



SENSE OF SAFETY & Beyond! Lesson Plan

Topic to teach: Keeping You Safe: grades: K-2

Length of lesson: 30 min

Goal: Children learn that police officers are always ready to help you.

Objectives:

- Understand how police officers help in different situations
- Recognize the importance of police officers to our community to keep us safe.
- Name police officers as trusted adults
- Understand that police officers are your friends

Vocabulary:

Discuss these terms prior to the lesson:

Police officer	Trusted adult
Community	Motorcycle
Police car	

Materials:

1. "I Can" statement printed and cut out
2. Sense of Safety & Beyond! Activity book - Page 13
3. Crayons and pencils
4. (Optional) Projection of lesson

"I Can" statement:

Display and read the "I Can" statements before and after lesson delivery.

I can stay safe!

Attention Grabber

Tell the students to listen very carefully to the story about Rocket. You will be asking what SENSES he used in the story.

Rocket and his friend Damon were riding their skateboards to the skate park when suddenly, Damon hit a rock and fell on his leg! Rocket tried to help Damon up but he was too hurt to even stand! Rocket knew he needed help. He looked around. Rocket saw a police car and two officers standing outside nearby. "Help! Help us! My friend is hurt!" The officers heard Rocket and ran over right away. They had a first aid kit and called Damon and Rocket's families right away. The officers were friendly and stayed with Damon until his parents could take him to the doctor. They said Rocket did the right thing by calling out for help!

Ask the students to put their thumbs up if Rocket used the sense to help his friend stay safe.

Did Rocket use smell? (Thumbs down)

Did Rocket use hearing? (Thumbs down)

Did Rocket use touch? (Thumbs down)

Did Rocket use sight? (Thumbs up)

Did Rocket use taste? (Thumbs down, but he did use his mouth to call for help!)

Did Rocket use his 6th sense? (Thumbs down)



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Lesson: Activity Book, Page 13

Lesson

Have you ever seen a police officer on a motorcycle or in a car? What was happening? They are there to help someone just like you. Their job is to help keep you safe.

Police officers are people you can trust. They are your friends. They are also very brave no matter how scary a situation is.

They can help you in many ways. For example, if you see a car accident, if someone is injured or if someone is lost. Their job is to help people everywhere. Remember to LOOK for police officers if you need help.

The second they get a call, they head right out to help. When you're with them, you are safe. You can find them around school and in your community.

Sometimes they are walking, sometimes you will see them on a motorcycle, or in a special Police Car. Both men and women are police officers. They wear special uniforms and carry special equipment for all situations. Now, color page 13 and remember, you can trust the police, they are there to help you.

If you need help, tell a police officer by using your voice. You may need to yell out to them, or walk up and tell them how you need them. Let's practice saying "I need help!" Turn to a buddy and practice!

Remember, police officers are your friends.

2nd grade: Discuss different ways you can find and identify police officers. (Calling, looking for lights and sirens, going to locations where you know they are like a police station, school, or police car)

Extended Thinking

- When you need help, who can you always trust? (police, teachers, parents)
- Do you know any police officers?
- Can men and women be police officers? What do police officers wear? (Yes both can be police officers, uniforms)
- Why are police officers important? What is their main job? (Help, Safety)

Standards

5.2.2 Differentiate between situations when a health-related decision can be made individually or when assistance is needed.

CCSS.ELA-LITERACY.SL.K.2 Confirm understanding of a text read aloud or information presented orally or through other media by asking and answering questions about key details and requesting clarification if something is not understood.

CCSS.ELA-LITERACY.SL.1.2 Ask and answer questions about key details in a text read aloud or information presented orally or through other media.

CCSS.ELA-LITERACY.SL.2.2 Recount or describe key ideas or details from a text read aloud or information presented orally or through other media.



I can stay safe!

VOCABULARY

Police Officer

Trusted Adult

Community

Motorcycle

Police Car

Congratulations!

For Completing the lesson

Keeping You Safe

You're a Rocket Rules
Safety Super Star!



Instructor signature _____

Signature Rocket  _____ Date _____