



Find Safe People and Places: Lesson 1

Hopping Activity

Big Idea: Be aware of safe people and places.

Duration: 15 minutes

Materials: Teacher word list

Discuss:

- It is important to find safe people and safe places anywhere you go.
- Discuss finding safe people (*Safe people are people you can trust. Finding a safe person is important in case we need help. We may need help if we are lost, separated, hurt, or see a dangerous event. Safe people may wear uniforms, name tags, or working at a safe place*)
- Discuss finding safe places (*Safe places are well-lit, there are signs, there are many people, the people wear name tags, badges, or uniforms*)

Questions:

- Who are some safe people in your community?
- How do you know they are safe?
- Where are some safe places in your community?
- How do you know they are safe?

Directions:

- Instructor will randomly select words from the Teacher Word Reading Page to read to students.
- Instruct students to line up and indicate where you would like them to hop.
- Tell students if you say a word that is a safe person or place they will hop FORWARD.
- If you say an unsafe person or place they will hop BACKWARD.
- Correct and discuss safe and unsafe people and places as needed.
- Repeat for desired time.

Review:

- Review how to find safe people and places. (*safe people often wear uniforms, hats, badges, name tags, or vests. Safe places are well-lit, have signs, and are often larger buildings such as police or fire stations, schools, or hospitals.*)



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Hopping Activity: Teacher Word list

<p>Safe People</p>	<p>Police Officer ♦ Firefighter ♦ Doctor ♦ Nurse ♦ Teacher ♦ Crossing guard ♦ Parent / caregiver / grandparent</p>
<p>Unsafe People</p>	<p>Person with a weapon ♦ Person throwing rocks ♦ Person punching someone ♦ Person stealing a bicycle ♦ Stranger on the street</p>
<p>Safe Places</p>	<p>Police Station ♦ Fire Station ♦ School ♦ Hospital ♦ store with bright lights and cameras ♦ Library ♦ After School Youth Group ♦ House of Worship ♦ Post Office</p>
<p>Unsafe Places</p>	<p>dark alley ♦ construction site ♦ area with a lot of trash and funny smell ♦ house on fire ♦ dark store with broken windows ♦ middle of the street with red light</p>