

HOW TO BEGIN:



Each lesson should take approximately 20 minutes, with only writing and coloring utensils needed. Teach as many lessons as possible over several visits to the classroom. While it is not necessary to present the lessons in the order listed, please begin with the Officer Introduction. Feel free to adapt and expand upon any of the instructions below.

The lessons provided were developed for PreK-2nd grade to meet National Health and Common Core Academic Standards.

The goal of the *Rocket's Sense of Safety & Beyond!* is to promote knowledge that leads to informed split-second decisions in a variety of surroundings to keep kids safe at all times.

Each lesson should begin with a review of the **6 Senses** which serves as the foundation for developing a child's awareness skills and safe decision making.

OFFICER INTRODUCTION

Your tone:

- Be friendly and caring. Smile.
- Use simple concepts and words.
- These are serious subjects presented in a calm, engaging way.
- Instill knowledge and confidence.

Make sure you introduce yourself every time you visit a class. Write your name on the board. The following can assist with your introduction.

Hi everyone. I'm officer _____. It's great to be at _____ elementary school, with Ms./Mr. _____ class. I'm excited to see all of your smiling faces!" I have a family, kids, and dogs/pets" (share some personal information to help connect with the students).

A police officer is someone you can always trust when you need help or in any emergency.

Today I'm here to talk about how your 6 senses help you stay safe at all times. My friend Rocket will also help.

NEXT: INTRODUCE THE LESSON FOR YOUR VISIT

END EVERY LESSON WITH:

Thank the teacher and the class. Give high 5's, congratulations, etc. on a job well done!

*Remind the students that they will be a member of Rocket's Safety Squad. REMEMBER, I CARE ABOUT YOU... and so does ROCKET. Use your senses: **eyes, nose, ears and other senses**.... And use your sense of safety, **every day** to keep you safe. Practice these safety ideas every day with your teacher and family. If you see me around school, give me a big wave!