# Rocket's FLOOD SAFETY ACTIVITY BOOK









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A flood happens when there's a lot of water with nowhere to go, and it ends up in places it's not supposed to be. Floods can be dangerous, so it's important to be prepared.







When ocean waves get really big!

When it rains and rivers overflow!



When too much snow melts!



When dams break!







It's important to have a FLOOD SAFETY KIT in case you ever need to grab it and go.



#### Circle the items that belong in your safety kit.



Make sure you have at least one gallon of bottled water for every person in your family for at least 3 days.



How many pets live in your home? \_\_\_\_\_

WATER CALCULATOR (Ask your parents for help!)

people x 3 days = gallons of water

pets x 3 days =\_\_\_\_\_ gallons of water





Pay attention to Flood Watches and Flood Warnings because they mean different things.







If you and your family live in a flood-prone zone, you should follow your Family Flood Safety Plan immediately.





## KNOW YOUR SAFE ZONES

With a flood, even a few inches of fastmoving water can sweep you away. The higher up you are, the safer you'll be. In some of these images, Rocket is doing the right thing and has found his Safe Zone. In others, he's not.



Cross out the pictures where Rocket is NOT in his Flood Safe Zone.



Floods can be scary. But when you're calm, you can make better decisions.



Thinking of happy things can help you stay calm. What makes you happy? It could be your family, friends, a fun memory, a favorite place or even your most special toy.



In a flood, sometimes phones don't work. But there are lots of ways to call for help.



## AFTER THE FLOOD

Since floods make everything soggy, a lot of your belongings will be too wet to use again. Toys and clothes are replaceable but you're one of a kind. If you're feeling scared or confused about what to do next, or how to help others, have a conversation with your family so you can get through it together.





If you're feeling alone and scared... Color in this page!

## FOOD JOB

Cort	ificate of Achie	vomontl
	gratulatio	
For Completin	ng Rocket's Rules for S	Safety
Date		
Signature	Rocket	
	The Hero In You foundation	
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Cut out this certificate and put it on your wall.

### MY EMERGENCY CONTACT LIST



#### **MY INFORMATION:**

Name:

**Birth Date:** 

My Address:

Meeting Spot:

My Phone #:

Medical Conditions:

**Allergies:** 

Medications:

#### **EMERGENCY NUMBERS:**

Police:

Parent/Guardian Phone:

Parent/Guardian Phone:

**Relative Phone:** 

**Neighbor Phone:** 



### Floods can happen anywhere, at any time.

Rocket's Flood Safety Activity Book teaches kids the tools that they need stay safe and prepared.

### FLOOD SAFETY CHECKLIST

Have a **FLOOD SAFETY KIT** packed and ready to go for your family and pets.

Know your **EMERGENCY** 

**CONTACTS'** phone numbers.

LISTEN TO WEATHER ALERTS

**FOLLOW DIRECTIONS from** 

the Weather Service and

**EVACUATION PLAN** with

routes to your Safe Zone.

**First Responders.** 

Have and practice an

on the local radio, TV, or

**NOAA** Weather Station.



**DON'T** drink or walk through flood water!



STAY CALM.

Floods are the most common disaster in the United States. *Rocket's Flood Safety Activity Book* is an outstanding resource to help educate and empower children to get ready for environmental extremes.

- Lori Peek, Ph.D. Director, Natural Hazards Center University of Colorado Boulder

Check out our library of videos, books and activities **RocketRules.org () ()** @RocketRules1



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