THE GREAT SHAKEOUT ROCKET RULES CHALLENGE

Goal
To help children memorize their important Emergency Contacts.

Duration: 10-15 minutes

Materials
- Blacktop or sidewalk in a safe playing space away from cars or hazards
- Chalk
- Emergency Contact Handout and Finger Puppet Handout

Preparation
With the chalk, draw a large telephone keypad on the blacktop (see example).
Each number should be approximately 1 square foot in size.

1 .,@	2 ABC	3 DEF
4 GHI	5 JKL	6 MNO
7 PQRS	8 TUV	9 WXYZ
* _	0	#

Teaching Cue
Do you know what an emergency contact is? It's a grown up you trust and someone who you can call for help in case of an emergency. That person could be your mom, dad, sister, brother, aunt, uncle, cousin, one of your grandparents, a neighbor or a family friend. This person can live close by or even in another city or state.

Can you learn and memorize 2 different emergency contact phone numbers? One can be someone on your Emergency Contact List who lives close by. But another one should be a family member or friend who lives in a different town or even a different state.

Directions
1. As a class, discuss the different types of First Responders and Trusted Adults
2. Using the Finger Puppet Handout, distribute the template to the students. Depending on age and skill level, finger puppets may need to be pre-cut for the students.
3. Using various materials, students create their First Responder / Trusted Adult puppets. They can choose their own or the teacher can assign. Just make sure that there is at least one puppet for each type of First Responder / Trusted Adult.
4. To create:
   - Make a head or face, add hair, eyes, ears, etc.
   - Decorate a body, clothing, belts, etc.
   - Add arms, legs, & accessories
5. Tape, glue, or clip "ends" together to fit around a finger.
6. Celebrate a job well done!
7. Ask the Reflection Questions.

Homework:
- Pass out the Emergency Contact Card to each student.
- Ask them to bring this home and get help filling it out.
- It's very important that an Out of Town Contact be included.

Reflection Questions:
- Who are the people on your Emergency Contact List?
- What is an area code?
- Why is it important to remember phone numbers, including area code?
- Why is it helpful to have an Emergency Contact who lives close by?
- Why is it helpful to have an Emergency Contact who lives in another town?

* Adapted from Rocket Rules S.A.F.E.T.Y. Breaks Activity Guide

EMERGENCY CONTACT LIST

MY INFORMATION

Name: _____

Birth Date: _____

My Address: _____
_____

My Phone #: _____

Medical Conditions: _____

Allergies: _____

Medications: _____
_____

EMERGENCY NUMBERS

Emergency Operator: _____ 911

Parent/Guardian: _____

Parent/Guardian: _____

Local Relative/Neighbor: _____

Out of Town Contact: _____

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Rocket's
RULES FOR SAFETY
FINGER PUPPET TEMPLATE