



# SENSE OF SAFETY & Beyond! Lesson Plan

Topic to Teach: Locate Your Exits grades: K-2

Length of lesson: 30 min

**Goal:** students will be able to identify exits, their purpose, and when to use them.

## Objectives:

- To identify the two fastest ways out of wherever you are
- Understand exits are everywhere
- Some exits have signs, some do not
- Learn there are different kinds of exits including doors and windows

## Vocabulary:

*Discuss these terms prior to the lesson:*

Exit  
Emergency

## Materials:

1. "I Can" statement printed and cut out
2. Sense of Safety & Beyond Activity book - Pages 8 and 9
3. Crayons and pencils
4. (Optional) Projection of lesson

## "I Can" statement:

*Display and read the "I Can" statement before and after lesson delivery.*

I can locate Exits!

## Attention Grabber

Tell the students to listen very carefully to the story about Rocket. You will be asking what SENSES he used in the story.

*Rocket was going to a friend's house after school. His mom was going to help them cook their very own pizzas! Rocket put pepperoni and peppers on his pizza. While they were waiting for the pizzas to cook, they went to the basement. All of a sudden, they smelled smoke and heard the smoke alarm! Quickly, Rocket and his friend went up the stairs. They could see that the path to the sliding door was clear and they went out the door. His friend's mom came outside and said it was only a burning pepperoni and it was safe now, but it was a good thing they used their senses and found an exit!*

Ask the students to put their thumbs up if Rocket used these senses to recognize danger and find an exit or thumbs down if he didn't use the sense.

*Did Rocket use smell? (Thumbs up)*

*Did Rocket use hearing? (Thumbs up)*

*Did Rocket use touch? (Thumbs down)*

*Did Rocket use sight? (Thumbs up)*

*Did Rocket use taste? (Thumbs down)*

*Did Rocket use his 6th sense? (Thumbs down)*



# SENSE OF SAFETY & Beyond! Lesson Plan

Lesson: Activity Book, Pages 8-9

## Lesson

We are going to use our eyes to help us. Everyone “blink” your eyes three times... Ok. Use your EYES and LOOK around the room. Can you count how many exits there are in the room? (Call on one child and ask them to show you two different Exits.)

One of the first things you should do when you enter a place is look for your ways out. An Exit can be a door, a window, or a gate. You should always find at least two ways out, in case you need to get out fast. You may have to leave quickly if there is a fire or any kind of emergency.

Remember, not all Exits have signs. Some Exits may be behind you and others could even be above you! Remember if you are in class, your teacher will help keep you safe. Follow their directions to the safest Exit.

K-1st grade: Now go to pages 8 and 9. We are going to look for Rocket’s Exits. In each picture, draw a line from Rocket to his two closest Exits. Start with the class then go to the theater.....

Then on page 9, go to the stadium and lastly go to the restaurant. Remember to find at least 2 Exits in each picture.

2nd grade: On pages 8 and 9, draw lines from Rocket to his two closest Exits. Study the pages. Discuss with class why some Exits are better than others.

## Extended Thinking

- What is an Exit? How can you tell?
- Can you spell the word “Exit”?
- When should you start to look for your Exits?
- What might you hear, see or smell in one of these places (classroom, movie theater, stadium, restaurant) that would be a clue that you need to go quickly to your nearest Exit?
- Who can point to the Exits in this room and tell the class where the Exits are?

## Standards

5.2.1 Identify situations when a health-related decision is needed.

CCSS.ELA-LITERACY.SL.K.2 Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

CCSS.ELA-LITERACY.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.



I can locate  
Exits!

**VOCABULARY**

Exit

Emergency

# Congratulations!

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For Completing the lesson

## Locate Your Exits

You're a Rocket Rules  
Safety Super Star!



Instructor signature \_\_\_\_\_

Signature Rocket  \_\_\_\_\_ Date \_\_\_\_\_