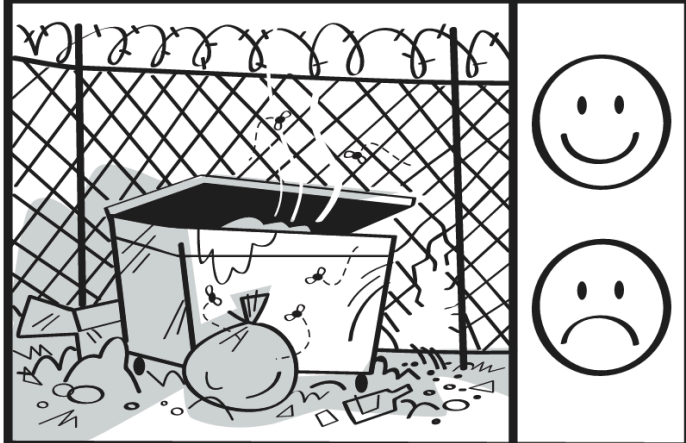
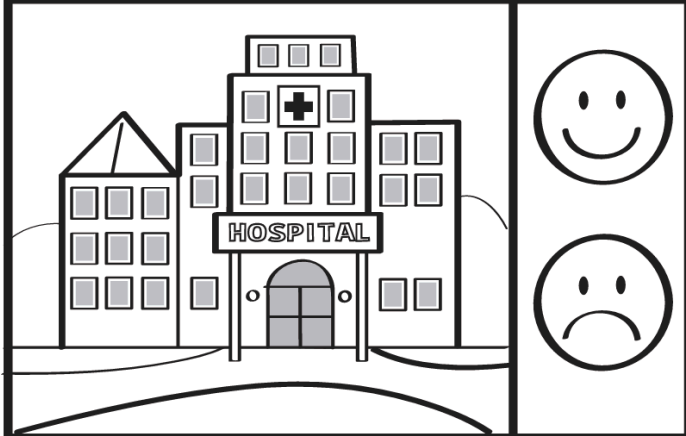
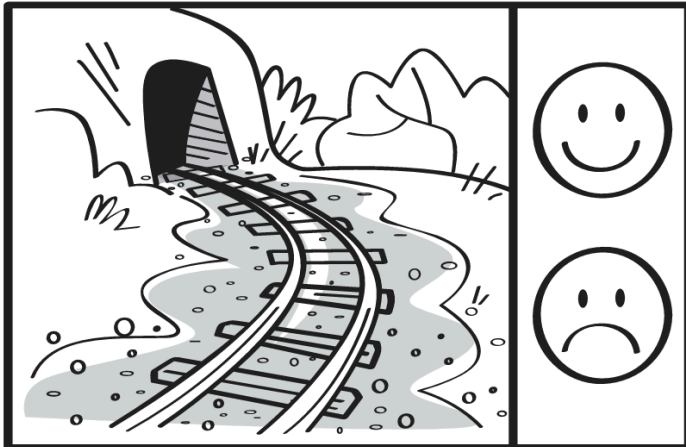
There are people and places that are safe and others that are not safe.



Color the smiley face if people are **SAFE** and the sad face if **NOT SAFE**.





Color the smiley face if places are SAFE and the sad face if NOT SAFE.



# Congratulations!

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For Completing the lesson  
Find Safe Places and People

You're a Rocket Rules  
Safety Super Star!



Instructor signature \_\_\_\_\_

Signature Rocket  \_\_\_\_\_ Date \_\_\_\_\_