



# JOIN THE ROCKET RULES #SHAKEMOB CHALLENGE 2019

## BEFORE YOU BEGIN: SHAKEOUT EARTHQUAKE DRILL

On October 17, 2019, millions of people will be practicing the Great ShakeOut earthquake drill.



To participate, follow these simple directions:

1. Drop, Cover and Hold On: **DROP** to the ground, take **COVER** under a table or desk and **HOLD ON** to it as if a major earthquake were happening. Stay down for at least 60 seconds.
2. While still under the table, wherever you are, look around and imagine what would happen in a major earthquake. What would fall on you or others? What would be damaged? What would life be like after?
3. After the 60 seconds, take a photo or gif of students doing the Drop, Cover and Hold On technique under their desks.
4. After your drill is complete, have discussions about what was learned.

