



The Hero In You Foundation presents

# Rocket's HURRICANE SAFETY ACTIVITY BOOK



In Partnership with



**Hi! I'm Rocket!**

**Today we are talking about hurricanes!**

**Hurricanes are powerful, dangerous storms with lots of wind and rain.**



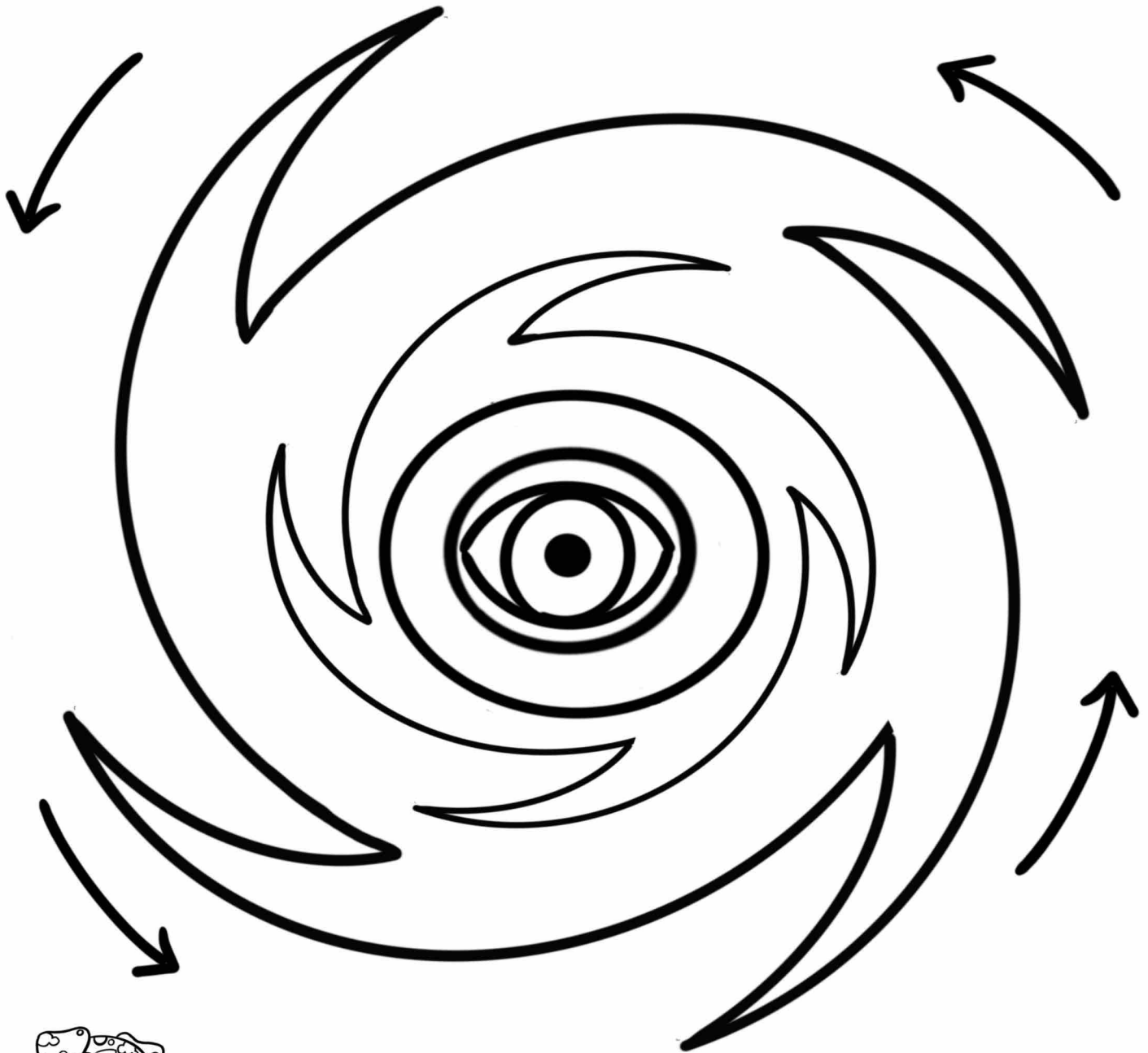
**Finish all the activities in this book and YOU can be one of  
Rocket's Hurricane Heroes!**

# PARTS OF A HURRICANE

👁️ The eye is the calm part of the hurricane.

👁️ The eye wall contains the strongest and most dangerous winds.

☁️ Winds will be greater than 74 miles per hour.



Color the eye wall black



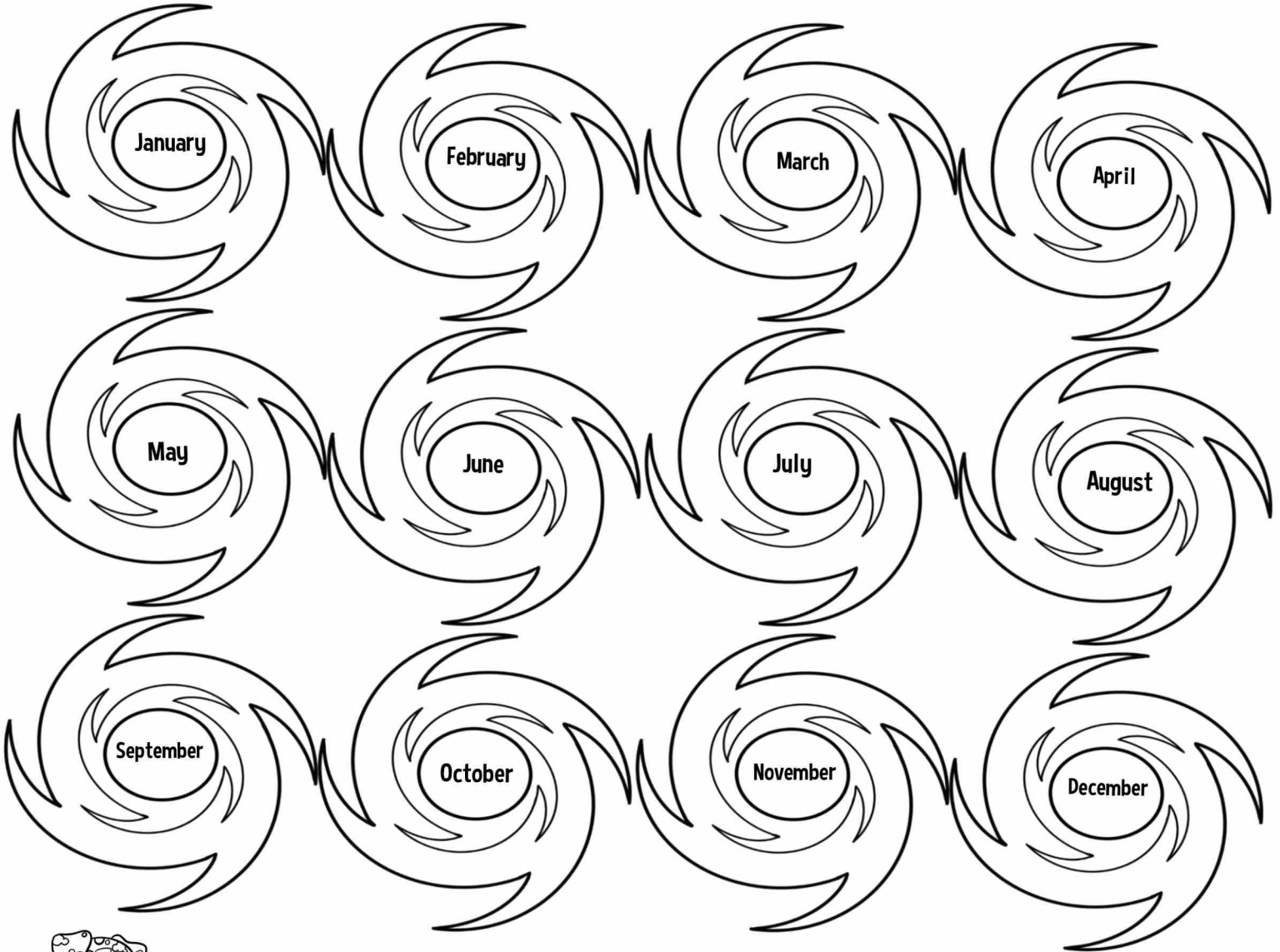
Color the eye blue



Color the pinwheel any color

# HURRICANE SEASON

Hurricanes are possible June through November. They are **MOST** likely in August, September, and October. The peak of hurricane season is September (Labor Day).



Color the pinwheels **RED** that show when hurricanes are **MOST** likely to happen.  
Color the pinwheels **GREEN** to show when it is not hurricane season.

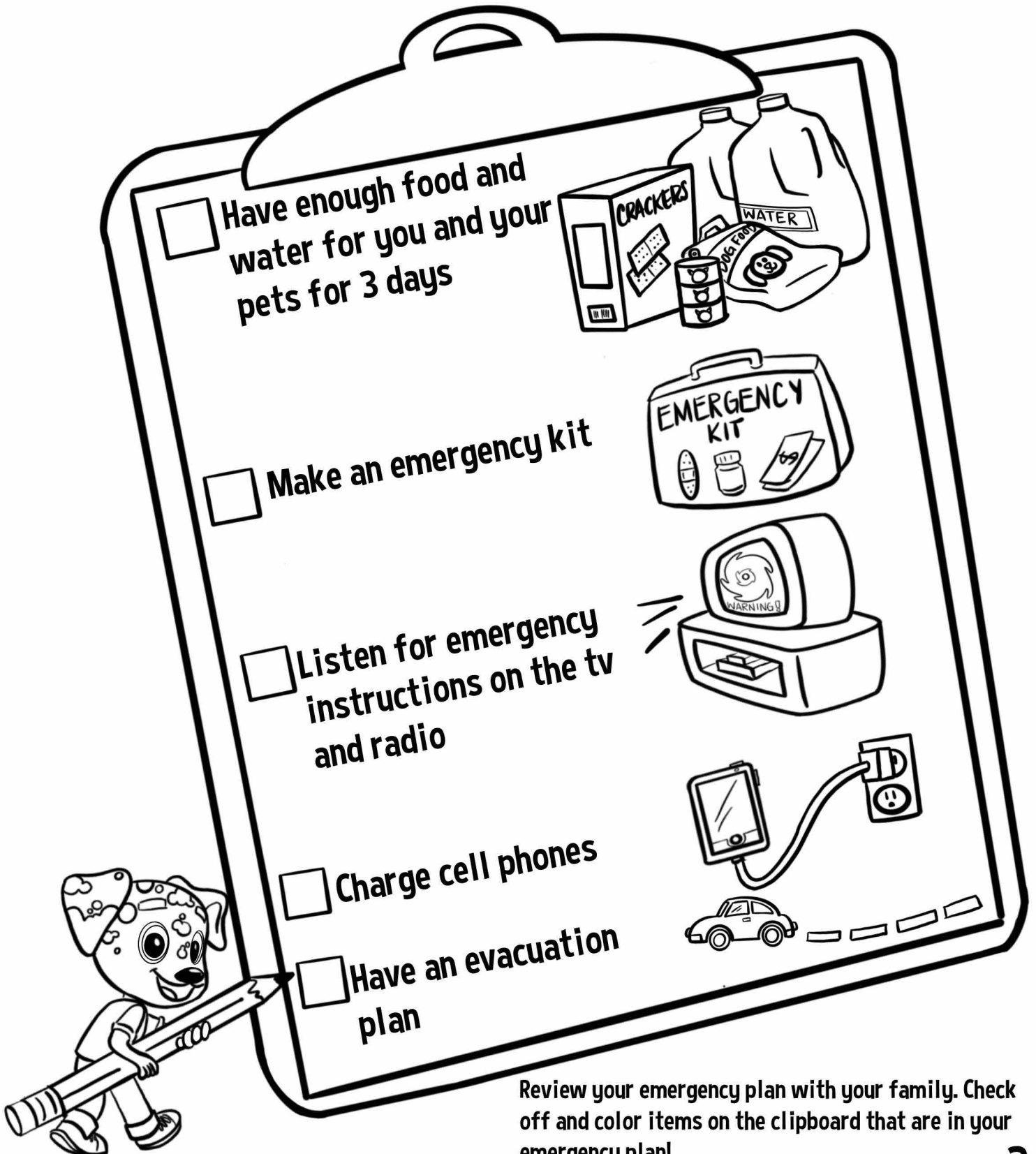


Hurricanes take place on the Atlantic Coast of the U.S. and the Gulf of Mexico



# GET READY: HAVE A PLAN

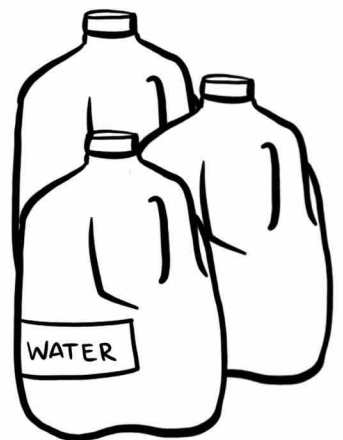
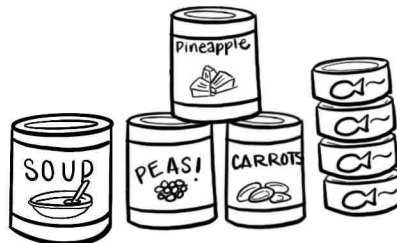
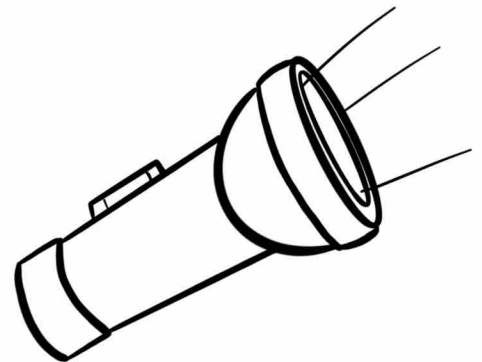
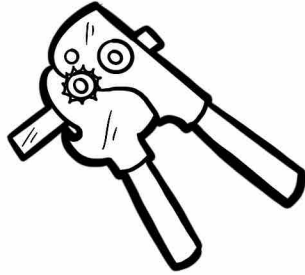
To be prepared, get your family together and create a family emergency plan. Don't forget your pets!



Review your emergency plan with your family. Check off and color items on the clipboard that are in your emergency plan!

# PREPARE A KIT

It's important to prepare your Hurricane Emergency Kit so it's ready when you need it.



4

Color the items that should go in your family's hurricane emergency kit.

# MY EMERGENCY CONTACT LIST



## MY INFORMATION:

Name:

Birth Date:

My Address:

Meeting Spot:

My Phone #:

Medical Conditions:

Allergies:

Medications:

## EMERGENCY NUMBERS :

Police:

Parent/Guardian Phone:

Parent/Guardian Phone:

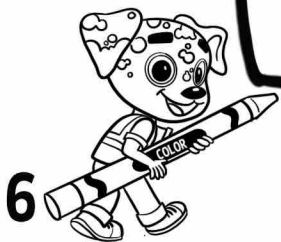
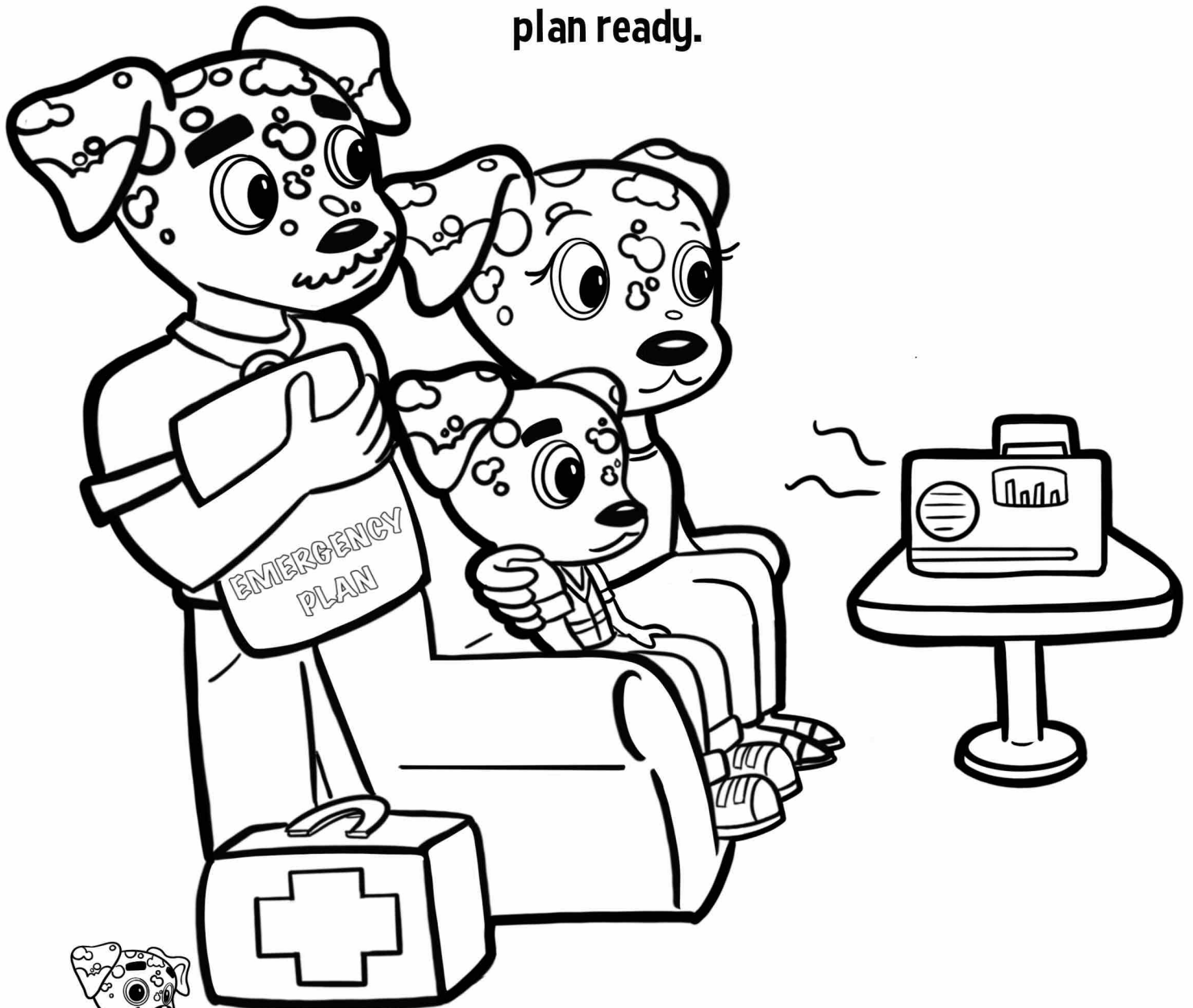
Relative Phone:

Neighbor Phone:

# PAY ATTENTION TO HURRICANE ALERTS

## HURRICANE WATCH

means a hurricane is possible. **LISTEN** for important information on local radio, TV News, or NOAA Weather Radio. Have your emergency plan ready.



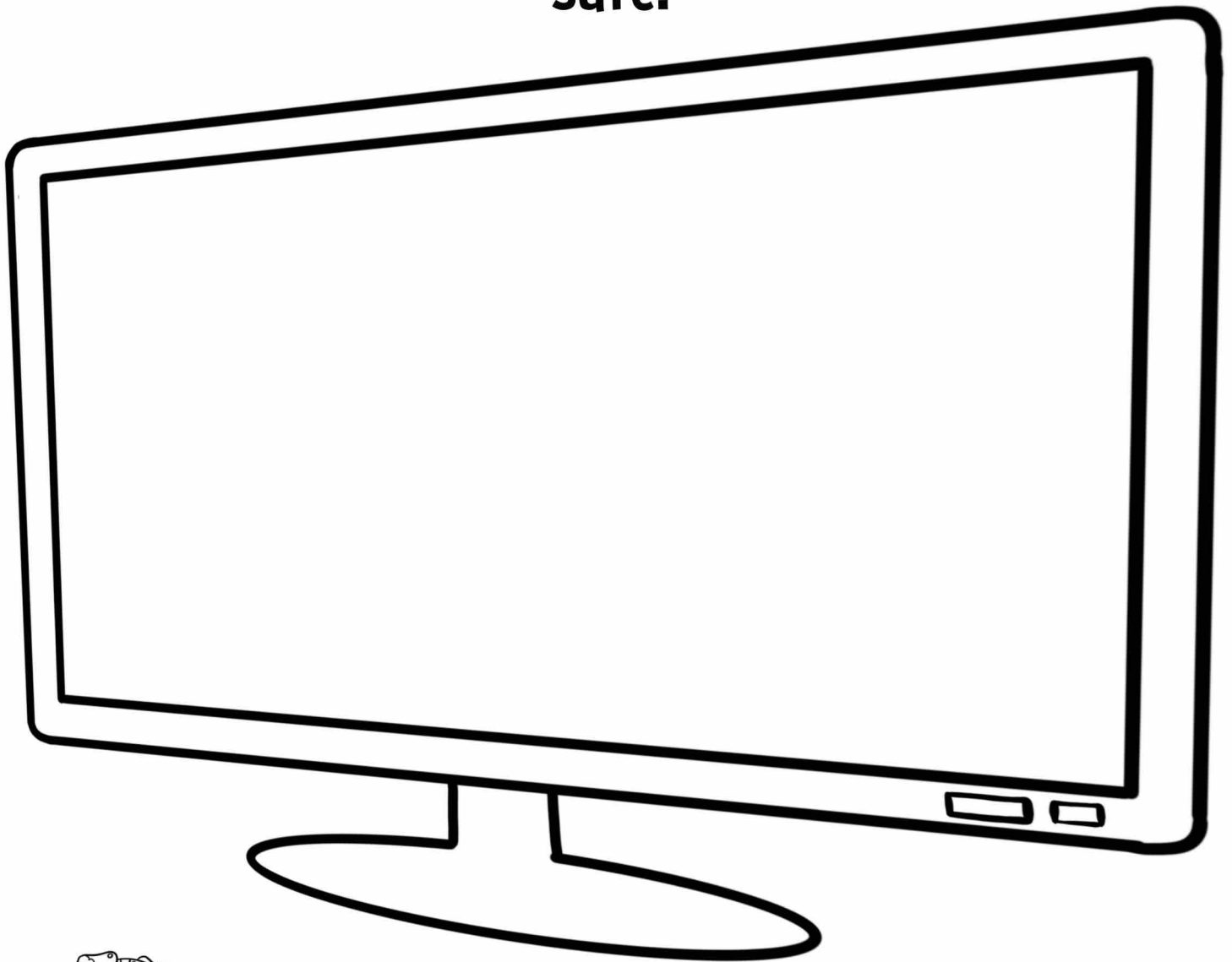
Color Rocket and his family listening to the news.





# HURRICANE WARNING

means that a hurricane is **EXPECTED** in your area. **FOLLOW** your hurricane safety plan. **LISTEN** to the local authorities. If they tell you to leave, you must leave with your family and pets to stay safe.



Draw a hurricane and a TV newscaster giving important information.

# STORM SURGES

## STORM SURGE

means water from the ocean is being pushed to the shore by powerful winds of the hurricane.

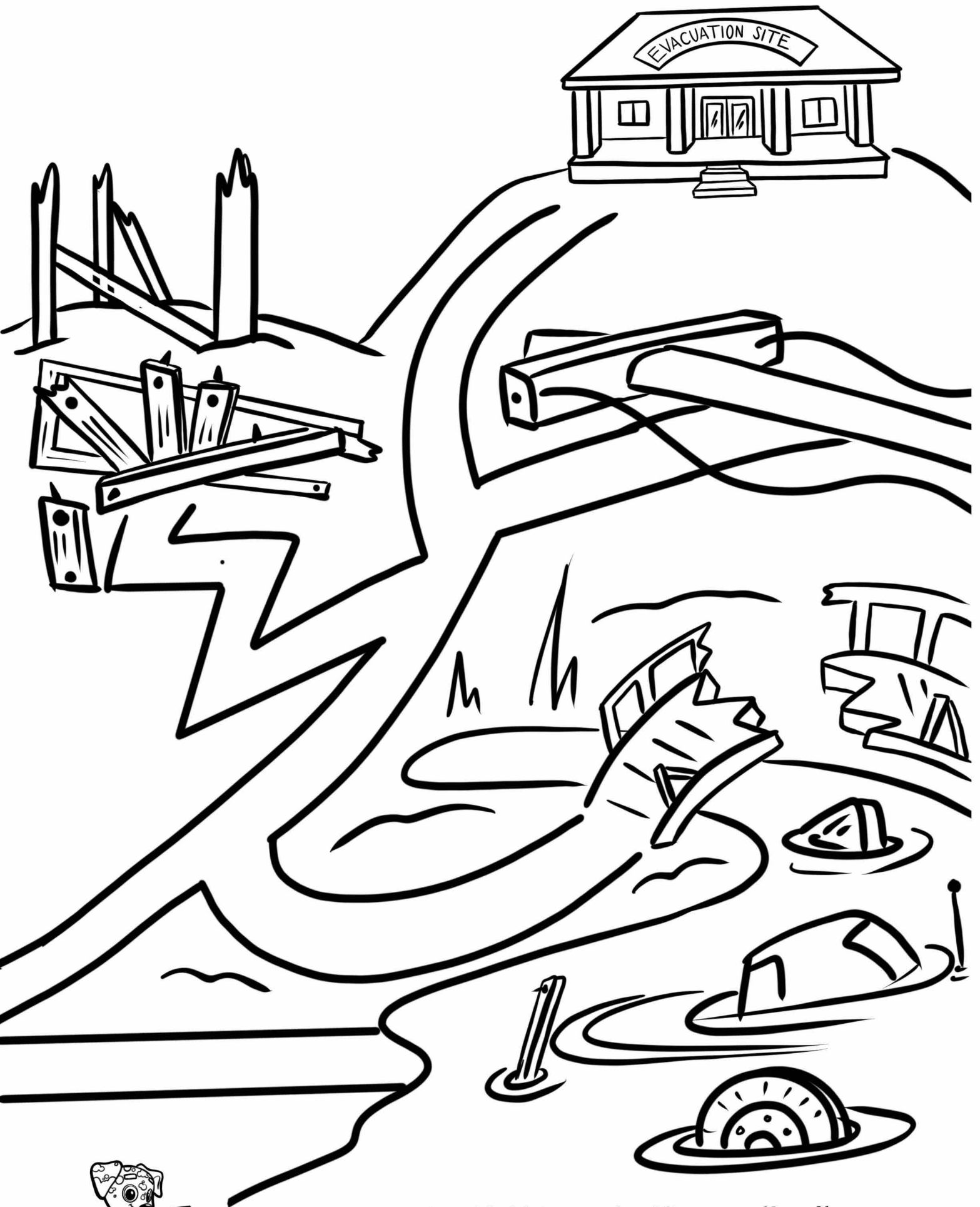
## STORM SURGE WATCH

means there is a possibility of dangerous rising water moving to shore.  
Listen to the news for directions.

## STORM SURGE WARNING

means rising water is coming soon! If you and your family live near the sea, leave the area immediately and go to higher ground.

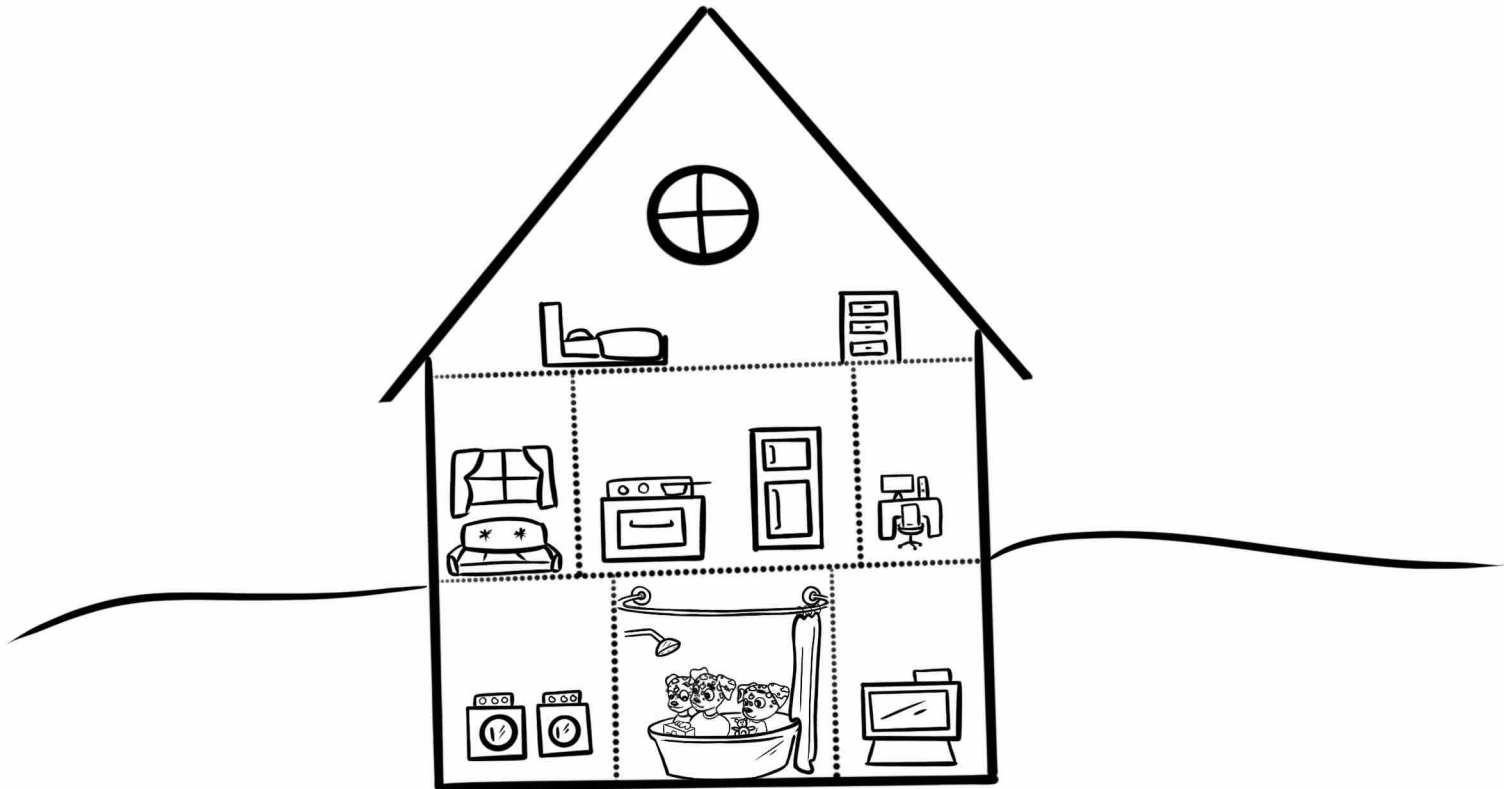




Help Rocket's family get to high ground and the evacuation site.  
Color the safe road.

# STAYING DURING THE STORM

Sometimes during a hurricane, it is ok to stay. If the threat is a lot of wind and it is safe to stay, go to an interior room with no windows at a low point in your home, like a bathroom. You can not outrun the wind.



Take your emergency kit with you. Bring your favorite toy to stay calm.



Bring your furniture inside and board up your windows.



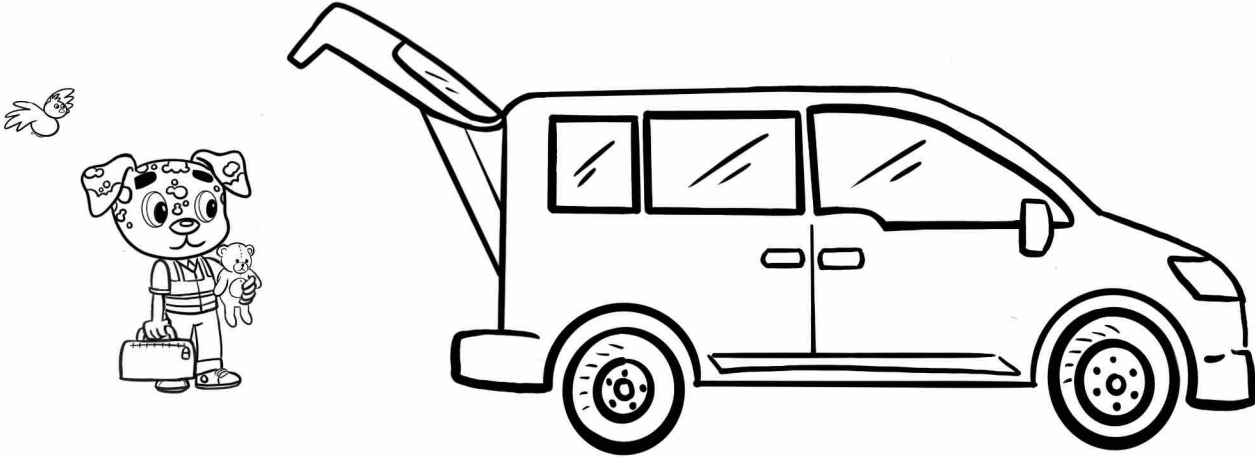
**If there is a bathroom with no windows in the lowest part of your house, a bathtub is a safe place to be during a hurricane.**



**Draw your family in the bathtub during a hurricane!**

# LEAVING DURING THE STORM

Sometimes before a hurricane, you need to leave. The storm surge and heavy rains can create flooding in areas further inland where you never expect the flood. Don't wait. Leave immediately!



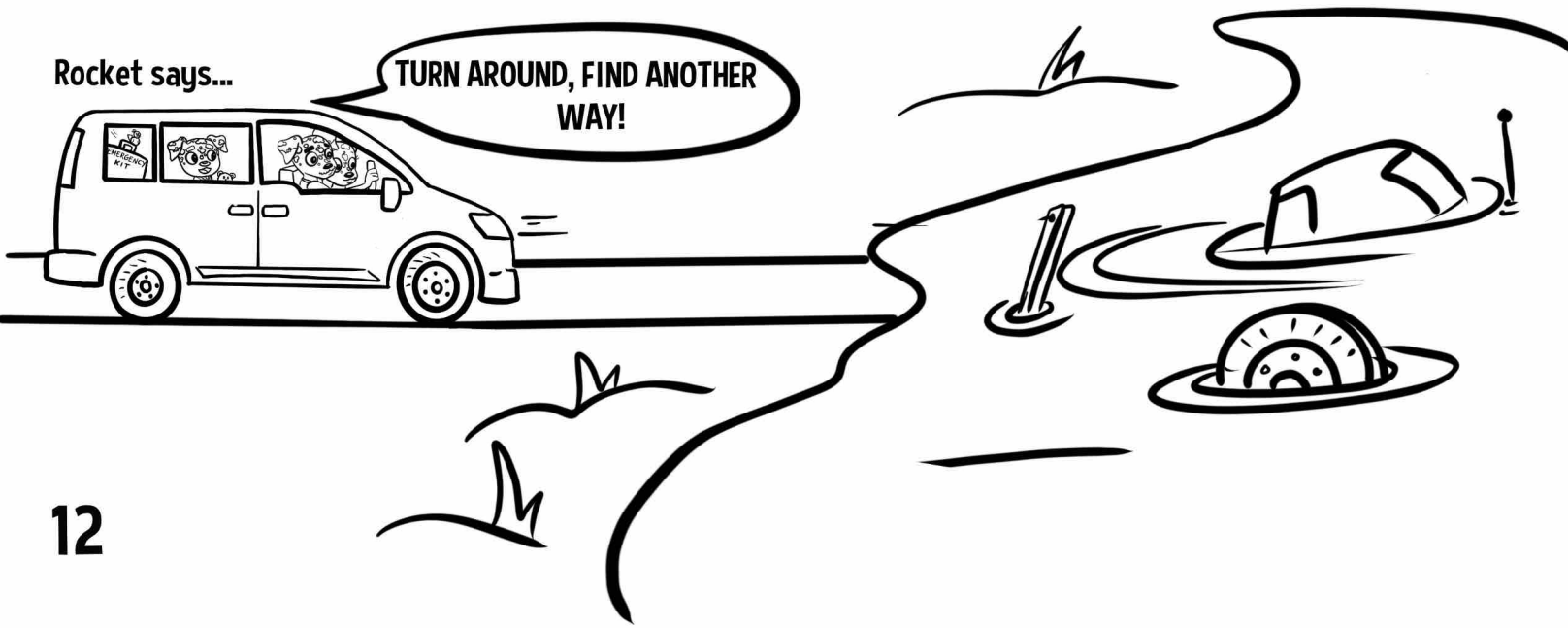
Pack your car with your emergency kit. Don't forget your pets!



Do not try to drive through areas flooded by water.

Rocket says...

TURN AROUND, FIND ANOTHER WAY!





Complete the dot-to-dot to show Rocket and his family leaving before the storm. Color this page.

# AT THE SHELTER

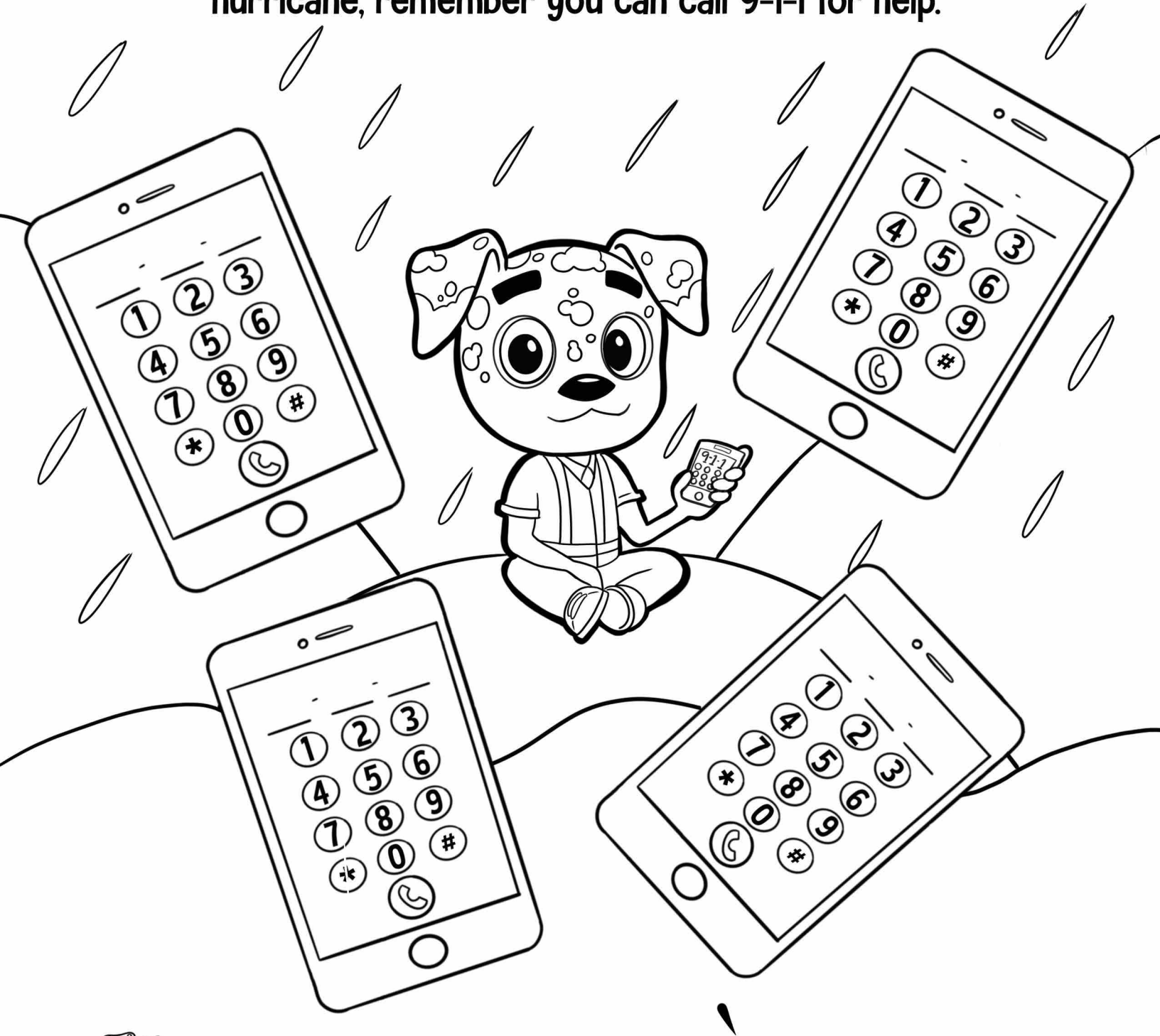
The shelter is noisy and may be a little scary. Stay calm. You and your family are safe now. Other families will be there too. You can make friends and help each other.



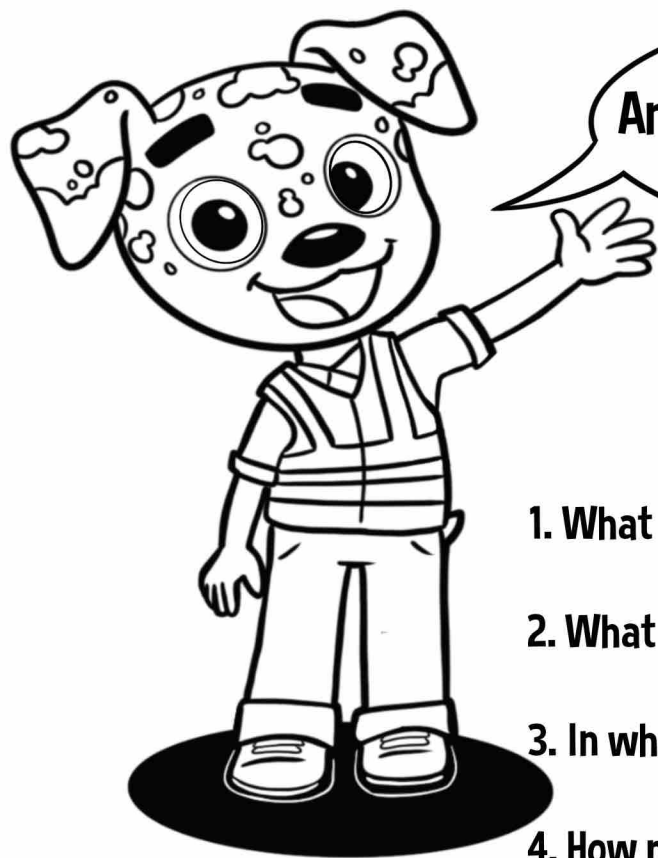


# CALL 9-1-1

If you are having an emergency before, during or after a hurricane, remember you can call 9-1-1 for help.



Practice calling for help by writing 9-1-1 on each phone.  
Color this page.



**Hi Hurricane Heroes!  
Answer these questions and help your friends  
become Hurricane Heroes too!**

1. What is the calm part of the hurricane?
2. What is the most dangerous part of the hurricane?
3. In what months are hurricanes most likely to occur?
4. How much food and water should you have ready?
5. Name 3 items that belong in your emergency kit.
6. What is your phone number and your address?
7. What does a Hurricane Watch mean?
8. What does a Hurricane Warning mean?
9. What is a storm surge?
10. What outdoor items belong inside if a hurricane is coming?
11. If you are able to stay in your house during a hurricane, where is a safe place to be?
12. Is it safe to drive through flooded areas?
13. If you are having an emergency before, during or after a hurricane, who should you call?

# CONGRATULATIONS!

Name: \_\_\_\_\_

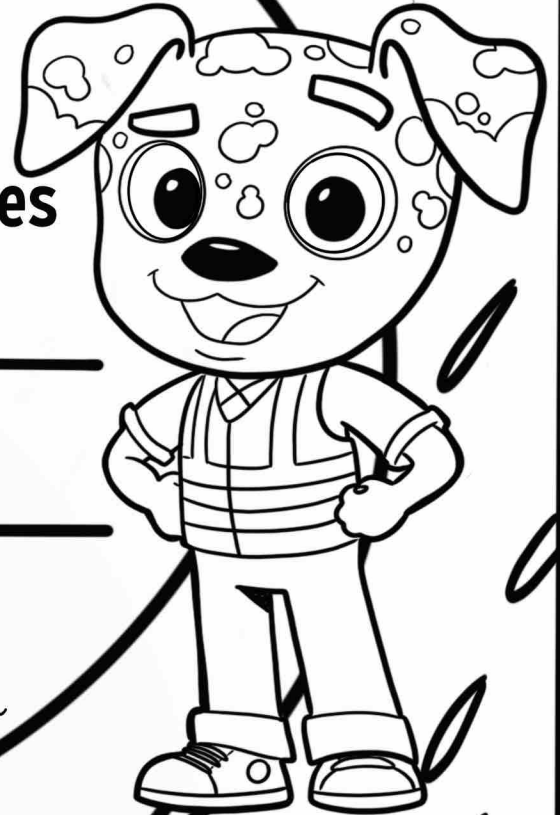
\_\_\_\_\_ has completed  
Rocket's hurricane activities

Signature: Rocket 

Date: \_\_\_\_\_



The Hero In You  
Foundation



You are now a Rocket Rules



# HURRICANE HERO!





# Hurricanes can bring dangerous winds and flooding

Rocket's Hurricane Safety Activity Book teaches kids the tools they need to stay safe and prepared.

## HURRICANE SAFETY CHECKLIST

- Have a **SAFETY KIT** packed and ready to go for your family and pets.
- Know your **EMERGENCY CONTACTS'** phone numbers.
- LISTEN FOR WEATHER ALERTS** on local radio, TV News, or NOAA Weather Radio.
- FOLLOW DIRECTIONS** from the Weather Service and First Responders.
- Create and practice an **EVACUATION PLAN** with routes to your evacuation site.
- Evacuate for water (floods or storm surge). **DO NOT DRIVE** through flooded roadways.
- Bring furniture inside. Board up your windows.
- STAY CALM.**

"With more people moving into hurricane vulnerable areas, it is imperative that families have hurricane preparedness plans in place. As National Weather Service Weather Ready Ambassadors, *Rocket's Hurricane Safety Activity Book* provides information and a safety checklist on how children and their families can be weather ready before, during, and after a storm."

**-Daniel Brown**

Senior Hurricane Specialist,  
NOAA/NWS/National  
Hurricane Center



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